

February 2007

Improving Mental Health in Primary Care Through Access, Collaboration, and Training

IMPACT Children's Mental Health E-News

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The American Academy of Pediatrics (AAP) is pleased to bring you the February 2007 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each monthly E-News issue contains the latest news, research, and resources in children's mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope that this electronic publication will help you find valuable resources and information on children's mental health. To subscribe to the listserv®, or if you have any questions, comments, or ideas, please contact Aldina M. Hovde at ahovde@aap.org.

IN THE SPOTLIGHT

Barriers to the Identification and Management of Psychosocial Issues in Children and Maternal Depression

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Abstract

CONTEXT. Child psychosocial issues and maternal depression are underidentified and undertreated, but we know surprisingly little about the barriers to identification and treatment of these problems by primary care pediatricians.

OBJECTIVES. The purpose of this work was to determine whether (1) perceived barriers to care for children's psychosocial issues and maternal depression aggregate into patient, physician, and organizational domains, (2) barrier domains are distinct for mothers and children, and (3) physician, patient, and practice/organizational characteristics are associated with different barrier domains for children and mothers.

METHODS. We conducted a cross-sectional survey of the 50,818 US nonretired members of the American Academy of Pediatrics. Of a random sample of 1,600 members, 832 (745 nontrainee members) responded. This was a mailed 8-page survey with no patients and no intervention. We measured physician assessment of barriers to providing psychosocial care for children's psychosocial problems and maternal depression.

(Continued on next page)

Barriers to the Identification and Management of Psychosocial Issues in Children and Maternal Depression *Continued*

RESULTS. Pediatricians frequently endorse the lack of time to treat mental health problems (77.0%) and long waiting periods to see mental health providers (74.0%) as the most important barriers to the identification and treatment of children's psychosocial problems. For maternal depression, pediatricians most often endorsed lack of training in treatment (74.5%) and lack of time to treat (64.3%) as important barriers. Pediatricians' reports of barriers clustered into physician and organizational domains. Physician domains were distinct for children and mothers, but organizational domains were not. Several physician and practice characteristics are significantly associated with the 4 barrier scales, and different characteristics (eg, sociodemographic, attitudinal, and practice features) were related to each barrier area.

CONCLUSIONS. Pediatricians endorse a wide range of barriers with respect to the diagnosis and treatment of children's mental health problems and maternal depression. The specificity of factors relating to various barrier areas suggests that overcoming barriers to the identification and treatment of child mental health problems and maternal depression in primary care pediatrics is likely to require a multifaceted approach that spans organizational, physician, and patient issues. In addition, comprehensive interventions will likely require social marketing approaches designed to engage diverse audiences of clinicians and their patients to participate.

For the full text of this article, please go to: <http://pediatrics.aappublications.org/cgi/content/full/119/1/e208>

UPDATES

Web casts/ Online Education

Mental Health in Pediatric Primary Care

This online series is now available with 6 recorded presentations. To learn more, please go to: https://northwestahec.wfubmc.edu/learn/courseware/index.cfm?event_pk=18906.

Health Action 2007 Conference

Families USA offers this Web cast that discusses health priorities for 2007. To learn more, please go to: http://www.kaisernetwork.org/health_cast/hcast_index.cfm?display=detail&hc=2019.

The State of National Health Care Spending

The Centers for Medicare and Medicaid Services National Health Statistics Group discusses their 2005 article on health care spending in the U.S. To learn more, please go to: http://www.kaisernetwork.org/health_cast/hcast_index.cfm?display=detail&hc=2014.

Safer Health Care for Kids

The AAP offers free Web-based seminars on a number of topics on pediatric patient safety. To learn more, please go to: http://www.pedialink.org/cme/_coursefinder/CMEdetail.cfm?aid=31511&area=liveCME.

Update on the Healthy Start National Evaluation

The Maternal and Child Health Bureau of the Health Resources and Services Administration at the U.S. Department of Health and Human Services offers an audio Web cast describing the evaluation results from the national Healthy Start project. To learn more, please go to: <http://www.mchcom.com>.

Children of Alcoholics Week — February 12-18th
To learn more, please go to: <http://www.nacoa.org>

National Eating Disorders Awareness Week — February 26-March 4
To learn more, please go to: <http://www.nationaleatingdisorders.org>

MORE UPDATES

Conferences/ Educational Opportunities

Practical Pediatrics

The American Academy of Pediatrics offers this course that will feature educational opportunities on developmental/behavioral pediatrics among other topics in Cancun, Mexico from *February 16-18, 2007* at the Gran Melia Cancun Convention Center Beach & Spa Resort. To learn more, please go to: <http://www.pedialink.org/cme/coursefinder/CMEdetail.cfm?aid=31271&area=liveCME>.

Rural Women's Health Conference—Save the Date

The U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau is partnering with a number of organizations to share information and best practices to increase awareness of the needs of women and families living in rural areas and gain experience with programs that work. To learn more, please go to: <http://www.esi-bethesda.com/ruralfrontier2007>.

3rd Annual Two Worlds Unite Symposium

The Mountain Area Health Education Center (MAHEC) and Icare Partnership offer this educational opportunity on how to sustain mental health care in medical practices. The event will be held on Thursday, *March 15, 2007* at the MAHEC in Asheville, NC. To learn more, please go to: <http://www.mahec.net>.

International Conference on Urban Health— Save the Date

Johns Hopkins Bloomberg School of Public Health and the University of Maryland at Baltimore hosts this conference on information systems and management to address disparities in urban health in Baltimore, MD on *October 29-November 1, 2007*. To learn more, please go to: <http://www.icuh2007.org>.

Complementary and Alternative Health Care and Pediatrics—Save the Date

SickKids Foundation hosts this one-day forum on complementary and alternative medicine research project results on *May 4, 2007* in Toronto, Canada. To learn more, please go to: <http://www.sickkidsfoundation.com/grants/forum2007.asp>.

The Future of Pediatrics: Community Pediatrics, Medical Home and Beyond

The AAP will host this new conference for medical home advocates, community pediatricians and others to network and learn from one another as well as from respected clinical and practice management faculty from *June 29-July 1, 2007* in Orlando, Florida. To learn more, please go to: <http://www.aap.org/commpeps>.

American Academy of Pediatrics Policy Statements/ Clinical Reports

Access to Optimal Emergency Care for Children

The Committee on Pediatric Emergency Medicine (COPEM) recently released this policy statement detailing the importance of identifying barriers to accessing emergency services. To learn more, please go to: <http://pediatrics.aappublications.org/cgi/content/full/119/1/161>.

The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bonds

Kenneth R. Ginsburg, MD, MEd and the Committee on Communications and the Committee on Psychosocial Aspects of Child and Family Health recently released this clinical report on the importance of play in child development and parent-child relationships. To learn more, please go to: <http://pediatrics.aappublications.org/cgi/content/full/119/1/182>.

AWARDS/ FUNDING OPPORTUNITIES

Thirteenth Annual Healthcare Research Award—Due: March 1, 2007

The National Institute for Healthcare Management Research and Educational Foundation (NICHM) Foundation offers a \$10,000 award for the recognition of individuals for excellence in original and creative research. To learn more, please go to: <http://www.nihcm.org/finalweb/default.htm>.

Assuring Better Child Health and Development (ABCD) Screening Academy—Due: March 1, 2007

The National Academy for State Health Policy is currently seeking applications from state Medicaid agencies that want to join the ABCD Screening Academy, which is a 15-month initiative, supported by The Commonwealth Fund. Approximately 20 states will receive technical assistance to advance effective child developmental screening models and policies that work within their individual circumstances. To learn more, please go to: <http://www.nashp.org/screeningacademy>

Additional Funding Opportunities for Community-Based Initiatives may be found at:
<http://www.aap.org/commpecds/funding.html>.

Vulnerable Populations Portfolio Grants— Due: Continuous

The Robert Wood Johnson Foundation is currently seeking proposals on new community-based approaches to health and health care problems that intersect with social factors. To learn more, please go to: http://www.rwjf.org/files/applications/RWJF_BriefProposal.doc.

Community and Child Health— Due: February 1/ April 13, 2007

The Blue Cross Foundation is currently seeking applications for two initiatives: 1) Healthy Together: Creating Community with New Americans and 2) Growing up Healthy: Kids and Communities. To learn more, please go to: <http://fconline.fdncenter.org/pnd/10005006/bluecrossmn>.

RESOURCES & RESEARCH

Substance Abuse in Brief Fact Sheet

The Substance Abuse and Mental Health Services Administration (SAMHSA) announces the publication of this new resource for primary care providers that addresses co-occurring substance use and mental disorders. To learn more, please go to: <http://www.ncadi.samhsa.gov>.

Kaiser Health Disparities Report: A Weekly Look at Race, Ethnicity and Health

The Kaiser Family Foundation launches this new resource on racial and ethnic health disparities. To learn more, please go to: http://kaisernetwork.org/daily_reports/rep_disparities.cfm.

Data Resource Center for Child and Adolescent Health

The Child and Adolescent Health Measurement Initiative (CAHMI) offers this free online resource of national, state, and regional survey findings on child and adolescent health. To learn more, please go to: <http://www.childhealthdata.org/content/Default.aspx>.

The Role of Primary Care in Substance Abuse Treatment

The National Academy for State Health Policy, in collaboration with the Robert Wood Johnson Foundation, offered a free Web cast on *January 19, 2007*. The archive is now available at: http://www.nashp.org/docdisp_page.cfm?LID=393F705A-8A17-4539-8BB6012883A2B574.

Drinking and Reproductive Health: A Fetal Alcohol Spectrum Disorders Prevention Tool Kit

This tool kit offers strategies to assist health professionals in identifying women who engage in risky drinking behaviors, enhancing their opportunities for an alcohol-exposed pregnancy. To learn more, please go to:

http://www.acog.org/from_home/misc/dept_pubs.cfm.

A Pilot Study of the Effects of a Social-Pragmatic Intervention on the Communication and Symbolic Play of Children with Autism

This article examines the impact of the Stronger Families Project on the play and communication skills of children with autism. To learn more, please go to: <http://aut.sagepub.com/cgi/content/abstract/11/1/63>.

Service Costs of Caring for Adolescents with Mental Illness in a Rural Community

This article reports that only one in three adolescents in rural communities who are in need of mental health services receives them. To learn more, please go to:

<http://ajp.psychiatryonline.org/cgi/content/short/164/1/36?rss=1>.

Attention Difficulties and Mood-Related Ruminative Response Style in Adolescents with Unipolar Depression

Researchers report that depressed adolescents tend to demonstrate more ruminative types of thinking. To learn more, please go to: <http://www.ingentaconnect.com/content/bpl/jcpp/2006/00000047/00000012/art00011;jsessionid=m8jab1wf32k7.victoria>.

Preventive Effects of Treatment of Disruptive Behavior Disorder in Middle Childhood on Substance Use and Delinquent Behavior

Researchers concluded behavior therapy as effective in reducing substance use in early adolescence. To learn more, please go to the Journal of the American Academy of Child & Adolescent Psychiatry. 46(1):33-39, January 2007 at: <http://www.jaacap.com/>.

Practice Parameter for the Assessment and Treatment of Children and Adolescents with Bipolar Disorder

This article examines the literature on assessment and treatment of children and adolescents with bipolar disorder. To learn more, please go to the Journal of the American Academy of Child & Adolescent Psychiatry. 46(1):107-125, January 2007 at: <http://www.jaacap.com/>.

Sleep in Children with Attention Deficit Hyperactivity Disorder (ADHD): A Meta-Analysis of Polysomnographic Studies

This article reports of ongoing research indicating that children diagnosed with ADHD are more likely to report sleep disturbances. To learn more, please go to Science Direct. 10(6):381-398, December 2006 at:

<http://www.sciencedirect.com/>.

Bullying, Depression, and Suicidality in Adolescents

This article examines the relationship of victimization and bullying on depression and suicidality in adolescents. To learn more, please go to the Journal of the American Academy of Child and Adolescent Psychiatry. 46(1): 40-49, January 2007 at: <http://www.jaacap.com/>.

The current issue of the AAP journal *Pediatrics* is now available online. The table of contents can be accessed at: <http://pediatrics.aappublications.org/current.shtml>. Special articles, commentaries, and letters to the editor are also provided. Articles of interest for February include:

David M. Rubin, Amanda L. R. O'Reilly, Xianqun Luan, A. Russell Localio

The Impact of Placement Stability on Behavioral Well-being for Children in Foster Care

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/336>

Maya Bunik, Judith E. Glazner, Vijayalaxmi Chandramouli, Caroline Bublitz Emsermann, Teresa Hegarty, Allison Kempe

Pediatric Telephone Call Centers: How Do They Affect Health Care Use and Costs?

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e305>

Donald P. Oswald, Joann N. Bodurtha, Janet H. Willis, Melinda B. Moore

Underinsurance and Key Health Outcomes for Children With Special Health Care Needs

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e341>

Henrietta S. Bada, Abhik Das, Charles R. Bauer, Seetha Shankaran, Barry Lester, Linda LaGasse, Jane Hammond, Linda L. Wright, Rosemary Higgins

Impact of Prenatal Cocaine Exposure on Child Behavior Problems Through School Age

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e348>

Charlotte M. Druschel, Deborah J. Fox

Issues in Estimating the Prevalence of Fetal Alcohol Syndrome: Examination of 2 Counties in New York State

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e384>

Kapil Sayal, Jon Heron, Jean Golding, Alan Emond

Prenatal Alcohol Exposure and Gender Differences in Childhood Mental Health Problems: A Longitudinal Population-Based Study

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e426>

Chuan-Yu Chen, Chieh-Yu Liu, Wen-Chuan Su, Su-Ling Huang, Keh-Ming Lin

Factors Associated With the Diagnosis of Neurodevelopmental Disorders: A Population-Based Longitudinal Study

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e435>

Susan T. Azrin, Haiden A. Huskamp, Vanessa Azzone, Howard H. Goldman, Richard G. Frank, M. Audrey Burnam, Sharon-Lise T. Normand, M. Susan Ridgely, Alexander S. Young, Colleen L. Barry, Alisa B. Busch, Garrett Moran

Impact of Full Mental Health and Substance Abuse Parity for Children in the Federal Employees Health Benefits Program

<http://pediatrics.aappublications.org/cgi/content/abstract/119/2/e452>

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Permission is given to forward the IMPACT Children's Mental Health E-News to individual colleagues. The editors welcome your submissions, suggestions, and questions. Please contact us at the address below.

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E-mail: mentalhealth@aap.org Web site: www.aap.org/mentalhealth

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