

April 2007

Improving Mental Health in Primary Care Through Access, Collaboration, and Training

IMPACT Children's Mental Health E-News

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The American Academy of Pediatrics (AAP) is pleased to bring you the April 2007 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each monthly E-News issue contains the latest news, research, and resources in children's mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope that this electronic publication will help you find valuable resources and information on children's mental health. To subscribe to the listserv®, or if you have any questions, comments, or ideas, please contact Aldina Hovde at ahovde@aap.org.

IN THE SPOTLIGHT

Virginia: Making a Difference in Children's Mental Health

Virginia has made a number of strides toward making changes in linking primary care and children's mental health. From 2003-2006, Virginia Commonwealth University was awarded a grant from the Health Resources and Services Administration (HRSA) for what was called Collaborative Office Rounds (COR). The program consisted of monthly meetings between child psychiatrists and pediatricians, including a didactic session and then a discussion of patient-specific concerns. The outcome was the development of several "collaborative partnerships" between pediatricians and child psychiatrists. Pediatricians felt comfortable with the screening and diagnosis of attention deficit/hyperactivity disorder (ADHD), depression, and anxiety disorders. Many pediatricians in the group felt comfortable with the initial management and follow-up of these disorders. When there were questions about patients, the pediatricians in the COR group had a child psychiatrist whom they could reach easily by phone for advice. If the discussion of the patient with the child psychiatrist suggested that the child needed urgent or emergent care, these patients were seen by the child psychiatrist, generally within 48 hours.

The IMPACT Children's Mental Health E-News is funded through a grant (G95MC05434) from the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (MCHB), to the AAP.

The COR program initially began in the Richmond, VA area, developing collaborative teams of pediatricians and child psychiatrists. After much discussion, a team of pediatricians and child psychiatrists from the COR group decided to recruit regional teams and hold a symposium "kick-off" event to replicate the COR project. The symposium will be held on **April 25, 2007**, and will feature Tom Anders, MD, FAAP the current president of the American Academy of Child and Adolescent Psychiatry (AACAP) and L. Read Sulik, MD, FAAP who has done much of this work for Centra Healthcare in Minneapolis, MN. Dr. Sulik is also a liaison from AACAP to the AAP Task Force on Mental Health. Invited guests include the Director of Child and Family Services at the Department of Mental Health, Mental Retardation, and Substance Abuse; the Secretary of Health and Human Resources for Virginia; and representatives from several managed care organizations.

To learn more about Virginia's efforts, please contact Colleen Kraft, MD, FAAP at ckraft@aap.net or Jane Davis, Virginia Chapter Executive Director at jdavis@ramdocs.org.

Web casts

Health Information Technology in Medication Safety—April 25, 2007

This 1-hour webinar is part of a series from the AAP Safer Health Care for Kids program. To learn more, please go to: www.pedialink.org/cme/coursefinder/CMEdetail.cfm?aid=32997&area=liveCME.

Mental Health in Pediatric Primary Care

This online series is now available with 6 recorded presentations. To learn more, please go to: http://northwestahec.wfubmc.edu/learn/courseware/index.cfm?event_pk=18906.

Data Matters

This interactive electronic newsletter highlights the importance of data and keeps readers up-to-date on the latest in the field of children's mental health. To learn more, please go to: <http://gucchdgeorgetown.net/data/>.

Conferences

Local Health Departments & Community Health Centers: Opportunities for Collaboration—April 12, 2007

National Association of County and City Health Officials (NACCHO) hosts this **audio** conference to provide local health department (LHD) programmatic staff an overview of the role of community health centers (CHC) and to feature examples of collaborative efforts between LHDs and CHCs working to serve the uninsured and underserved in their communities. To learn more, please go to: www.zoomerang.com/survey.zgi?p=WEB2265B5JVWCU.

Counseling Awareness Month

To learn more, please go to: www.counseling.org

National Autism Awareness Month

To learn more, please go to: www.autism-society.org

Practical Pediatrics CME Course—April 27-29, 2007

The AAP offers this course that features educational opportunities on developmental/behavioral pediatrics among other topics in Cambridge, MA at the Royal Sonesta Hotel in Boston. To learn more, please go to: www.pedialink.org/cme/coursefinder/CMElist.cfm?d=yea&I=2007&o=4&grp=1.

The Child & Adolescent Psychiatry Practical Review: For Primary Care Providers and Mental Health Professionals—May 3-6, 2007

St. Cloud Hospital and CentraCare Health System hosts this conference which begins with a preconference on models of integrative behavioral healthcare and continues with a main conference that provides information on childhood trauma and trauma related disorders, pediatric bipolar affective disorder, and practical pediatric psychopharmacology. Registration deadline is April 17, 2007. To learn more, go to www.centracare.com/sch/cme.html and click on *View conference brochure PDF* under Child and Adolescent Psychiatry Practical Review.

Complementary and Alternative Health Care and Pediatrics—May 4, 2007

The SickKids Foundation hosts this 1 day forum on the results of a complementary and alternative medicine research project in Toronto, Canada. To learn more, please go to: www.sickkidsfoundation.com/grants/forum2007.asp.

MORE UPDATES

Conferences/ Educational Opportunities Continued

The Future of Pediatrics: Community Pediatrics, Medical Home and Beyond— June 29-July 1, 2007

The AAP hosts this new conference for medical home advocates, community pediatricians, and others to network and learn from one another in Orlando, FL. To learn more, please go to: www.aap.org/commpeps.

International Conference on Urban Health— October 31-November 2, 2007

The Johns Hopkins Bloomberg School of Public Health and the University of Maryland at Baltimore hosts this conference on information systems and management to address disparities in urban health in Baltimore, MD. To learn more, please go to: www.icuh2007.com.

Rural Women's Health Conference—Save the Date

The US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau is partnering with a number of organizations to share information and best practices to increase awareness of the needs of women and families living in rural areas and gain experience with programs that work. To learn more, please go to: www.esi-bethesda.com/ruralfrontier2007/.

AWARDS/ FUNDING OPPORTUNITIES

Rosalynn Carter Fellowships for Mental Health Journalism Program Grants—Due: April 23, 2007

The Carter Center is now accepting applications for this program, whose purpose is to enhance understanding of mental health issues and combat stigma and discrimination. To learn more, please go to: www.healthinschools.org/grants/ops909.asp.

State Agency Partnerships for Promoting Child and Adolescent Mental Health—Due: May 1, 2007

The Health Resources and Services Administration (HRSA) is accepting applications for initiatives to improve the ability of states to address the mental health and psychosocial issues of all school-aged children and adolescents comprehensively and effectively through development, strengthening, and modeling of partnerships. To learn more, please go to: <http://www.hrsa.gov/grants/default.htm>.

Additional Funding Opportunities for Community-Based Initiatives may be found at:
www.aap.org/commpeps/funding.html

Helping Hands and Disaster Recovery Fund for Psychiatrists—Due: May 1, 2007

The American Psychiatric Foundation (APF) is accepting proposals for 2 initiatives related to mental health: Helping Hands, which provides funding to medical schools for mental health projects in underserved minority communities; and Disaster Recovery Fund for Psychiatrists, which provides funding to assist psychiatrists and psychiatric residents who have been affected by disasters. To learn more, please go to: www.psychfoundation.org/helping_hands.cfm.

Vulnerable Populations Portfolio Grants—Due: Continuous

The Robert Wood Johnson Foundation is seeking proposals on new community-based approaches to health and health care problems that intersect with social factors. To learn more, please go to: www.rwjf.org/files/applications/RWJF_BriefProposal.doc.

Health and Mental Health Grants Program—Due: Rolling

The Jacob and Hilda Blaustein Foundation is seeking applications for the health and mental health grants program, which seeks to increase access for underserved individuals to quality health care. To learn more, please go to: www.blaufund.org/foundations/jacobandhilda_f.html.

RESOURCES & RESEARCH

Fact Sheet on Unintentional Injury: Adolescents & Young Adults and Fact Sheet on Violence: Adolescents & Young Adults

The National Adolescent Health Information Center (NAHIC), with support from the Maternal and Child Health Bureau (MCHB), recently released 2 updated fact sheets with recent data. The fact sheets are available at: <http://nahic.ucsf.edu//downloads/UnintInjury.pdf> and <http://nahic.ucsf.edu//downloads/Violence.pdf>.

Report on the Sexualization of Girls

The American Psychological Association Task Force on the Sexualization of Girls recently released a report addressing the prevalence and effects of sexualization and how this may vary according to culture, socio-economic status, etc. Recommendations for research, practice, education, policy, and public awareness are provided. The report is available at: www.apa.org/pi/wpo/sexualizationrep.pdf.

Pediatricians, Well-Child Care, and Mental Health

The March 2007 issue of the *AAP News* provides a brief article on the results of a recent survey by the AAP Pediatric Research in Office Settings (PROS) network. One of the categories noting needing further research included the role of the primary care provider in caring for children with mental health needs. The article may be accessed by clicking on <http://aapnews.aappublications.org>, and searching the title.

University of California at Los Angeles (UCLA) School Mental Health Project/Center for Mental Health in Schools

A number of resources are provided on the Web site of this center, including a monthly e-news sign-up as well as information on promoting mental health. For more information go to: <http://smhp.psych.ucla.edu>.

The e-Mental Health Consultation Service: Providing Enhanced Primary-Care Mental Health Services Through Telemedicine

The March issue of *Psychosomatics* publishes this article describing research on a promising program designed to integrate tele-mental health clinical services, provider-to-provider consultation, and provider distance education in a rural setting. The article is available at: <http://highwire.stanford.edu/cgi/medline/pmid:17329607>.

Making Methods and Practice Matter for Women, Children, and Families

The Maternal and Child Health Epidemiology (MCH EPI) conference presentation archive is now available online. The conference provided an opportunity for professionals to network, share and learn new information, and develop new ideas. To learn more, please go to: www.cademedial.com/archives/cdc/mchepi2006/index.htm.

Family Structure and Children's Physical and Mental Health

This study examines the physical and mental health of children living in step, single-mother, or grandparent-only families. To learn more, please go to: <http://highwire.stanford.edu/cgi/medline/pmid:17339685>.

Mental Health Problems in Children and Caregivers in the Emergency Department Setting

This study assesses the frequency of mental health concerns and associated risk factors in children presenting for care in a pediatric emergency department. To learn more, please go to: www.jrnldbp.com/pt/re/jdbp/abstract.00004703-200702000-00005.htm;jsessionid=F.

Depressive Symptoms in Mothers of Prematurely Born Infants

This study describes the level of depressive symptoms in mothers of preterm infants from birth through 27 months and examines factors associated with depressive symptoms. For more information, please go to: www.jrnldbp.com/pt/re/jdbp/abstract.00004703-200702000-00008.htm;jsessionid=F.

MORE RESOURCES & RESEARCH

Surgeon General's Call to Action to Prevent and Reduce Underage Drinking

This call to action is to focus national attention on the social costs and personal consequences of underage alcohol use and the process of solving this public health problem. To learn more, please go to:
www.surgeongeneral.gov/topics/underagedrinking/calltoaction.pdf.

Compendium Provides Latest Information Available on Mental Health

Mental Health, United States, 2004 addresses recent recommendations by the Institute of Medicine for coordinated primary and mental health and substance use care and the application of quality improvement to the mental health field. To learn more, please go to:
http://download.ncadi.samhsa.gov/ken/pdf/SMA06-4195/CMHS_MHUS_2004.pdf.

AMERICAN ACADEMY OF PEDIATRICS PEDIATRICS JOURNAL

The current issue of the AAP journal *Pediatrics* is now available online. Special articles are provided. Articles of interest for April include:

Preventive Health Care for Children With and Without Special Health Care Needs

Amy J Houtrow, Sue E Kim, Alex Y Chen, and Paul Newacheck
Pediatrics 2007; 119: e821-e828
<http://pediatrics.aappublications.org/cgi/content/full/119/4/e821>

Association Between Parental Depression and Children's Health Care Use

Marion R Sills, Susan Shetterly, Stanley Xu, David Magid, and Allison Kempe
Pediatrics 2007; 119: e829-e836
<http://pediatrics.aappublications.org/cgi/content/full/119/4/e829>

Results of Random Drug Testing in an Adolescent Substance Abuse Program

Sharon Levy, Lon Sherritt, Brigid L Vaughan, Matthew Germak, and John R Knight
Pediatrics 2007; 119: e843-e848
<http://pediatrics.aappublications.org/cgi/content/full/119/4/e843>

Pediatricians' Use of Language Services for Families With Limited English Proficiency

Dennis Z Kuo, Karen G O'Connor, Glenn Flores, and Cynthia S Minkovitz
Pediatrics 2007; 119: e920-e927
<http://pediatrics.aappublications.org/cgi/content/full/119/4/e920>

Can Juvenile Justice Detention Facilities Meet the Call of the American Academy of Pediatrics and National Commission on Correctional Health Care? A National Analysis of Current Practices

Catherine A Gallagher, and Adam Dobrin
Pediatrics 2007; 119: e991-e1001
<http://pediatrics.aappublications.org/cgi/content/full/119/4/e991>

Family Centered Bedside Rounds: A New Approach to Patient Care and Teaching

Stephen E Muething, Uma R Kotagal, Pamela J Shoettker, Javier Gonzalez del Rey, and Thomas G DeWitt, MD
Pediatrics 2007; 119: 829-832
<http://pediatrics.aappublications.org/cgi/content/full/119/4/829>

**AMERICAN ACADEMY OF PEDIATRICS
PEDIATRICS JOURNAL**

Permission is given to forward the IMPACT Children's Mental Health E-News to individual colleagues.

The editors welcome your submissions, suggestions, and questions.

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