

American Academy of Pediatrics Council on Community Pediatrics  
2005 National Conference and Exhibition  
October 8-11, 2005  
Washington, DC

**Building Skills in Motivational Interviewing Session H-317**

Sponsored by the:  
Council on Community Pediatrics

Moderator: Peter Simon, MD, FAAP

8:30 am – 11:30am  
(Jackie Hecht, RN, MSN and Michael Goldstein, MD, and Karen Emmons, PhD)

**I. Addressing Successes in Behavior Change**

- Assessment of the audience
- Encourage audience to think about their success in helping patients with behavior change

**II. Historical perspective**

- What we know about behavior change (more broadly)
- What we've learned about Motivational Interviewing

11:30 am – 12:00 pm

**III. Reflective listening activity (broad based)**

Noon- 2:00 pm

**IV. Break (COCP Special Interest Group Networking Lunches)**

Resident Education and Training	Prevention and Public Health
Rural Health	Indian Health

2:00 pm – 4: 00 pm

**V. Role Play (audience to work with their own issue)**

**VI. Role Play: (Interactive/ Behavioral Cases)**

10-12 ppl/ table (6-8 tables)  
Actor/ Facilitators

4:00- 5:00

**VII. Final Discussions and Wrap Up**