

March 2007

## Improving Mental Health in Primary Care Through Access, Collaboration, and Training

# IMPACT Children's Mental Health E-News

### What's Inside

In the Spotlight: Surges in Emergency Department Visits for Pediatric Mental Health Emergencies: A National Healthcare Crisis	1
Updates—Web Casts, Conferences	2-3
Awards/Funding Opportunities	3
Resources & Research	4
AAP <i>Pediatrics</i>	5-6

*The IMPACT Children's Mental Health E-News is funded through a grant (G95MC05434) from the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (MCHB), to the AAP.*

The American Academy of Pediatrics (AAP) is pleased to bring you the March 2007 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each monthly E-News issue contains the latest news, research, and resources in children's mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope that this electronic publication will help you find valuable resources and information on children's mental health. To subscribe to the listserv®, or if you have any questions, comments, or ideas, please contact Aldina Hovde at [ahovde@aap.org](mailto:ahovde@aap.org).

#### IN THE SPOTLIGHT

*Surges in Emergency Department Visits for Pediatric Mental Health Emergencies: A National Healthcare Crisis*  
- Margaret A. Dolan MD, FAAP

Approximately 21% of US children 9 to 17 years of age have a diagnosable mental or addictive disorder. Research indicates that children and adolescents are the fastest growing segment of the population with mental health (MH) disorders. Many primary care providers and schools lack the experience and resources to treat children with mental health emergencies (MHE's), and with a shortage of pediatric MH care facilities and providers, emergency departments (ED's) become the safety net for care. Furthermore, therapists, psychologists, and psychiatrists often cannot admit patients directly and refer them to the ED for admission.

Recent surges in MHE ED visits have been reported: Boston Children's ED had a six-fold increase over 15 years; Yale Children's ED a 59% increase (1995-1999); and Cincinnati Children's ED reported 800 in 1995 and 2,000 in 2004. The National Hospital Ambulatory Medicare Care Survey (NHAMCS) reported 433,551 pediatric ED MH visits occurred each year from 1993-1999. These were not increased ED visits for psychoses and suicide attempts but rather less urgent MH complaints, suggesting the ED was used because of decreased access to routine MH care. Newer data from NHAMCS (2002) report annual ED visits increased by 23% from 1992-2002. The 2006 Institute of Medicine Report, "Emergency Care for Children: Growing Pains" documented studies demonstrating inadequate ED screening, screening tools and evaluation for children with MH complaints, inadequate training and comfort levels for ED physicians and nurses in treating pediatric MH patients, suboptimal ED environment for MH patients in crisis, and extended ED wait times for MH patients requiring admission due to lack of psychiatric inpatient resources.

To address this issue and propose solutions, the AAP Committee on Pediatric Emergency Medicine (COPEM) jointly published a policy statement with the American College of Emergency Physicians, "Pediatric Mental Health Emergencies in the EMS System" in the October 2006 issues of *Pediatrics* and *Annals of Internal Medicine*. To view the report, please go to: <http://aappolicy.aappublications.org/cgi/content/full/pediatrics;119/1/161>. A Technical Report on the same subject is in preparation.

For more information, please contact Sue Tellez at [stellez@aap.org](mailto:stellez@aap.org).

### Web casts

#### **Hurricane Katrina: Lessons Learned for Primary Healthcare**

The Society of Primary Care Policy Fellows and the University of Miami Miller School of Medicine Department of Family Medicine and Community Health feature this Web cast that explores outcomes from Hurricane Katrina. A transcript of the event will also be made available. To learn more, please go to: [http://www.kaisernet.org/health\\_cast/hcast\\_index.cfm?display=detail&hc=2061](http://www.kaisernet.org/health_cast/hcast_index.cfm?display=detail&hc=2061).

### Conferences

#### **3rd Annual Two Worlds Unite Symposium— March 15, 2007**

The Mountain Area Health Education Center (MAHEC) and Icare Partnership will host this educational opportunity on how to sustain mental health care in medical practices. The event will be held on Thursday, March 15, 2007 at the MAHEC in Asheville, NC. To learn more, please go to: <http://www.mahec.net>.

#### **The Child & Adolescent Psychiatry Practical Review: For Primary Care Providers and Mental Health Professionals—May 3-6, 2007**

St. Cloud Hospital and CentraCare Health System will host this conference which begins with a preconference on models of integrative behavioral healthcare and continues with a main conference that provides information on childhood trauma and trauma related disorders, pediatric bipolar affective disorder, and practical pediatric psychopharmacology. Registration deadline is April 17, 2007. To learn more, please go to: <http://www.centracare.com/sch/cme.html> and click on *View conference brochure PDF* under Child and Adolescent Psychiatry Practical Review.

#### National Nutrition Month

To learn more, please go to: <http://www.eatright.org>

#### National Patient Safety Awareness Week— March 5-11

To learn more, please go to: <http://www.npsf.org>

#### **The Future of Pediatrics: Community Pediatrics, Medical Home and Beyond— June 29-July 1, 2007**

The AAP will host this new conference for medical home advocates, community pediatricians and others to network and learn from one another as well as from respected clinical and practice management faculty in Orlando, Florida. To learn more, please go to: <http://www.aap.org/commpeps>.

#### **Rural Women's Health Conference—Save the Date**

The U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau is partnering with a number of organizations to share information and best practices to increase awareness of the needs of women and families living in rural areas and gain experience with programs that work. To learn more, please go to: <http://www.esi-bethesda.com/ruralfrontier2007>.

#### **International Conference on Urban Health— Save the Date**

Johns Hopkins Bloomberg School of Public Health and the University of Maryland at Baltimore will host this conference on information systems and management to address disparities in urban health in Baltimore, MD on October 29-November 1, 2007. To learn more, please go to: <http://www.icuh2007.com>.

## MORE UPDATES

### Conferences/ Educational Opportunities Continued

#### **Complementary and Alternative Health Care and Pediatrics—May 4, 2007**

SickKids Foundation will host this one-day forum on complementary and alternative medicine research project results on May 4, 2007 in Toronto, Canada. To learn more, please go to:

<http://www.sickkidsfoundation.com/grants/forum2007.asp>.

#### **Partnerships to Achieve Health Equity– Call for Abstracts—Due: March 15, 2007**

The Society for Public Health Education (SOPHE) and the Centers for Disease Control and Prevention (CDC) REACH 2010 program are collaborating on the SOPHE's 58th Annual Meeting from October 31-November 3rd in Alexandria, VA. Sub-themes include health systems change; health communications; cultural competence in bridging differences; and evaluation and dissemination of evidence-based approaches. To learn more, please go to:

<http://www.sophe.org/>.

## AWARDS/ FUNDING OPPORTUNITIES

#### **Early Identification and Intervention Program Grants—Due: March 14, 2007**

The US Social Security Administration is accepting applications for the Early Identification and Intervention Program, whose purpose is to design and implement models that will increase the number of children (birth-5 years) who receive developmental screening and to improve the early identification of children with developmental delays and/or disabilities. To learn more, please go to: <http://www.healthinschools.org/grants/ops912.asp>.

#### **Mentorship and Technical Assistance Program (MTAP) Grants—Due: March 30, 2007**

The Council on Community Pediatrics (COCP) is issuing a special call for applications for MTAP grants to members of the COCP for mental health programs. The grant would provide up to \$2,000 to COCP members to improve their community pediatric skills and/or develop innovative programs within their community. To learn more, please go to: <http://www.aap.org/sections/socp>.

#### **Community and Child Health—Due: February 1/ April 13, 2007**

The Blue Cross Foundation is currently seeking applications for two initiatives: 1) Healthy Together: Creating Community with New Americans and 2) Growing up Healthy: Kids and Communities. To learn more, please go to: <http://fconline.fdncenter.org/pnd/10005006/bluecrossmn/>.

Additional Funding Opportunities for Community-Based Initiatives may be found at:

<http://www.aap.org/commpeds/funding.html>

#### **Rosalynn Carter Fellowships for Mental Health Journalism Program Grants—Due: April 23, 2007**

The Carter Center is now accepting applications for this program, whose purpose is to enhance understanding of mental health issues and combat stigma and discrimination. To learn more, please go to:

<http://www.healthinschools.org/grants/ops909.asp>.

#### **Vulnerable Populations Portfolio Grants—Due: Continuous**

The Robert Wood Johnson Foundation is seeking proposals on new community-based approaches to health and health care problems that intersect with social factors. To learn more, please go to:

[http://www.rwjf.org/files/applications/RWJF\\_BriefProposal.doc](http://www.rwjf.org/files/applications/RWJF_BriefProposal.doc).

## RESOURCES & RESEARCH

### **Prevalence of the Autism Spectrum Disorders (ASDs) in Multiple Areas of the US, Surveillance Years 2000 and 2002**

This fact sheet discusses results recently reported by the Autism and Developmental Disabilities Monitoring (ADDM) Network, which are results from two ADDM Network reports that were published in the February 9, 2007 issue of the Morbidity and Mortality Weekly Report (MMWR) Surveillance Summaries. The fact sheet is available at: <http://www.cdc.gov/od/oc/media/pressrel/2007/f070208.htm>.

### **Mental Health Screening in Schools**

Authors Weist MD, Rubin M, Moore E, et al. outline five steps in implementing formal mental health screening programs in schools: inclusive planning; collaborative relationships; logistics; training, supervision, and support; and integration. The abstract is available at:

<http://www.blackwell-synergy.com/doi/abs/10.1111/j.1746-1561.2007.00167.x>

### **Feasibility of Expanding Services for Very Young Children in the Public Mental Health Setting**

Authors Knapp PK, Ammen S, Arstein-Kerslake C, et al. assess the feasibility of expanding mental health services for young children. The abstract is available at:

<http://www.jaacap.com/pt/re/jaacap/abstract.00004583-200702000-00003.htm>.

### **Complementary and Alternative Medicine (CAM) at the National Institute of Health (NIH) Newsletter— *Now Available***

The Winter 2007 issue of this newsletter of the National Center for Complementary and Alternative Medicine (NCCAM) contains information on CAM and children. The quarterly newsletter is now posted at:

[Http://nccam.nih.gov/news/newsletter/2007\\_winter/](Http://nccam.nih.gov/news/newsletter/2007_winter/).

### **Unintentional Injury and Violence Fact Sheets on Adolescents and Young Adults—*Now Available***

The National Adolescent Health Information Center (NAHIC) at the University of California at San Francisco (UCSF) announces the release of the updated versions of these fact sheets, which provide the latest data on unintentional injury and violence, with breakdowns by age, gender, race, and ethnicity. The facts sheets are available at: [http://nahic.ucsf.edu/index.php/data/article/briefs\\_fact\\_sheets/](http://nahic.ucsf.edu/index.php/data/article/briefs_fact_sheets/).

### **Natural Opportunities to Promote Social-Emotional Learning and Mental Health**

The National Initiative to Improve Adolescent Health (NIIAH) Partner: Mental Health in Schools Program and Policy Analysis Center at the University of California at Los Angeles offers practical recommendations for school staff and administrators striving to promote social-emotional learning and positive mental health. To learn more, please go to: <http://smhp.psych.ucla.edu/pdfdocs/practicenotes/naturalopportunities.pdf>.

### **Developing a Stigma Reduction Initiative**

The Substance Abuse and Mental Health Services Administration (SAMHSA) National Mental Health Information Center offers a resource kit intended to raise awareness of mental health and help counter the stigma and discrimination faced by people with mental illness. To learn more, please go to:

<http://mentalhealth.samhsa.gov/publications/allpubs/sma06-4176/>.

The current issue of the AAP journal *Pediatrics* is now available online. The table of contents can be accessed at: <http://pediatrics.aappublications.org/current.shtml>. Special articles, commentaries, and letters to the editor are also provided. Articles of interest for March include:

**Parent Use of Touchscreen Computer Kiosks for Child Health Promotion in Community Settings**

Darcy A. Thompson, Paula Lozano, and Dimitri A. Christakis  
Pediatrics 2007;119 427-434

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/427>

**Screening for Depression in an Urban Pediatric Primary Care Clinic**

Howard Dubowitz, Susan Feigelman, Wendy Lane, Leslie Prescott, Kenneth Blackman, Lawrie Grube, Walter Meyer, and J. Kathleen Tracy

Pediatrics 2007;119 435-443

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/435>

**Factors Associated With Identification and Management of Maternal Depression by Pediatricians**

Amy M. Heneghan, Linda H. Chaudron, Amy Storfer-Isser, Elyse R. Park, Kelly J. Kelleher, Ruth E. K. Stein, Kimberly Eaton Hoagwood, Karen G. O'Connor, and Sarah McCue Horwitz

Pediatrics 2007;119 444-454

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/444>

**Steroid Use Among Adolescents: Longitudinal Findings From Project EAT**

Patricia vandenBerg, Dianne Neumark-Sztainer, Guy Cafri, and Melanie Wall

Pediatrics 2007;119 476-486

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/476>

**Incidence, Prognosis, and Risk Factors for Fatigue and Chronic Fatigue Syndrome in Adolescents: A Prospective Community Study**

Katharine A. Rimes, Robert Goodman, Matthew Hotopf, Simon Wessely, Howard Meltzer, and Trudie Chalder

Pediatrics 2007;119 E603-E609

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/E603>

**Lead Exposure, IQ, and Behavior in Urban 5- to 7-Year-Olds: Does Lead Affect Behavior Only by Lowering IQ?**

Aimin Chen, Bo Cai, Kim N. Dietrich, Jerilynn Radcliffe, and Walter J. Rogan

Pediatrics 2007;119 E650-E658

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/E650>

**Evaluation of Psychopathological Conditions in Children With Heavy Prenatal Alcohol Exposure**

Susanna L. Fryer, Christie L. McGee, Georg E. Matt, Edward P. Riley, and Sarah N. Mattson

Pediatrics 2007;119 E733-E741

<http://pediatrics.aappublications.org/cgi/content/abstract/119/3/E733>

**AMERICAN ACADEMY OF PEDIATRICS  
PEDIATRICS JOURNAL**

Permission is given to forward the IMPACT Children's Mental Health E-News to individual colleagues.

The editors welcome your submissions, suggestions, and questions.

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