

**School Health Elective – Activity Companion**

**OVERVIEW OF GENERAL EDUCATION**

**Meets ACGME Competencies: MK, ICS, PL, and SBP**

**Resident Name:** \_\_\_\_\_ **PLI** **PLII** **PLIII** **PLIV** **Peds** **Med-Peds**

**School(s) Visited:** 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**COMPETENCIES**

KNOWLEDGE		SKILLS		ATTITUDES	
1. Classroom sizes in <u>ONE</u> of the schools I visited ranged from ___ to ___ students per class 2. Teacher:Student ratio in <u>ONE</u> of the school I visited ranged from ___ to _____. 3. I have visited ONE lunch room: Note a. # students bringing their lunch b. Diet’s nutritional value c. Food choices 4. Inquired about PE classes in the schools I visited: availability, participation, timing,.... 5. Learned about the student breakfast program	_____          _____          _____	1. Did any of the school personnel you visited consult you about a medical issue? • If yes, describe briefly: _____ _____ _____ _____ 2. Rate your competency in acting as a consultant to the schools	_____          _____	1. Please list <u>THREE</u> advocacy issues (Things that you would change) that you became aware of as a result of this experience: a. _____ b. _____ c. _____ 2. Rate your competency (C or NC) in understanding the school system (political/ economic environment)	_____          _____

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 ICS = Interpersonal and communication Skills                      PL = Professionalism                      SBP = Systems-Based Practice

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<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Demonstrate knowledge of classroom sizes, teacher: student ratio in various schools</li> <li>- Demonstrate familiarity with the lunch room: Food choices, # of students who bring their lunches, nutritional value of the diet, etc...</li> <li>- Learn about the student breakfast program</li> <li>- Learn about safety and environmental health issues in school: Playground safety, toxins, school neighborhood safety (arrival and departure from school)</li> <li>- Demonstrate knowledge about physical education classes: Students participation, availability of classes, timing, fitness issues</li> </ul>	<ul style="list-style-type: none"> <li>- Act as consultant to the school in issues related to environmental health, safety, physical education and nutritional counseling</li> </ul>	<ul style="list-style-type: none"> <li>- Gain an appreciation of the political/ economic issues that schools deal with related to nutrition, physical activity (PE), health education, health services, and social services.</li> <li>- Take an advocacy stance on issues related to school safety, lunches, vending machines in schools, etc...</li> </ul>

If you reflect on this exposure what are 2-3 things you learned about the school environment as they relate to environmental health issues, playground safety, school neighborhood?

As a result of this experience, please share briefly your thoughts on how would you view the pediatrician’s role in the general overview of educational environment?

**I certify that the above information is true and accurate to the best of my knowledge**

**Signed:** \_\_\_\_\_  
*Resident’s Signature*
*Date*

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**GUIDANCE**

**Meets ACGME Competencies:** PC, MK, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI**    **PLII**    **PLIII**    **PLIV**                      **Peds**    **Med-Peds**

**School(s)/ Grade levels Visited where interaction with guidance counselor(s) occurred:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**COMPETENCIES**

<b>KNOWLEDGE</b>		<b>SKILLS</b>		<b>ATTITUDES</b>	
1. The THREE most common issues/ conditions that guidance counselors deal with in schools are: a. _____ b. _____ c. _____ 2. Notice the setting in which guidance sessions occur 3. I participated in guidance counseling session: a. Individual b. Group		1. I have provided medical consultation(s) to guidance counselor(s) • If yes, list medical diagnoses that you were consulted on: a. _____ b. _____ c. _____ 2. Rate your level of competency in acting as consultant for the school guidance counselors		1. Do you see a role in collaborative work between the pediatrician and school guidance counselors? 2. If yes, list THREE settings/ issues/ diagnoses in which this collaboration would be beneficial: a. _____ b. _____ c. _____	

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<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Learn about the role of guidance counselors in schools                             <ul style="list-style-type: none"> <li>o Types of issues/ conditions that counselors deal with in school</li> </ul> </li> <li>- Demonstrate understanding of the complexity of the various issues</li> <li>- Demonstrate awareness of the settings in which guidance occurs</li> </ul>	<ul style="list-style-type: none"> <li>- Participate in a guidance counseling session as a member of the team</li> <li>- Act as a consultant to guidance counselors on medical issues.</li> </ul>	<ul style="list-style-type: none"> <li>- Become sensitive to the needs of the counselors to enhance communication between the primary care physician and guidance counselors.</li> <li>- Gain an appreciation for the role of the school in providing guidance and the role of the pediatrician in this situation</li> </ul>

If you reflect on this exposure what are 2-3 things you learned about the role of the school guidance counselors?

As a result of this experience, please share briefly your thoughts on how would you view the pediatrician’s role in the collaboration with guidance counselors? And how to improve that collaboration?

**I certify that the above information is true and accurate to the best of my knowledge**

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*Resident’s Signature*
*Date*

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**HEALTH SERVICES**

**Meets ACGME Competencies:** PC, MK, PBL, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI** **PLII** **PLIII** **PLIV** **Peds** **Med-Peds**

**School(s)/ Grade levels Visited where interaction with school nurse(s) occurred:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Schools for Children With Special Needs Visited:** 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**COMPETENCIES**

<b>KNOWLEDGE</b>	<b>SKILLS</b>	<b>ATTITUDES</b>
1. Name THREE types of health services that schools you visited are providing: <ul style="list-style-type: none"> <li>• _____</li> <li>• _____</li> <li>• _____</li> </ul> 2. The approximate % of schools in my county which has school nurses on site is: _____% 3. What struggles school nurses face? _____ _____	2. I have provided medical consultation(s) to school nurse(s) <ul style="list-style-type: none"> <li>• If yes, list medical issues/ diagnoses/ policies that you were consulted on:                a. _____                b. _____                c. _____             </li> </ul> 3. Rate your level of competency in acting as consultant for the school nurses _____	1. I gained appreciation of the following health services issues: <ul style="list-style-type: none"> <li>- # of students receiving daily meds in school _____</li> <li>- Variety and severity of chronic conditions in school _____</li> <li>- Improved communication between nurses and health care providers _____</li> <li>- Confidentiality issues faced by school nurses _____</li> </ul>

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<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Learn the scope of the services provided in schools, capabilities/ capacities of school nurses</li> <li>- Know the number of schools in your county that have school nurses</li> <li>- Demonstrate understanding of the set up in schools with no school nurses. Who assumes the role of health services provision?</li> <li>- Learn about the types of cases and diagnoses seen in school clinics?</li> <li>- Improve knowledge about school-based clinics</li> <li>- Know the legal/ confidentiality issues faced by school nurses.</li> </ul>	<ul style="list-style-type: none"> <li>- Act as a consultant to school nurses in the provision of care</li> <li>- Evaluate school policies</li> <li>- Enhance the mechanism of communication between the school nurse and primary care provider</li> </ul>	<ul style="list-style-type: none"> <li>- Gain appreciation of the:               <ul style="list-style-type: none"> <li>o Barriers to health delivery</li> <li>o Problems encountered by school nurses</li> <li>o Rx issues</li> <li>o Variety and complexity of health problems in school</li> <li>o Psychosocial issues</li> <li>o Students requiring individualized medical treatment(s) at school</li> </ul> </li> </ul>

If you reflect on this exposure what are 2-3 things you learned about the role of the school nurses and health services in schools?

As a result of this experience, please share briefly your thoughts on how would your interaction with the school system changes in caring for your patients in clinic?

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<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Demonstrate understanding of the developmental stages of the students and their understanding of health-related topics</li> <li>- Learn about the health education curriculum at specific grade levels</li> <li>- Be aware of class mix, class needs</li> </ul>	<ul style="list-style-type: none"> <li>- Apply the knowledge gained in child development to the preparation and delivery of age appropriate health education talk</li> <li>- Provide consultation to health education teachers on content of health education topics</li> </ul>	<ul style="list-style-type: none"> <li>- Gain an appreciation of the importance of early discussion of high risk behavior in critical age groups</li> <li>- Appreciate the complementary role of health education teachers to the pediatrician’s role in the provision of anticipatory guidance.</li> </ul>

If you reflect on this activity, what are 2-3 things you learned about health education in schools: Teachers, topics/ curriculum, and / or students?

As a result of this experience, please share briefly your thoughts on how would this interaction with the school system impacts on your anticipatory guidance provision for your patients in clinic?

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**SAFE AND DRUG FREE SCHOOLS**

**Meets ACGME Competencies:** PC, MK, PBL, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI** **PLII** **PLIII** **PLIV** **Peds** **Med-Peds**

**School(s) visited for this activity:** 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**COMPETENCIES**

<b>KNOWLEDGE</b>	<b>SKILLS</b>	<b>ATTITUDES</b>																								
1. Check on the school policy for students caught smoking or using drugs on school property in the schools you visited. 2. Is smoking a problem in any of the schools you visited? 3. What are some services offered by: <ul style="list-style-type: none"> <li>• The Mendez Foundation? _____</li> <li>• The Anti-Drug Coalition? _____</li> </ul>	1. I talked to students about the health risks of the use of illicit substances: 2. If yes, complete the table below: <table border="1" style="width:100%; border-collapse: collapse; margin-top: 5px;"> <thead> <tr> <th style="width:15%;">Grade</th> <th style="width:45%;">Topic</th> <th style="width:40%;">Teacher's Evaluation</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> <tr><td>_____</td><td>_____</td><td>C NC</td></tr> </tbody> </table>	Grade	Topic	Teacher's Evaluation	_____	_____	C NC	_____	_____	C NC	_____	_____	C NC	_____	_____	C NC	_____	_____	C NC	_____	_____	C NC	_____	_____	C NC	1. What is, in your opinion, the age of initiation of illicit substances use in the majority of school students? 2. What is the school role in substance abuse prevention? _____ 3. At what age should counseling about smoking and drugs begin? _____
Grade	Topic	Teacher's Evaluation																								
_____	_____	C NC																								
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**TEEN PARENT/ DROP-OUT PREVENTION**

**Meets ACGME Competencies:** PC, MK, PBL, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI** **PLII** **PLIII** **PLIV** **Peds** **Med-Peds**

**School(s)/ Grade levels visited where school-based clinic/ teen parent program exists:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**COMPETENCIES**

<b>KNOWLEDGE</b>		<b>SKILLS</b>		<b>ATTITUDES</b>	
1. Inquire about the drop out rate in the schools you visited over the past few years	_____	1. I provided care/ consultation to teen parent program/ school-based clinic.	_____	1. I am aware of the issues unique to teen parents:	_____
2. The reasons behind dropping out	_____	2. If yes, list three topics/ medical issues you were consulted on: _____ _____	_____	- The Whys?	_____
3. Ages group of students who drop out	_____		_____	- The struggles?	_____
4. Inquire about the teen parent program:	_____	3. I spoke to teen parent students about medical issues related to children	_____	2. I am aware of issues unique to drop outs:	_____
- Scope of services?	_____		_____	- The Whys?	_____
- Staff?	_____		_____	- The struggles?	_____
- Services for parent and babies?	_____		_____		
- Impact/ Value?	_____		_____		

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<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Learn the impact of a school-based clinic for adolescents without ready access to a primary care provider                             <ul style="list-style-type: none"> <li>o Minimizes absences</li> <li>o Provides a safe place for babies while moms complete their education (drop out prevention)</li> <li>o Provides ongoing pregnancy prevention education</li> </ul> </li> <li>- Gain knowledge about the services provided</li> </ul>	<ul style="list-style-type: none"> <li>- Act as a consultant and help with care provision of both teens and babies</li> </ul>	<ul style="list-style-type: none"> <li>- Note the whys of teen pregnancy</li> <li>- What is life like for a teen parent?</li> <li>- Be aware of the legal/ confidentiality issues</li> </ul>

If you reflect on this exposure what are 2-3 ways/ initiatives that need to be implemented to prevent student drop out?

As a result of this experience, please share briefly your thoughts on the role of the pediatrician in teen pregnancy and drop out prevention?

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**EXCEPTIONAL STUDENT EDUCATION**

**Meets ACGME Competencies:** PC, MK, PBL, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI**    **PLII**    **PLIII**    **PLIV**                      **Peds**    **Med-Peds**

**Exceptional Student School(s) Visited:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**COMPETENCIES**

KNOWLEDGE		SKILLS		ATTITUDES	
1. Notice the following: <ul style="list-style-type: none"> <li>• Types of therapies offered _____</li> <li>• Case mix and diagnoses _____</li> <li>• # of children on daily medications _____</li> <li>• Testing criteria for learning disabilities _____</li> </ul> 2. The most common learning disability is: _____		1. This activity allowed me to interact with the following health professionals (Name <u>three</u> ): <ul style="list-style-type: none"> <li>a. _____</li> <li>b. _____</li> <li>c. _____</li> </ul> 2. I was consulted during this activity about medical conditions: <ul style="list-style-type: none"> <li>• If yes, describe briefly: _____</li> </ul>		1. I gained appreciation of the following issues related to Children with Special Health Care Needs (CSHCN): _____ _____ _____ _____	
3. Name Three placement categories: _____					
4. I am familiar with IDEA and ADA _____					
5. I participated in developing an IEP _____					

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<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Demonstrate knowledge of the types of therapies offered in the school environment</li> <li>- Demonstrate understanding of the relationship between CMS and School Health Services</li> <li>- Gain familiarity with the educational environment of the exceptional child</li> <li>- Acquire knowledge about: IDEA, ADA, IEP, the definition and types of learning disabilities, as well as placement and testing criteria.</li> <li>- Demonstrate knowledge of the case mix and conditions/ diagnoses dealt with</li> <li>- Demonstrate understanding of the issues related to CSHCN in Schools:               <ul style="list-style-type: none"> <li>o Adaptive devices</li> <li>o Medical therapies and education</li> <li>o Medical complexity of students</li> <li>o Multidisciplinary approach</li> <li>o Attend OT/PT/ Speech</li> <li>o How and who maintains braces, wheelchairs, communication devices</li> <li>o Group versus individual therapy</li> <li>o Where do Rx's for therapy get generated?</li> <li>o Training and availability of therapies</li> <li>o Reimbursement policies for services</li> <li>o Educational impact of therapies</li> </ul> </li> <li>- Demonstrate understanding of the issues related to EMH, EH, Learning Disabilities:               <ul style="list-style-type: none"> <li>o Testing criteria</li> <li>o Placement categories</li> <li>o # of children with ADHD, on psych meds, stimulants,....</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>- Enhance the communication between the school and the primary care provider</li> <li>- Demonstrate collaboration with nurses and care teams.</li> <li>- Act as a consultant for the schools in issues related to exceptional students and the impact of the specific chronic conditions on learning.</li> </ul>	<ul style="list-style-type: none"> <li>- Gain appreciation of the physician's role in the coordination of care</li> <li>- Gain appreciation of the role of appropriate testing and placement in fostering a learning environment that allows overcoming the adversities of chronic illnesses and their impact on learning</li> </ul>

If you reflect on this exposure what are 2-3 things you learned (Things you did not know) about the exceptional schools, their interaction with the primary care provider in caring for CSHCN?

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**SCHOOL PSYCHOLOGY**

**Meets ACGME Competencies:** PC, MK, PBL, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI** **PLII** **PLIII** **PLIV** **Peds** **Med-Peds**

**School(s) Visited where interaction with school psychologist(s) occurred:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**COMPETENCIES**

<b>KNOWLEDGE</b>		<b>SKILLS</b>		<b>ATTITUDES</b>	
1. In addition to school psychologist, what other members/ disciplines are parts of a Multidisciplinary Behavior Intervention Team? _____ _____ _____		1. I was consulted during this activity about the following issues/conditions: • _____ • _____ • _____		1. Note the importance of sharing information for diagnosis and treatment purposes 2. In what context/cases will school psychology be helpful to your practice? • _____ • _____ • _____ • _____	
2. Note the process of referral to psychological services _____		2. I participated in the design and/or the evaluation of _____ (#) IEP(s) for the following diagnoses: • _____ • _____			
3. Three reasons for referrals include: a. _____ b. _____ c. _____					

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<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Demonstrate familiarity with the scope of the Multidisciplinary Behavior Intervention Team</li> <li>- Demonstrate knowledge about IEP</li> <li>- Demonstrate awareness of the reasons for referrals to psychological services</li> <li>- Be familiar with methods used to complete a referral to psychological services</li> <li>- Learn about the psycho-educational process</li> </ul>	<ul style="list-style-type: none"> <li>- Act as a consultant for the team regarding behavior meds, medical conditions affecting behavior/ development</li> <li>- Assist in student evaluation and the design of an IEP</li> </ul>	<ul style="list-style-type: none"> <li>- Demonstrate commitment to cooperative sharing of information for diagnostic treatment purposes</li> <li>- Gain an appreciation for the types of problems needing referral and the expectations</li> </ul>

If you reflect on this exposure what are 2-3 things you learned (Things you did not know) about school psychology?

As a result of this experience, please share briefly your thoughts on how would you view the pediatrician’s role in the collaboration with school psychologists? And how to improve that collaboration?

**I certify that the above information is true and accurate to the best of my knowledge**

**Signed:** \_\_\_\_\_

*Resident’s Signature*

\_\_\_\_\_

*Date*

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PL = Professionalism

SBP = Systems-Based Practice

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**School Health Elective – Activity Companion**

**SCHOOL SOCIAL WORK**

**Meets ACGME Competencies:** PC, MK, PBL, ICS, PL, and SBP

**Resident Name:** \_\_\_\_\_ **PLI** **PLII** **PLIII** **PLIV** **Peds** **Med-Peds**

**School(s) Visited where interaction with school social worker(s) occurred:**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

**COMPETENCIES**

<b>KNOWLEDGE</b>	<b>SKILLS</b>	<b>ATTITUDES</b>
1. This activity allowed me to learn about: - Sources of assistance for needy students: (Name two) _____ _____ - Two community agencies and their roles: a. _____ b. _____ - The approximate % of schools in my county which has social worker on site is: _____%	1. I am familiar with the referral process to social work in school _____ 2. Exchanged with social worker communication/consultation about medical/social issues. _____ 1. If Yes, list <u>Three</u> topics/cases/issues: a. _____ b. _____ c. _____ 3. Went on a home visit with social worker _____	1. Note the importance of communication with school social work for diagnosis and treatment purposes _____ 2. In what context/cases will school social work be helpful to your practice? _____ • _____ • _____ • _____ • _____

**C = Competent    NC = Not Competent    N/A = Not applicable    Y = Yes    N = No**

**ACGME Competencies:**  
 PC = Patient Care                      MK = Medical Knowledge                      PBL = Practice-Based Learning and Improvement  
 ICS = Interpersonal and communication Skills                      PL = Professionalism                      SBP = Systems-Based Practice

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**School Health Elective – Activity Companion**

<b>OBJECTIVES</b>		
<b>Knowledge</b>	<b>Skills</b>	<b>Attitudes</b>
<ul style="list-style-type: none"> <li>- Demonstrate familiarity with the process of obtaining assistance for needy students and their families from outside agencies</li> <li>- Learn from social worker about community agencies and their scope of services and roles, and ways to access them</li> <li>- Demonstrate knowledge of a biopsychosocial diagnostic process</li> <li>- Demonstrate knowledge about the services provided by the social worker and where the referrals are generated</li> <li>- Demonstrate knowledge about the number of schools in your county that have social workers</li> </ul>	<ul style="list-style-type: none"> <li>- Demonstrate ability to generate referrals to social services in school</li> <li>- Demonstrate a collaborative approach to social problems that is based on communication with the child and the social worker in school</li> <li>- Demonstrate ability to view pathology from a systems perspective</li> </ul>	<ul style="list-style-type: none"> <li>- Gain an appreciation of the impact of social issues on learning</li> <li>- Demonstrate a belief in the importance of communication between the social worker and the primary care provider in providing a team approach to the student</li> </ul>

If you reflect on this exposure what are 2-3 things you learned (Things you did not know) about school social work?

As a result of this experience, please share briefly your thoughts on how would you view the pediatrician’s role in the collaboration with school social worker(s)? And how to improve that collaboration?

**I certify that the above information is true and accurate to the best of my knowledge**

**Signed:** \_\_\_\_\_  
*Resident’s Signature*

\_\_\_\_\_  
*Date*

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