



District III Resident Newsletter

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District of Columbia, Maryland, West Virginia, Pennsylvania, Delaware, and New Jersey



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Hello District III, and happy spring! Thank you to everyone who has been active in our District, participating in the conference calls, and giving us updates on what your programs are doing. We have some exciting news from District III and from the national Section on Medical Students, Residents, and Fellowship Trainees (SOMSRFT).

In February, Jen and I attended the **Long-Range Planning Meeting** with the other 22 members of the SOMSRFT Executive Committee. The goal of the meeting was to review the accomplishments our Section has made over the past year and to plan the activities of the next 1-3 years. One highlight of the meeting was planning our Section's advocacy project for 2009-2010 (to start at the National Conference in October). The topic for the upcoming year will be **immunizations**; what we as trainees can do to counsel parents who refuse vaccines, how we can use the media to effect change, and what we can do on a policy level. We have had so much success partnering with the Richmond Center on the Target Tobacco project that we were thankful to have the Senior Section offer to work with us on the immunization project. The Senior pediatricians have seen children suffer from polio, Hib, and other diseases that are now vaccine-preventable, and they want to join us in advocating for vaccines. We also met with the AAP staff to create a strategic plan on how to integrate medical students and fellows more seamlessly into the Section, make the AAP website more useful to trainees, and partner with other organizations such as the American Board of Pediatrics and the Association of Pediatric Program Directors.



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On the District level, we have decided that this year's District Advocacy Project will be **oral health**. This is our opportunity to improve our oral health screening and learn what policy is being discussed in our chapters. Step-by-step guidelines on how to educate your fellow residents – and community physicians! – are on pages 2 and 3 of this newsletter, including a PowerPoint presentation that you can download from the AAP website and a module that residents can do on their own as self-study.

As the year is starting to wind down, some of you will be moving on to the next stage of your careers. To the graduating residents, please take some time in the upcoming months to pass on the torch to other residents in your program who can carry on with the dedication that you have for the AAP's advocacy and education initiatives. Thank you for the time and energy that you have dedicated to the AAP!

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IN THIS ISSUE

District III Advocacy	2
Get published	4
Info for Graduates	4
ALF Updates	5
District Contacts	6

Through discussions with Program Delegates, District III Residents and other District III FAAP leaders, the 2009 District III Advocacy Project will focus on Oral Health. As this is a key focus of the AAP this year – there are numerous resources and enthusiasm available to our programs. Program Delegates will be working with resident leaders this Spring to begin to share educational resources to all District III members.

Oral Health Resources Available Through the AAP

[HTTP://WWW.AAP.ORG/ORALHEALTH](http://www.aap.org/oralhealth)

Each chapter (that's your state) has a CHAPTER ORAL HEALTH ADVOCATE. These physicians have committed to helping to promote good oral health for children in their respective chapters and can serve as a primary source of education and guidance as each program bring oral health awareness to its residents.

Check out the CHAPTER ORAL HEALTH MAP on this website for your Advocate's contact information.

Did you know.....

Dental caries is the most common chronic disease affecting children in the United States. It is 5 TIMES more common than asthma and 7 TIMES more common than seasonal allergies.

Remember that healthy teeth lead to great physical health!

Dental Caries causes

Extreme pain	Spread of infection
Difficulty chewing	Poor weight gain
Falling off the growth curve	Extensive and costly dental treatment
Risk of decay in adult teeth	Crooked bite (malocclusion)

Consequences of Dental Caries

- Missed School Days
- Impaired language development
- Inability to concentrate in school
- Reduced self esteem
- Possible facial cellulitis
- Possible systemic illness



Oral Health Risk Assessment Training: A Pediatric Oral Health Training Program for Physicians

3

Program Delegates and Chapter Delegates: How do you educate and advocate for child oral health? The AAP has already created a module that you can present to your residents, and even invite the community pediatricians!

Just go to <http://www.aap.org/oralhealth/ohra-cme.cfm> then click the links below:

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™

Home | Parenting Corner | Health Topics | Bookstore & Publications | Professional Education & Resources | Advocacy | Members | About

Oral Health Initiative
A program of the American Academy of Pediatrics

Search: Oral Health

E-News | AAP Oral Health Projects | Fluoride Information | Oral Health Links | AAP Oral Health

Oral Health Risk Assessment: Training for Pediatricians and Other Child Health Professionals

Pediatricians can play an important role in children's oral health outcomes, particularly since they typically see young children early and often. With proper training in how to perform an oral examination and how to conduct an oral health risk assessment, pediatricians and other health care professionals can minimize in children serious health consequences that include a higher risk of new carious lesions, hospitalizations and emergency room visits, delayed or insufficient physical development, loss of school days, and a diminished ability to learn.

The purpose of this training is to provide a concise overview of how to perform an oral examination and conduct an oral health risk assessment and triage for infants and young children. This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME). The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

[Access the Oral Health Risk Assessment: Training for Pediatricians and Other Child Health Professionals.](#)

[Download a PowerPoint of the training.](#)

To request a copy of this training on CD, e-mail your contact information to oralhealthinfo@aap.org.

oralhealthinfo@aap.org

Click here to download the PowerPoint presentation!

Click here to view the module, which includes notes for the speaker!

Ready to get your program excited about our 2009 ORAL HEALTH ADVOCACY PROJECT ??????

- Contact your Chapter Oral Health Advocate
- Present the Oral Health Training Presentation in your program
- Review the many resources available on www.aap.org
- Enlist the support of enthusiastic faculty member who will support your great efforts.
- Contact local dentists to join resources
- Make an easy contact list for patients to find local dentists and list which insurance the dentist accepts
- Do you have a Dental School in your city? Often there are services available at a reduced cost – a possible great resource for patients!
- **SHARE YOUR IDEAS & SUCCESS WITH YOUR DISTRICT III FRIENDS!!!**

Did your 3 AM admission turn out to be a fascinating education case?
Did a common pediatric illness present in your ER in a most unusual way?
Did you find a physical examination that pointed directly to the diagnosis?

4

GET PUBLISHED!
TEACH YOUR PEDS PEERS AROUND THE COUNTRY!
BE A PART OF THE 2009 NCE!!!

The AAP Section on Medical Students, Residents and Fellowship Trainees has held an annual "Clinical Case Competition" since 2003. Residents can submit abstracts of interesting cases they have come across in training through the Academy's online abstract submission process. The abstracts are judged by a committee of resident leaders and the top ten authors are invited to present their case in poster format at the annual National Conference and Exhibition (NCE) Resident & Medical Student Reception. In addition the winners are awarded free one-day registration for the conference. The first place winner is announced that evening and will have their case PUBLISHED in PEDS IN REVIEW as an "Index of Suspicion" article.

For information go to:

<http://aap.confex.com/aap/2009/cfp.cgi>

Deadline is April 17, 2009

Are you a graduating resident?
Headed to fellowship or joining your first practice?

CONGRATULATIONS!!!!!!

Please let District III and the AAP know your future contact information by filling out an easy online form:

http://www.aap.org/ypn/r/funding_awards/gradres-form.html

THE AAP ALF.....The Annual Leadership Forum Update

5

How you can utilize the AAP to work to further your advocacy work!

On March 12 – 15, 2009, the national, chapter (state), and section (special interests of pediatricians) leaders of the American Academy of Pediatrics met in Schaumburg, Illinois. This annual forum is designed to bring the interests and levels of the members to an organized meeting. The focus of this meeting is, in fact, to decide as a democratic body, what will be the future work, priorities, and commitments of the AAP.

At this year's ALF, we discussed the resolutions that were written and championed by any member of the AAP. The resolutions discussed were subject to prior rounds of evaluation by appropriate leadership. For the SOMSRFT, that occurs at the October NCE, when the program delegates get to support or reject each submitted resolution. Hence, the delegates representing the 10,000 resident members get to vote to make a statement about our SOMSRFT priorities to the AAP. The forms for Resolutions for 2010 are already available at the AAP website! All members of the AAP (**this means YOU, as a resident or fellow member**) can submit a resolution for consideration by the leadership.



SOMSRFT 2008-2009 Executive Committee

The 2009 ALF was particularly exciting for the SOMSRFT! Many resolutions submitted from residents were approved by the ALF members. Among these – a resolution to implore the AAP to advocate for residents to delay loan repayment throughout training, a resolution to reduce the registration cost of the NCE for residents (written by our very own District III Assistant Coordinator!), and a resolution to require the AAP to work with programs for better support for international rotations.

Perhaps most exciting was the approval of the resolution to provide a vote for each of the 24 executive members of the SOMSRFT in the national AAP president election. In effect, each district of residents will now have 2 votes for the AAP president. The AAP is our professional home and a vast resource and platform for issues that are important to our patients and to us, as pediatricians. It is exciting that in the future, we will be able to help chose the national leader of this organization.

The “adopted” resolutions now go on to final evaluation by the AAP Executive Committee. A summary of all of the discussed 2009 resolutions can be found on the AAP website. (Log onto the Member Center and click on ALF.) We congratulate the resident resolutions that passed and look forward to more great resolutions from District III.

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If your program is not listed,
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