

# How to Share Books with your 15-17 Month Old

- \* Even young children enjoy books and learn from sharing books with you.
- \* Sharing books with young children can help teach them to talk.
- \* Sharing books with young children can help them get ready to listen and learn in school.
- \* Set aside 5 to 10 minutes with the TV off for sharing books as part of your regular bedtime routine.
- \* Regular bedtime routines started when children are young help prevent bedtime struggles.
- \* Teaching young children how to fall asleep alone by putting them in bed awake helps prevent future night wakings.

## 15-17 Month Olds Can:

- \* Choose a book to share.
- \* Look at favorite pictures and make their own sounds for some of them.
- \* Point to 1 or 2 animals and make that animal's sound.
- \* Pay attention to a book for a few minutes at a time.
- \* Laugh, squeal and jabber while enjoying a favorite book with you.

## You Can:

- \* Find a quiet, comfortable place for book sharing.
- \* Name and say a few words about the pictures your child is pointing to or looking at.
- \* Imitate the sound or words your child says while looking at a picture. Then add a few more words like: "Yes, eyes. The girl has pretty eyes."
- \* Make up games, while looking at pictures, like: "Where's the girl's nose? Where's Mommy's nose? Where's your nose?"
- \* Name and then demonstrate actions in a book, such as "Laughing. Look at the boy laughing." Then laugh with your child!

