

September 2007

Improving Mental Health in Primary Care Through Access, Collaboration, and Training

IMPACT Children's Mental Health E-News

The American Academy of Pediatrics (AAP) is pleased to bring you the September 2007 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each bi-monthly E-News issue contains the latest news, research, and resources in children's mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope that this electronic publication will help you find valuable resources and information on children's mental health. To subscribe to the e-mail list, or if you have any questions, comments, or ideas, please contact Stephanie Nelson at snelson@aap.org.

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IN THE SPOTLIGHT

AAP Adolescent Health Partnership Project (AHPP)

The AAP Adolescent Health Partnership Project (AHPP) is a new 5-year initiative targeting general and specialty pediatric disciplines, pediatric residents, as well as other health care providers. The goal is to increase awareness of adolescent health issues and strategies that address them. Specific focus is on the reduction of health disparities and the incorporation of a youth development framework. Funding for this project comes from the Maternal and Child Health Bureau (MCHB), through the Partners in Program Planning for Adolescent Health (PIPPAH) grant.

Through this project, the AAP continues to work with the National Initiative to Improve Adolescent Health by 2010 (NIAAH), a collaborative group consisting of the MCHB, the Centers for Disease Control and Prevention, and over 25 national partners. The goal of the NIAAH is to promote a national, state, and community focus on adolescent health in the context of 6 key health content areas related to Healthy People 2010. There are [21 Critical Health Objectives](#) that focus on adolescent health issues, with 6 of the objectives related to suicide, mental health, and substance abuse.

Initial AHPP activities have concentrated on raising the awareness of both the AAP membership and staff regarding this important project. Some of the activities to date include:

- Adding new adolescent health information to the AAP [Web site](#), including a resource toolkit on adolescent HIV prevention
- Posting of the 2007 National Conference and Exhibition (NCE) sessions that focus on adolescent health issues accessible via the AHPP Web site
- Hosting a seminar, *Caring for Adolescents: Building Their Strengths & Understanding Their Risks*, which provided participants with information on adolescent brain development, as well as how the concept of youth development can be integrated into a practice setting
- Beginning work with AAP committees, sections, and councils to collaborate on and promote adolescent health activities related to their special interests
- Partnering with the AAP Resident Section, staff is assessing residents interests in adolescent health resources and training

The IMPACT Children's Mental Health E-News is funded through a grant (G95MC05434) from the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (MCHB), to the AAP.

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IN THE SPOTLIGHT
AAP Adolescent Health Partnership Project

Spotlight article continued

- Developing activities to assist AAP chapters and members with state and local adolescent health initiatives, based on an AAP chapter leadership assessment
- Requesting information on innovative adolescent health initiatives at the practice, community, and state levels, which will be accessible via the AHPP Web site

The AAP will promote adolescent health, incorporating the youth development framework, in collaboration with the 7 other PIPPAH grantees. These grantees include: the American Bar Association, American College of Preventive Medicine, City MatCH, Healthy Teen Network, National Association of County and City Health Officials, National Conference of State Legislatures and National Institute for Health Care Management. The AAP also will be developing adolescent health promotion activities in collaboration with other national organizations.

For additional information about the AAP Adolescent Health Partnership Project, please contact Charlotte O. Zia, MPH, CHES, program manager at 847/434-7870 or czia@aap.org.

IN THE SPOTLIGHT
*American Academy of Child and Adolescent Psychiatry (AACAP) Institute
Supporting Pediatricians in Helping Kids Feel Their Best*

To offer practical information on a complex topic, the American Academy of Child and Adolescent Psychiatry (AACAP) will hold the full day Institute, “Practical Pediatric Psychopharmacology for Primary Care Clinicians,” on Saturday, October 27th from 8:00am to 3:00 pm at the Sheraton Boston Hotel. The presentations will focus on the psychopharmacology of ADHD, depression, and anxiety disorders and will also address bipolar disorder, schizophrenia, pervasive development disorders, and aggression. Medication selection, initiation, titration, and side effects will all be explored. Following the Institute’s didactics, Institute Chair, Chris Kratochvil, MD, along with pediatrician discussants Betsy Busch, MD and Walter Harrison, MD, will present vignettes that show how to put the information into practice. The Institute will encourage audience involvement and will include:

Evidence Based Pharmacotherapy for ADHD by Larry Greenhill, MD— ADHD is a common neuropsychiatric disorder that pediatricians are often called on to manage pharmacologically. Dr Greenhill will provide attendees the opportunity to expand their knowledge on ADHD pharmacotherapies.

Management of Pediatric Depression in a Primary Care Setting by Jefferson Prince, MD— Depression is a pervasive illness than can be significantly impairing and even fatal. Fortunately, it is a disorder that responds well to available interventions. This session will help attendees become better at identifying pediatric depression and will discuss the roles of non-pharmacological and pharmacological treatments.

Pediatric Anxiety Disorders and the Primary Care Clinicians by John Walkup, MD— Anxiety disorders are common in children, and are commonly overlooked. Data demonstrates that treatment can significantly lower patient’s distress and improve functioning. This session will start with the basics of assessing anxiety disorders and will review treatment options, including pharmacological treatments and cognitive behavioral therapy.

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IN THE SPOTLIGHT

American Academy of Child and Adolescent Psychiatry (AACAP) Institute Supporting Pediatricians in Helping Kids Feel Their Best

Spotlight article continued

Ten Things a Primary Care Physician Needs to Know About Bipolar, Schizophrenia, Autism, and Aggression by Adelaide S. Robb, MD— For each disorder, Dr Robb will describe the *DSM-IV-TR* diagnostic criteria and common symptoms, and pharmacological treatment options, including mood stabilizers and second generation antipsychotics. She will also discuss strategies for starting, monitoring, and determining how long treatments should last.

Pediatric Psychopharmacology Case Presentations, Practical Applications by Chris Kratochvil, MD, Betsy Busch MD, and Walter Harrison, MD— In this session, vignettes will be presented, and will be followed by an interactive discussion of patient management. Cases will include simple and complex presentations and will address the use of concomitant medications, comorbid conditions, and side effects. Institute attendees will be encouraged to offer perspectives from their own practices.

To register, visit www.aacap.org/cs/2007PPPIInstitute.

Practical Pediatric Psychopharmacology for Primary Care Clinicians Institute

Date: Saturday, October 27, 2007

Time: 8:00 am to 3:00 pm

Place: Sheraton Boston Hotel

Price: \$120 for AACAP Members or Non-Members, Residents \$60, Medical Students \$25

Sponsored by the AACAP Work Group on Research Pediatrics Psychopharmacology Update Initiative

For additional information, please contact Erin Baker, communication manager at 202/966-7300 x 119 or ebaker@aacap.org.

UPDATES

Web casts

Mental Health in Pediatric Primary Care

This online series from the Northwest Area Health Education Center at Wake Forest University School of Medicine discusses screening, diagnosis, management, and referral of children with mental health disorders. It is now available with 6 recorded presentations.

Data Matters

This interactive electronic newsletter from Georgetown University Center for Child and Human Development highlights the importance of data to keep readers up-to-date on the latest in the field of children's mental health.

National Alcohol and Drug Addiction Recovery Month

National Suicide Prevention Week—September 9-15, 2007

STOP a Suicide Today Day—September 10, 2007

MORE UPDATES

Conferences/ Educational Opportunities

American Academy of Pediatrics (AAP) National Conference and Exhibition—October 26-30, 2007, San Francisco, CA

The AAP 2007 National Conference and Exhibition (NCE) is a forum for all pediatric professionals to come together for practical updates and review of pediatric practice, research, and advocacy. A few of the sessions around mental health topics include:

- 10/27/07 Mind-body Skills for Office Pediatricians
Presenters: Cheryl Beighle, MD, FAAP and Lynda Richtsmeier, Cyr, PhD
- 10/28/07 Section on Developmental and Behavioral Pediatrics Program: Assessing Mental Health Concerns in Children 1:30 pm—3:00 pm
Presenters: Lynn M Wegner, MD, FAAP and Jane Meschan Foy, MD, FAAP
- 10/28/07 Clinical Algorithms for Behavioral Health Care in the Pediatric Medical Home
Presenters: Jane Meschan Foy, MD, FAAP and Barbara J Howard, MD, FAAP
- 10/28/07 The Effects of Military Deployment on Child and Adolescent Mental Health: A Critical Support Role for the Pediatrician
Presenter: Maj Keith M. Lemmon, MD
- 10/28/07 Firearm Safety: Suicide and Firearms in Homes of Depressed Teens
Presenter: Mary Denise Dowd, MD, MPH, FAAP
- 10/29/07 Section on Community Pediatrics Program: Mental Health Adolescent Depression/Anxiety 2:10 pm —2:50 pm
Presenter: Danielle Laraque, MD, FAAP
- 10/29/07 Enhancing Behavioral Health Practice in Primary Care Clinicians: Report from the AAP Task Force on Mental Health (TFOMH)
Presenter: Jane Meschan Foy, MD, FAAP
- 10/29/07 Adolescents with ADHD
Presenter: Michael I. Reiff, MD, FAAP
- 10/29/07 Medication and Preschoolers with ADHD: Management Pearls When There are No Guidelines
Presenters: Marsha Rappley, MD, FAAP and William Barbaresi, MD
- 10/30/07 Collaborative Strategies to Enhance Behavioral Health Practice
Presenter: Jane Meschan Foy, MD, FAAP
- 10/30/07 Communication Skills Training to Improve Mental Health Outcomes for Children and Youth Seen in Pediatric Primary Care
Presenters: Anna Gadomski, MD, MPH, FAAP and Larry Wissow, MD, MPH

Practical Pediatric Psychopharmacology for the Primary Care Clinician Institute—October 27, 2007, Boston, MA

The American Academy of Child and Adolescent Psychiatry has developed this institute that will provide practical information to primary care clinicians on the use of psychotropic medications in practice.

International Conference on Urban Health—October 31-November 2, 2007

The Johns Hopkins Bloomberg School of Public Health and the University of Maryland at Baltimore host this conference on information systems and management to address disparities in urban health in Baltimore, MD.

Maternal and Child Health Epidemiology Conference—December 12-14, 2007, Atlanta, GA

The Maternal and Child Health (MCH) Epidemiology conference organizers invite you to join the MCH professionals in sharing experiences, enhancing knowledge, and generating new ideas for improved MCH data use and informed policy making.

AWARDS/ FUNDING OPPORTUNITIES

Vulnerable Populations Portfolio Grants—Due: Continuous

The Robert Wood Johnson Foundation is seeking proposals on new community-based approaches to health and health care problems that intersect with social factors.

Health and Mental Health Grants Program—Due: Rolling

The Jacob and Hilda Blaustein Foundation is seeking applications for the health and mental health grants program, which seeks to increase access for underserved individuals to quality health care.

Healthy Community Grants Program—Due: Rolling

The Aetna Foundation will award up to \$3 million for philanthropic initiatives focused on community-based initiatives that increase access to quality health care and improve overall wellness. Initiatives may include early treatment and diagnosis to help minimize the incidence of disabilities due to mental health issues.

Access to Care—Due: Rolling

The Amgen Foundation is seeking applications that support health, quality of care, and access to care.

Access to Care—Due: Rolling

The Hearst Foundation is offering grants to nonprofit organizations that seek to improve and assure access to quality healthcare for underserved populations in both urban and rural areas. Grants are primarily awarded to leading regional hospitals, medical centers, and specialized institutions.

Healthy Tomorrows Grant Program

The Healthy Tomorrows Partnership for Children Program's (HTPCP) grant cycle will soon be announced. The HTPCP is a cooperative agreement between the Maternal and Child Health Bureau and the AAP. Federal grants of \$50,000 per year for 5 years are awarded annually through the program to support community-based child health projects that improve the health status of mothers, infants, children, and adolescents by increasing their access to services.

Additional Funding Opportunities for Community-Based Initiatives

The AAP Division of Community-Based Initiatives provides information on funding from the AAP and other organizations, as well as links to key funding resources and agencies.

Rural Health Network Development Planning Grant Program—Due: October 7, 2007

Guidance is now available for the Rural Health Network Development Planning Grant Program, which provides one year of funding to rural communities seeking to develop a formal integrated healthcare network and have no significant history of collaboration.

RESOURCES & RESEARCH

Please note that some of the links provided will take you to the abstract for the article and there may be additional steps necessary to view the full text.

Aggression, Hostility, and Irritability in Children and Risk for Bipolar Disorder

This article assesses aggression, hostility, and irritability in children at risk for bipolar disorder.

Factors that Influence Mental Health Stigma Among 8th Grade Adolescents

This article examines factors that influence mental health stigma among 8th grade adolescents.

Issue Briefs From Georgetown University Training Institutes

These issue briefs summarize presentations and recommendations from the special forums held at the 2006 Georgetown University Training Institutes. The special forums focused on communities and populations with unique service needs, requiring specialized planning and service delivery approaches within mental health systems of care. The goals of the special forums were to summarize issues and challenges related to each topic, identify effective service delivery strategies, and develop recommendations for policy and technical assistance.

Youth Suicide Fact Sheet

This fact sheet on youth suicide is based on analyzed data from the National Violent Injury Statistics System (NVISS), a precursor to the Center for Disease Controls (CDC) National Violent Death Reporting System. Information is offered about circumstances preceding youths' deaths, methods used, and alcohol use.

Gender Differences in Mental Health Symptoms Among Delinquent and Community Youth

This study looks at gender differences in mental health symptoms among adolescents detained in the juvenile detention facility or who resided in a community from 4 geographical locales.

Prevalence and Psychological Correlates of Occasional and Repetitive Deliberate Self Harm in Adolescents

This study discusses the prevalence and the associated psychological and social factors of occasional and repetitive deliberate self-harming behavior in adolescents.

National Survey of State Licensing, Regulating, and Monitoring of Residential Facilities for Children With Mental Illness

This article describes the results of a government sponsored survey of state officials that examined how state's license, monitor, and regulate residential facilities for children with mental illness.

Child Behavior Checklist Profiles of Children and Adolescents with and at a High Risk for Developing Bipolar Disorder

This study examines the Child Behavior Checklist (CBCL) profiles of bipolar offspring both with and without bipolar disorder.

Mental Health Disorders in Childhood: Assessing the Burden on Families

This study examines a sample of children with special health care needs and compared the economic outcomes for families of children with mental health care needs to those with other special health care needs.

Does Bipolar Disorder Exist in Children?

This article examines if bipolar disorder manifests in young children.

Recovery and Resilience in Children's Mental Health: Views From the Field

This article explores the questions, "What does recovery mean in the context of children's mental health?" "How do recovery and resilience fit with the system of care values that underpin current transformation efforts in the children's mental health field?" and, "What implications flow from the answers to these questions?"

Psychosocial Factors Contributing to Adolescent Suicidal Ideation

This study aims to investigate the family, school, peer, and psychological factors that contribute to adolescent suicidal ideation.

**AMERICAN ACADEMY OF PEDIATRICS
PEDIATRICS JOURNAL**

The current issue of the AAP journal *Pediatrics* is now available online. Articles of interest include:

August

What Is the Early Adulthood Outcome of Boys Who Bully or Are Bullied in Childhood? The Finnish “From a Boy to a Man” Study

Andre Sourander, MD, Peter Jensen, MD, John A Ronning, PhD, Solja Niemela, MD, Hans Helenius, MSc, Lauri Sillanmaki, StudSocSci, Kirsti Kumpulainen, MD, Jorma Piha, MD, Tuula Tamminen, MD, Irma Moilanen, MD and Fredrik Almqvist, MD

Pediatrics 120: 397-404

Implementing Maternal Depression Screening: In Reply

Howard Dubowitz, MD, MS, Wendy Lane, MD, MPH, Susan Feigelman, MPH,

Pediatrics 120: 449-450

Implementing Maternal Depression Screening: Letter to the Editor

Kathi J Kemper, MD, MPH, Kelly Kelleher, MD, MPH, Ardis L Olson, MD

Pediatrics 120: 448-449

September

Suicide and Suicide Attempts in Adolescents

Benjamin N Shain and the Committee on Adolescence

Pediatrics 120: 669-676

Permission is given to forward the IMPACT Children’s Mental Health E-News to individual colleagues.

The editors welcome your submissions, suggestions, and questions.

Please contact us at the address below.

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