

December 2008

Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) Children's Mental Health E-News

The American Academy of Pediatrics (AAP) is pleased to bring you the December 2008 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each E-News issue contains the latest news, research, and resources in children's mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope this electronic publication will help you find valuable resources and information on children's mental health. To subscribe to the electronic mailing list, or if you have any questions, comments, or ideas, please email mentalhealth@aap.org.

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IN THE SPOTLIGHT

AAP Task Force on Foster Care

In 2007, the AAP created the Task Force on Foster Care (TFOFC) and charged them with increasing the awareness, knowledge, and skills of pediatricians regarding the needs of children and adolescents in foster care with the goal of ultimately improving their health and well-being. Given that mental health is the greatest identified health need of children in foster care, we wanted to share the accomplishments from this past year:

- Planning is underway for a **Peds-21** pre-conference event on foster care at the AAP 2009 National Conference and Exhibition.
- A request for proposals was disseminated to all state AAP chapters for the **State Systems of Health Care for Children and Youth in Foster Care** project to plan for a state system of health care. The 5 state chapters selected for funding — Maryland, Massachusetts, Nebraska, New Jersey, and Pennsylvania — began their projects on September 1, 2008. Chapters were encouraged to include mental health in their state plans.
- A **Chapter Resource Kit** was developed to assist AAP chapters in planning for systems of health care in their respective states. The toolkit is available to any interested AAP chapter and will be included on the foster care Web site when it is launched.
- **TFOFC Web site** will be launched with background information on the needs of youth in foster care as well as resources for addressing these needs. Over the course of the next year, tools and resources will continue to be developed and added to the Web site.
- **Electronic passports** in use in various locales throughout the country are being reviewed to determine ideal features for an electronic health passport.
- **AAP Medical Home** and TFOFC staff have begun working on a pilot project in Texas to facilitate a partnership between AAP chapter representatives, medical home representatives, foster parents, state child welfare officials, and health officials. The goal of the pilot is to facilitate an understanding in child welfare of the need for children in foster care to receive their health care in a medical home. In addition, pediatricians can be educated about the needs of youth in foster care, and foster parents can help promote and facilitate optimal care.

For more information about TFOFC projects, please contact Mary Crane, PhD, LSW at mcrane@aap.org or 847/434-4273.

WEBCASTS (ARCHIVED)

The 15 Minute Mental Health Visit

This free 1-hour Web-based teleconference focuses on educating clinicians on how to approach mental health concerns with parents, children, and adolescents in the primary care setting. Larry Wissow, MD, MPH and Ann Gadowski, MD, MPH, discuss the "common factors" approach and presents video clips of doctors interviewing simulated patients with mental health problems that are common in the pediatric primary care setting.

Communicating in Adolescence: Building on Strengths While Addressing Risks

This recorded 90-minute Web cast will help pediatricians, nurse practitioners, internal medicine and family practitioners, nurses and office staff learn how to incorporate a practical, strength-based approach in interviewing and intervening with adolescents. Paula Duncan, MD, FAAP and Kenneth Ginsburg, MD, MS Ed, FAAP are the featured presenters.

UPDATES

CONFERENCES/ EDUCATIONAL OPPORTUNITIES

AMCHP 2009 Conference: Launching Maternal & Child Health-Opportunities for a New Era - February 21-25, 2009, Washington, DC

AMCHP's 2009 conference will highlight important trends and things to consider moving into a new era in Washington and across the nation. Attendees will enjoy educational workshops, informative skills-building trainings, and engaging plenary sessions on critical MCH topics.

Celebrate the National Healthy Start Association's 10th Anniversary - March 1-4, 2009, Washington, DC

The mission of the National Healthy Start Association is to promote the development of community-based maternal and child health programs, particularly those addressing the issues of infant mortality, low birth weight and racial disparities in perinatal outcomes. As part of its mission, the National Healthy Start Association supports the expansion of a wide range of activities and efforts that are rooted in the community and actively involve community residents in their design and implementation.

NICHQ's 8th Annual Forum for Improving Children's Healthcare - March 9-12, 2009, Grapevine, TX

This interactive forum will bring nearly 1,000 healthcare professionals of all disciplines together to highlight the most promising work being done in support of NICHQ's agenda to improve children's healthcare quality. Session topics include: patient safety, childhood obesity, chronic conditions, and quality improvement— linked to advocacy, equity in care and finance. Sessions will also highlight cross cutting themes of family engagement, promoting equity, and translation of evidence into practice.

The Future of Pediatrics: Quality Care for ALL Children - February 27-March 1, 2009, Anaheim, CA

This AAP conference will provide current information on clinical and practice management, topics with a focus on strategies to advance medical homes and build partnerships within communities. Learning will take place in small group settings, through interaction with faculty, by networking with peers, and by taking advantage of opportunities to present and discuss successful projects and ideas.

AWARDS/ FUNDING OPPORTUNITIES

Vulnerable Populations Portfolio Grants - Due: Continuous

The Robert Wood Johnson Foundation is seeking proposals on new community-based approaches to health and health care problems that intersect with social factors.

Health and Mental Health Grants Program - Due: Rolling

The Jacob and Hilda Blaustein Foundation is seeking applications for the health and mental health grants program, which seeks to increase access for underserved individuals to quality health care.

More AWARDS/ FUNDING OPPORTUNITIES

Access to Care - Due: Rolling

The Hearst Foundation is offering grants to nonprofit organizations that seek to improve and assure access to quality health care for underserved populations in both urban and rural areas. Grants are primarily awarded to leading regional hospitals, medical centers, and specialized institutions

Additional Funding Opportunities for Community-Based Initiatives

The AAP Division of Community-Based Initiatives provides information on funding from the AAP and other organizations, as well as links to key funding resources and agencies.

Healthy Community Grants Program - Due: Rolling

The Aetna Foundation is awarding up to \$3 million for philanthropic initiatives focused on community-based projects that increase access to quality health care and improve overall wellness. Initiatives may include early treatment and diagnosis to help minimize the incidence of disabilities due to mental health issues.

RESOURCES & RESEARCH

Please note that some of the links provided will take you to the abstract for the article and there may be additional steps necessary to view the full text.

MODULES/TOOLKITS/WEB SITES

The National Bright Futures Education Center - New Website

The new site features: 3rd edition of the Bright Futures Guidelines posted by chapter and hyperlinked references, new videos that explain many aspects of Bright Futures, fact sheets by 10 health promotion themes, and presentations that individuals can modify to talk about Bright Futures.

Early Childhood Mental Health Consultation: An Evaluation Tool Kit

This web-based resource combines a brief review of the literature and current research addressing the effectiveness of early childhood mental health consultation with guidance for designing and implementing program evaluation.

ADDITIONAL RESOURCES & RESEARCH

Effects of Quality on Outcomes in Primary Care: A Review of the Literature by Chun-Ju Hsiao and Chad Boulton

The authors conducted a literature review of articles published between 1950 and 2006 to assess the relationship between the personal aspects of primary care quality and patients' health status and health services utilization.

GPS for Maternal and Child Health: Using State-Level Data to Improve Systems of Care for Children

This feature described how the Maternal and Child Health Bureau (MCHB) of the Health Resources and Services Administration began a program to conduct nationally and state representative surveys every 2 years. The purpose of this program is to provide data to help states respond to MCHB's Title V Block Grant performance measures, and to help states improve systems of care and outcomes for children.

Children's Perceptions of Living With a Parent With a Mental Illness: Finding the Rhythm and Maintaining the Frame

In this article, the author's explained how children managed their experiences of living with a parent with a mental illness.

Children's Mental Health Emergencies--Part 2: Emergency Department Evaluation and Treatment of Children With Mental Health Disorders.

The author's explain how emergency physicians should familiarize themselves with the wide spectrum of pediatric mental health emergencies since they are commonly encountered in emergency medical practice.

More RESOURCES & RESEARCH

Attention-Deficit/Hyperactivity Disorder Symptoms and Child Maltreatment: A Population-Based Study.

This study examines whether symptoms of attention-deficit/hyperactivity disorder (ADHD) during childhood are associated with child maltreatment.

Emotional and Behavioral Problems Reported in Child Welfare Over 3 Years

This study provides a comprehensive view of the emotional and behavioral problems of children who are referred to child welfare services, using nationally representative data.

Quality of Foster Care May Determine Future Mental Health

This article describes a controlled study on the impact of foster care on the long-term mental health of abused or neglected youngsters.

America's Children in Brief: Key National Indicators of Well-Being

This year's report continues the tradition of cooperation and commitment by agencies across the federal government to advance the understanding of children today and indicate what may be needed to bring them a better tomorrow.

Telehealth: A Child and Family-Friendly Approach to Mental Health-Care Reform

This article discusses how telehealth is a promising approach to delivering pediatric mental health services to families with children with mental health problems.

Substance Abuse Treatment Linked With Prenatal Visits Improves Perinatal Outcomes: A New Standard

The purpose of the study described in this article is to provide a comprehensive evaluation of the effect of Early Start on maternal and neonatal outcomes.

Reimbursement of Mental Health Services in Primary Care Setting

This report describes the study conducted to identify the barriers to, and possible solutions for, payment of mental health services provided in primary care settings.

Colocating Health Services: A Way to Improve Coordination of Children's Health Care?

This issue brief examines what is currently known about the use of colocation and its benefits.

Pediatric Depression, Anxiety Symptoms Often Overlooked

The authors examine depression and anxiety in children and teens as frequently presenting with a different appearance than that of the adult conditions.

Parenting, Development Problems Predict Mental Illness in Infants

The authors report that certain factors in the first year of life can predict poor mental health in the second year.

Telepsychiatry Offers Option for Private Practices

The authors report on how psychiatrists in Missouri and Kentucky can see patients in Arizona and Texas without leaving their practice.

Effects of Early and Recent Adverse Experiences on Adrenal Response to Psychosocial Stress in Depressed Adolescents

This study examines the variability in the degree and direction of hypothalamic-pituitary-adrenal (HPA) dysfunction in depressed adolescents.

**AMERICAN ACADEMY OF PEDIATRICS
PEDIATRICS JOURNAL**

The current issue of the AAP journal [Pediatrics](#) is now available online. Articles of interest from previous issues include:

June

Achieving Quality Health Services for Adolescents

Lesley L. Breech, MD, Miriam Kaufman, MD, Benjamin Shain, MD, PhD
Pediatrics 121: e1263-e1270.

July

Patient- and Family-Centered Care of Children in the Emergency Department

Patricia J. O'Malley, Kathleen Brown, Steven E. Krug and the Committee on Pediatric Emergency Medicine
Pediatrics 10.1542/peds.2008-1569

The Bright Futures Training Intervention Project: Implementing Systems to Support Preventive and Developmental Services in Practice

Carole M. Lannon, MD, MPH, Kori Flower, MD, MPH, Paula Duncan, MD, Karen Strazza Moore, MPH, Jayne Stuart, MPH and Jane Bassewitz, MA
Pediatrics 122 (1): e163-e171

August

Adverse Childhood Experiences Predict Earlier Age of Drinking Onset: Results From a Representative US Sample of Current or Former Drinkers

Emily F. Rothman, Erika M. Edwards, Timothy Heeren, and Ralph W. Hingson
Pediatrics 122: e298-e304

Does Connection to Primary Care Matter for Children With Attention-Deficit/Hyperactivity Disorder?

Sara L. Toomey, MD, MPhil, MSc, Jonathan Finkelstein, MD, MPH and Karen Kuhlthau, PhD
Pediatrics 122 (2): e368-e374

September

Long-term Mother and Child Mental Health Effects of a Population-Based Infant Sleep Intervention: Cluster-Randomized, Controlled Trial

Harriet Hiscock, Jordana K. Bayer, Anne Hampton, Obioha C. Ukoumunne, and Melissa Wake
Pediatrics 2008; 122: e621-e627

October

Overweight in Children and Adolescents in Relation to Attention-Deficit/Hyperactivity Disorder

Alison Poulton, Samson Kwok, and Ralph Nanan
Pediatrics 2008; 122: 910.

November

Health Risk Behaviors in Adolescents With Chronic Conditions

Joan-Carles Surís, Pierre-André Michaud, Christina Akre, and Susan M. Sawyer
Pediatrics 2008; 122: e1113-e1118

Permission is given to forward the IMPACT Children's Mental Health E-News to individual colleagues. The editors welcome your submissions, suggestions, and questions.

Please contact us at the address below.

American Academy of Pediatrics

Mental Health Initiatives

141 Northwest Point Blvd

Elk Grove Village, IL 60007

Phone: 847/434-7119 - Fax: 847/228-7320

E-mail: mentalhealth@aap.org Web site: www.aap.org/mentalhealth

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