

# How to Share Books with your 18-23 Month Old

- \* Even young children enjoy books and learn from sharing books with you.
- \* Sharing book with young children can help teach them to talk.
- \* Sharing book with young children can help them get ready to listen and learn in school.
- \* Set aside 10 to 15 minutes with the TV off for sharing books as part of your regular bedtime routine.
- \* Regular bedtime routines started when your child is young help prevent bedtime struggles.
- \* Teaching young children how to fall asleep alone by putting them in bed awake helps prevent future night wakings.

## 18-23 Month Olds Can:

- \* Choose a book to share and tell you they want “more book” or “nother book.”
- \* Point to a favorite picture and say a word or two about it.
- \* Look at familiar animals and make their sounds.
- \* Finish some sentences from books they know very well, such as: “Happy faces. Sad.....”(faces) or “Big cat, little hat. Big hat, little.....” (cat).
- \* Enjoy a trip to your local public library for Story Time or to borrow some books.

## You Can:

- \* Find a quiet, comfortable place for book sharing.
- \* Help your child pronounce words better by imitating their word, then pronouncing it correctly and using it in a short phrase.
- \* Help your child understand by speaking in slow, short sentences, and waiting for your child to take a turn talking.
- \* Use book sharing as a way to calm and comfort your child.

