

January 2007

## Improving Mental Health in Primary Care Through Access, Collaboration, and Training

# IMPACT Children's Mental Health E-News

### What's Inside

In the Spotlight: The CentraCare Integrated Behavioral HealthCare	1
Updates— Announcements, News, Conferences, Latest Policy Statements	2-3
Funding Opportunities	3-4
Resources & Research	4-6
AAP <i>Pediatrics</i>	6-7

*The IMPACT Children's Mental Health E-News is funded through a cooperative agreement (G95MC05434) from the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (MCHB), to the AAP.*

**H**appy New Year! The American Academy of Pediatrics (AAP) is pleased to bring you the January 2007 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each monthly E-News issue contains the latest news, research, and resources in children's mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope that this electronic publication will help you find valuable resources and information on children's mental health. To subscribe to the listserv®, or if you have any questions, comments, or ideas, please contact Aldina M. Hovde at [ahovde@aap.org](mailto:ahovde@aap.org).

### IN THE SPOTLIGHT The CentraCare Integrated Behavioral HealthCare

**C**entraCare Health System in St. Cloud Minnesota partnership with Blue Cross Blue Shield of Minnesota and the Medical Health Foundation has launched an initiative that will integrate behavioral health services and primary care in all of the primary care clinics throughout the health system including pediatrics, family medicine, obstetrics and gynecology and internal medicine. The initiative calls for mental health screening at all well visits across the age span and a primary care clinic-based mental health professional to conduct crisis mental health assessments and provide patient education. In addition, child and adolescent psychiatrists and adult psychiatrists will provide scheduled consultations to primary care providers, and weekly emergency psychiatric appointments will be available. Treatment and management protocols are being developed for depression, anxiety disorders, ADHD, eating disorders, and substance abuse. Blue Cross Blue Shield has agreed to pay for mental health screening, the clinic-based mental health crisis assessments, and physician to physician consultation. CentraCare and Blue Cross Blue Shield have committed to evaluating outcomes and cost over the next 3 years.

**F**or more information contact L. Read Sulik, M.D., FAAP at [sulikr@centracare.com](mailto:sulikr@centracare.com) or 320-251-2700, Ext. 71305.

### News

#### **Mental Health and Stigma**

The USA Today reports on a new campaign aimed at reducing the stigma of mental illness. To learn more, please go to: [http://www.usatoday.com/printedition/news/20061204/a\\_mentalads04.art.htm](http://www.usatoday.com/printedition/news/20061204/a_mentalads04.art.htm).

#### **Parenting as Therapy for Child's Mental Disorders**

The New York Times reports on how making changes in parenting techniques may improve some symptoms of children's mental disorders. To learn more, please go to: <http://query.nytimes.com/gst/fullpage.html?sec=health&res=9506E7DC1131F931A15751C1A9609C8B63>

#### **Post-Childbirth Universal Screening**

The Chicago Tribune reports on a study recently published in the *Journal of the American Medical Association*, citing the mental health effects of pregnancy on first time mother's. This study has prompted a push for universal screening of mother's after childbirth. To learn more, please go to: <http://www.chicagotribune.com/news/nationworld/chi-0612060124dec06,1,5530243.story>.

#### **Student Health Problems in Lower-Income, Urban Schools**

The Washington Post reports the lack of emphasis on student physical and mental health problems may leave children at an even greater risk for academic difficulties. To learn more, please go to: <http://www.washingtonpost.com/wp-dyn/content/article/2006/12/04/AR2006120400983.html>.

#### **Off to College Alone, Shadowed by Mental Illness**

The New York Times recently published an article on mental health diagnoses and transitioning from high school into college. To learn more, please go to: <http://www.nytimes.com/2006/12/08/health/08Kids.html?ex=1167368400&en=a2ae27e5139f3a90&ei=5070>.

### Announcements

#### **Collaborative Models in Rural Pediatrics: Integrating Mental Health Audio File Now Available**

The AAP's IMPACT grant, Bright Futures, and the AAP's Rural Mental Health Special Interest Group of the Council on Community Pediatrics offers an audio file of the October 25, 2006 teleconference on the AAP mental health web pages. To learn more, please go to: <http://www.aap.org/commpecs/dochs/mentalhealth/pedsCare.cfm>.

#### **Prevention Education Resource Center (PERC)**

The Association for Prevention Teaching and Research, formerly the Association of Teachers of Preventive Medicine, recently launched the PERC, a web-based collection of educational resources on prevention and population health-related topics. To learn more, please go to: <http://www.teachprevention.org>.

#### **Patient-Centered Care and Measuring the Quality of Health Care**

The Alliance for Health Reform and the Commonwealth Fund recently held a forum citing how patient-centered care is important in measuring the quality of health care. To learn more, please go to: [http://www.cq.com/corp/show.do?page=products\\_\\_cqhealthbeat](http://www.cq.com/corp/show.do?page=products__cqhealthbeat). To view a Web cast of the forum, please go to: <http://www.kaisernetwork.org>.

## MORE UPDATES

### **National Institute on Mental Health (NIMH) Conference on Understanding and Reducing Disparities in Health: Behavioral and Social Sciences Research Contributions**

The NIH has updated their web site to include presentations and references from this conference. To learn more, please go to: <http://obsr.od.nih.gov/HealthDisparities/index.html>.

### Conferences

#### **5th Annual National Parent and Provider Enrichment Conference Family Wellness: Eliminating Disparities & Achieving Equity**

*January 12-13, 2006*

Today's Child Communications and the National Black Family Promotions Coalition will host this conference at the Westin Arlington Gateway in Arlington, VA. To learn more, please go to: <http://www.Todays-Child.com> or call toll free 888/313-5939.

### Policy Statements

#### **Child Life Services**

The AAP Child Life Council and Committee on Hospital Care recently released this policy statement detailing the importance of child life services and the need for collaboration with the child's medical home. To learn more, please go to: <http://pediatrics.aappublications.org/cgi/content/full/118/4/1757>.

#### **Payment for Telephone Care**

The AAP Section on Telephone Care and Committee on Child Health Financing recently released this policy statement detailing how to document, report, and bill for telephone care services. To learn more, please go to: <http://www.pediatrics.org/cgi/content/full/118/4/1768>.

## FUNDING OPPORTUNITIES

#### **Quality Improvement (MD, DC) - Due: January 15, 2007**

The Quality Health Foundation is currently seeking applications from organizations in Maryland or the District of Columbia that work to improve health care for individuals and communities through measurable outcome improvement projects. To learn more, please go to: <http://www.qualityhealthfoundation.org/>.

#### **Community Access to Child Health (CATCH)- Due: January 31, 2007**

The AAP is currently seeking applications from pediatricians who are in the initial and/or pilot stage of developing and implementing a community-based child health initiative. To learn more, please go to: <http://www.aap.org/catch/residentgrants.htm>.

#### **Understanding Risk and Protective Factors for Sexual Violence Perpetration and the Overlap with Bully Behavior -Due: February 1, 2007**

The National Center for Injury Prevention and Control (NCIPC) is currently seeking 3-year, research-based proposals that investigate the relationship between bullying and co-occurring/subsequent sexual violence perpetration. To learn more, please go to: <http://www.grants.gov/search>.

## MORE FUNDING OPPORTUNITIES

### **Community and Child Health- Due: February 1/ April 13, 2007**

The Blue Cross Foundation is currently seeking applications for two initiatives: 1) Healthy Together: Creating Community with New Americans and 2) Growing up Healthy: Kids and Communities. To learn more, please go to: <http://fconline.fdncenter.org/pnd/10005006/bluecrossmn>.

### **Assuring Better Child Health and Development (ABCD) Screening Academy- Due: March 1, 2007**

The National Academy for State Health Policy is currently seeking applications from state Medicaid agencies that want to join the ABCD Screening Academy, which is a 15-month initiative, supported by The Commonwealth Fund. Approximately 20 states will receive technical assistance to advance effective child developmental screening models and policies that work within their individual circumstances. To learn more, please go to: <http://www.nashp.org/screeningacademy>.

### **Vulnerable Populations Portfolio Grants- Due: Continuous**

The Robert Wood Johnson Foundation is currently seeking proposals on new community-based approaches to health and health care problems that intersect with social factors. To learn more, please go to: [http://www.rwjf.org/files/applications/RWJF\\_BriefProposal.doc](http://www.rwjf.org/files/applications/RWJF_BriefProposal.doc).

**Additional Funding Opportunities for Community-Based Initiatives may be found at:**  
<http://www.aap.org/compeds/funding.html>

## RESOURCES & RESEARCH

### **Suicide and Mortality Fact Sheets**

The National Adolescent Health Information Center (NAHIC) at the University of California– San Francisco has recently released these updated fact sheets. To learn more, please go to: [http://nahic.ucsf.edu/index.php/data/article/briefs\\_fact\\_sheets/](http://nahic.ucsf.edu/index.php/data/article/briefs_fact_sheets/).

### **Medicaid Policies and Mental Health Services in the Child Welfare System**

Authors Raghavan R., Leibowitz AA, Andersen RM, et al., who analyzed data from the National Survey of Child and Adolescent Well-Being (NSCAW) study, found that some health care systems may negatively impact the mental health of children in the child welfare system. To learn more, please go to: <http://www.childwelfare.com/kids/cysr.htm>.

### **Improving the Delivery of Health Care that Supports Young Children's Healthy Mental Development**

The Commonwealth Fund reports on five states' making improvements in their state systems to improve children's mental health. The report also includes lessons learned in the process. To learn more, please go to: [http://www.cmwf.org/publications/publications\\_show.htm?doc\\_id=367138&#doc367138](http://www.cmwf.org/publications/publications_show.htm?doc_id=367138&#doc367138).

### **The Health and Well-Being of Children in Rural Areas: A Portrait of the Nation 2005**

The Maternal and Child Health Bureau (MCHB) sponsored a National Survey on Children's Health, which was part of a recent analysis on health status, health care use, and risk factors of infants, children, and adolescents who reside in rural areas. To learn more, please go to: <http://www.mchb.hrsa.gov/ruralhealth/pdf/01rh.pdf>.

## MORE RESOURCES & RESEARCH

### **What do pediatric primary care providers think are important research questions: A perspective from Pediatric Research in Office Settings (PROS) providers**

The November-December 2006 issue of *Ambulatory Pediatrics* reports that three of the top research concerns noted by respondents included attention-deficit/ hyperactivity disorder, research concerning effective counseling techniques in anticipatory guidance, and the role of the primary care health professional in mental health services. To learn more, please go to: <http://www.ambulatorypediatrics.org/article/PIIS1530156706001602/abstract>.

### **The Child and Adolescent Health Measurement Initiative (CAHMI)**

The CAHMI Winter 2007 Newsletter is now available. This newsletter provides an update on current activities, upcoming publications and initiatives, as well as additional tools and resources. To learn more, please go to: <http://www.cahmi.org>.

### **Body Image and Children's Mental Health Related Behaviors: Results from the Health Passages Study**

*The Journal of Pediatric Psychology* recently published an article that reported a strong relationship between mental health behaviors and internalizing problems. To learn more, please go to: <http://jpepsy.oxfordjournals.org/cgi/content/abstract/32/1/30?etoc>.

### **Setting the Stage for Success: Implementation of Developmental and Behavioral Screening and Surveillance in Primary Care Practice**

The Commonwealth Fund reports on a recent publication in *Pediatrics* by Marion F. Earls, MD and Sherry Shackelford Hay, MPA, citing ways primary care practices can implement developmental screening into their offices. To learn more, please go to: [http://www.cmwf.org/publications/publications\\_show.htm?doc\\_id=381569](http://www.cmwf.org/publications/publications_show.htm?doc_id=381569).

### **Beyond Referral: Pediatric Care Linkages to Improve Developmental Health**

The Commonwealth Fund recently published this report that provides recommendations for improving collaboration at the national, state, and community levels. To learn more, please go to: [http://www.cmwf.org/publications/publications\\_show.htm?doc\\_id=430649](http://www.cmwf.org/publications/publications_show.htm?doc_id=430649).

### **State Policy Options to Improve Delivery of Child Development Services: Strategies from the Eight ABCD States**

The Commonwealth Fund recently published this report that describes how changes in policies can improve the delivery of child development services. To learn more, please go to: [http://www.cmwf.org/publications/publications\\_show.htm?doc\\_id=434687&#doc434687](http://www.cmwf.org/publications/publications_show.htm?doc_id=434687&#doc434687).

### **Prevention of Mental Health Problems: Rationale For a Universal Approach**

The *Archives of Disease in Childhood* recently published this article that describes how implementing universal prevention programs for all families may help to reduce the gaps of children underserved. To learn more, please go to: <http://adc.bmj.com/>.

### **Women's, Children's, and Adolescents' Health Update**

The National Institute for Health Care Management Foundation offers the December 2006 update on a number of issues related to child and adolescent mental health. To learn more, please go to: [http://www.nihcm.org/finalweb/pg\\_publications\\_maternal.htm](http://www.nihcm.org/finalweb/pg_publications_maternal.htm).

## MORE RESOURCES & RESEARCH

### E-adolescence

The National Initiative to Improve Adolescent Health by the Year 2010 (NIIAH) provides a listing of online resources for state maternal and child health professionals who are working to improve the health of adolescents. To learn more, please go to: <http://www.cdc.gov/HealthyYouth/NationalInitiative/index.htm>.

### Uncovering an Epidemic—Screening for Mental Illness in Teens

The New England Journal of Medicine recently published an article describing the need for universal screening of mental illness in teens. To learn more, please go to:  
<http://content.nejm.org/cgi/content/full/355/26/2717?query=TOC>.

## AMERICAN ACADEMY OF PEDIATRICS PEDIATRICS JOURNAL

The current issue of the AAP journal *Pediatrics* is now available online. The table of contents can be accessed at: <http://pediatrics.aappublications.org/current.shtml>. Special articles, commentaries, and letters to the editor are also provided. Articles of interest for January include:

Deanne Wilson-Costello, Herriet Friedman, Nori Minich, Bonnie Siner, Gerry Taylor, Mark Schluchter, Maureen Hack

#### **Improved Neurodevelopmental Outcomes for Extremely Low Birth Weight Infants in 2000-2002**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/37>

Jennifer Haley, Genevieve Kenney

#### **Low-Income Uninsured Children With Special Health Care Needs: Why Aren't They Enrolled in Public Health Insurance Programs?**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/60>

Jacqueline W. Miller, Timothy S. Naimi, Robert D. Brewer, Sherry Everett Jones

#### **Binge Drinking and Associated Health Risk Behaviors Among High School Students**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/76>

Rachael A. Zuckerbrot, Laura Maxon, Dana Pagar, Mark Davies, Prudence Fisher, David Shaffer

#### **Adolescent Depression Screening in Primary Care: Feasibility and Acceptability**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/101>

G.David Batty, Ian J. Deary, Ingrid Schoon, Catharine R. Gale

#### **Childhood Mental Ability in Relation to Food Intake and Physical Activity in Adulthood: The 1970 British Cohort Study**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/e38>

Nila J. Rosen, Cathleen K. Yoshida, Lisa A. Croen

#### **Infection in the First 2 Years of Life and Autism Spectrum Disorders**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/e61>

## MORE AMERICAN ACADEMY OF PEDIATRICS PEDIATRICS

Sarah McCue Horwitz, Kelly J. Kelleher, Ruth E. K. Stein, Amy Storfer-Isser, Eric A. Youngstrom, Elyse R. Park, Amy M Heneghan, Peter S. Jensen, Karen G. O'Conner, Kimberly Eaton Hoagwood

### **Barriers to the Identification and Management of Psychosocial Issues in Children and Maternal Depression**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/e208>

### **Special Articles**

Linda H. Chaudron, Peter G. Szilagyi, Amy T. Campbell, Kyle O. Mounts, Thomas K. McNerny

### **Legal and Ethical Considerations: Risk and Benefits of Postpartum Depression Screening at Well-Child Visits**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/123>

### **Commentaries**

Vidya Bhushan Gupta, Susan L. Hyman, Chris Plauche Johnson, James Bryant, Barbara Byers, Ronald Kallen, Susan E. Levy, Scott M. Myers, Alan I. Rosenblatt, Marshalyn Yeargin-Allsopp

### **Identifying Children With Autism Early?**

<http://pediatrics.aappublications.org/cgi/content/extract/119/1/152>

Matthew Knight

### **Stimulant-Drug Therapy for Attention-Deficit Disorder (With or Without Hyperactivity) and Sudden Cardiac Death**

<http://pediatrics.aappublications.org/cgi/content/extract/119/1/154>

### **From the AAP**

Kenneth R. Ginsburg and the Committee on Communications, and the Committee on Psychosocial Aspects of Child and Family Health

### **The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bonds**

<http://pediatrics.aappublications.org/cgi/content/abstract/119/1/182>

### **Letters to the Editor**

Kathi J. Kemper and Teresa Shaw

### **The Research Failed, but the Patients Are Doing Well**

<http://pediatrics.aappublications.org/cgi/content/extract/119/1/221>

Permission is given to forward the IMPACT Children's Mental Health E-News to individual colleagues. The editors welcome your submissions, suggestions, and questions. Please contact us at the address below.

Aldina M Hovde, MSW  
Manager, Mental Health Initiatives  
American Academy of Pediatrics  
141 Northwest Point Blvd  
Elk Grove Village, IL 60007  
Phone: (847) 434-7119 / Fax: (847) 228-7320

E-mail: [mentalhealth@aap.org](mailto:mentalhealth@aap.org) Web site: [www.aap.org/mentalhealth](http://www.aap.org/mentalhealth)

**Please note:** Inclusion in this publication does not imply endorsement by the AAP. The AAP is not responsible for the content of the resources mentioned.