

# How to Share Books with your 2 Year Old

- \* Even young children enjoy books and learn from sharing books with you.
- \* Sharing books with young children can help them learn to talk better.
- \* Sharing books with young children can help them get ready to listen and learn in school.
- \* Set aside 10 to 15 minutes with the TV off for sharing books as part of your regular bedtime routine.
- \* Regular bedtime routines started when children are young help prevent future bedtime struggles.
- \* Teaching young children how to fall asleep alone by putting them in bed awake helps prevent future night wakings.

## 2 Year Olds Can:

- \* Choose a book to share.
- \* Enjoy sharing the same book over and over and over again!
- \* Repeat some of the words and phrases you say or read.
- \* Ask you questions, such as: “What’s that?”
- \* Enjoy a trip to your local public library for Story Time or to borrow some books.

## You Can:

- \* Find a quiet, comfortable place for book sharing.
- \* Use book-sharing as a way to calm and comfort your child.
- \* Start a conversation by repeating an important word your child has just said, You can say: “Balloon. Lots of balloons. The girl has lots of balloons.” Then wait for your child to say something more.
- \* Count pictures and wait for your child to repeat the numbers after you.
- \* Respond with enthusiasm to your child’s questions and comments.

