

American Academy of Pediatrics

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DEDICATED TO THE HEALTH OF ALL CHILDREN™



Healthy Children

Fall 2006

**ADHD
UPDATE**
What Every Parent
Needs to Know

**The Hidden Dangers
of Childhood Obesity**

**Breastfeeding
Your Newborn for
Optimal Health**

**Is Your Child
Protected?**
The Latest
Immunization
Schedule

Waiting Room Copy

Premier Issue Sponsored by **Shire**



Welcome to *Healthy Children* magazine!

We are delighted to welcome you to the first issue of *Healthy Children* magazine, the parenting guide from the American Academy of Pediatrics (AAP). Ours is an organization of 60,000 pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

Whether you are looking for general information related to child health or for more specific guidelines concerning a pediatric issue, you will find in each issue of *Healthy Children* a wealth of news, guidelines, tips, and research aimed at helping all mothers and fathers become more knowledgeable parents. Best of all, you can rest assured that the information comes from the nation's leading child health experts, and that we have scientific research supporting our recommendations. Whether our stories are about ADHD, new mothers, the selection of car safety seats for infants and toddlers, injury prevention, breastfeeding, immunization, obesity, or autism—to name but a few—they contain the best advice and authoritative research from the many health care resources represented by AAP.

Thank you for your interest in *Healthy Children*. We look forward to becoming a trusted resource in all of your parenting experiences.

Eileen M. Ouellette, MD, JD, FAAP
2005-06 President
American Academy of Pediatrics

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American Academy of Pediatrics
attn: Healthy Children Magazine
141 Northwest Point Blvd.
Elk Grove Village, IL 60007
healthychildren@aap.org

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For advertising information, please contact:
Kit Falvey
Vitality Communications
(336) 547-8970, ext. 3355

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Managing Editor Selby Bateman
Creative Director Jan McLean
Production Director Traci Marsh
Contributing Writer Sam Gaines

President William G. Moore
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Administrative Assistant Pat Schrader

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The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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IFC **Welcome**

Dr. Eileen Ouellette, AAP president, welcomes you to AAP's new authoritative resource for parents.

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The American Academy of Pediatrics would like to thank Shire for their sponsorship of this issue of *Healthy Children*.