



District III Resident Newsletter

October 2008 (Pre-NCE)

Representing the District of Columbia, Maryland, West Virginia, Pennsylvania, Delaware, and New Jersey



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Welcome to another great year of the District III Residents' Section! Congrats to all new program delegates and welcome back to those returning. The Residents' Section of the American Academy of Pediatrics is the largest section in the organization created to meet the needs and represent the interests of medical students, residents and fellows-in-training as we prepare to become the future leaders in Pediatrics as well as advocates for children.

This past year has been phenomenal in the work that the District has done on behalf of children through advocacy. Through programs promoting smoking cessation to efforts in eliminating childhood obesity through alternative exercise programs, medical students, residents and fellows-in-training continue to champion for children. As a district we embarked on two advocacy projects: a letter writing campaign for Cover the Uninsured Week and a bone marrow registry drive with over 200 people being placed onto the national registry within the District. Special thanks to the following programs for your hard work and tireless efforts in promoting and implementing these projects: A.I. DuPont, Children's National Medical Center, Christiana Medical Center, and University of Maryland Medical System. Your love for the health care of all children is appreciated and has not gone unnoticed.



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As the dawn of a new president and administration looms over the horizon for our country in the upcoming months, we are still faced with issues regarding the reauthorization of SCHIP and the health care concerns of our littlest patients. May we stand as an example to others to take part in the democratic process to ensure that our voice is heard. May we continue to work as a District to represent and champion the rights of all children. As we meet in Boston for the National Conference and Exhibition (NCE), may we have a renewed fervor for our work in the field of Pediatrics.

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I wish you safe and peaceful traveling mercies as you travel the highways and byways to Boston and I look forward to seeing you at the NCE!

Tyler K. Smith, MD
District III Resident Coordinator

experieNCE the National Conference! (Oct 11-14) ²

The NCE in Boston is just around the corner! Whether this is your first time attending the National Conference, or you are a frequent flyer, you'll be amazed at the educational, networking, and career building opportunities packed into this year's conference.

So, how do you navigate your way through the dozens (or hundreds!) of available opportunities? Here's a quick guide of the events that will be relevant to residents...

Peds 21: Oral Health in the 21st Century

Friday, October 10, 12:00pm-5:00pm

Goals:

- Promote collaboration between the medical and dental communities in addressing children's oral health.
- Improve child health professionals' understanding of the causes and prevention of early childhood dental caries, the long- and short-term consequences of dental disease, and impact of dental disease on the individual, family, and community.
- Provide information about the systems of care for the improving children's oral health.

Resident Assembly – Growing up in the AAP

Saturday, October 11, 7:30am-5:00pm

Mentors Make a Difference
Elections of National Officers
2008 Resident Section Advocacy Project
District Breakout Session
Educational Workshop Sessions
Debate and Voting on Resolutions

Leadership 101: What They Forgot to Teach You in Residency

Sunday, October 12, 9:00am - 4:00pm

This session includes multiple topics and speakers that aim to enhance the participants' knowledge of leadership. These include focused discussion on what qualities encompass a leader, the function and significance of teams relating to young physician's experiences and the system theory and change. The session will conclude with the participants applying their knowledge to case studies drawn from real-life scenarios.

Resident & Medical Student Reception & Poster Display

Friday, October 10, 5:30-6:30pm

Come eat, drink, network and view the many clinical case posters and international elective award posters. You'll also have an opportunity to meet with your resident district leadership and learn more about what's going on in your district.

Young Physicians Reception

Sunday, October 12, 7:00-8:00pm

Come eat, drink, and network with your colleagues and have an opportunity to win one of many raffle prizes.

Pop Quiz: Can you identify your Chapter?

District III is quite possibly the most historic and unique District in the AAP! Can you recognize each of the 6 Chapters in these photos? Answers on page 4.

#1



#3



#4



#2



#5



#6



It's not too late to lead!

The deadline for national positions has passed, but it's not too late to apply for liaison positions! Check out the open positions:

- Community Access to Child Health (CATCH)
- Section on Pediatric Dentistry/Steering Committee on Oral Health
- Medical Student Subcommittee Chair (AMSA liaison)
- Section on Administration & Practice Management
- Section on Epidemiology
- Section on Hospital Medicine



This could be you!

Why apply?

- Network with pediatricians who are experts in the field
- Build your leadership skills
- Understand the role of the AAP in medical education and patient management
- Strengthen your resume

And, of course...

- Advocate for children!

Above: Resident Section Executive Committee taking a break at this year's Long-Range Planning Meeting.

The scoop:

All liaison positions are 2-year terms

Deadline for applications: November 1st

Online application:

www.aap.org/sections/ypn/r/resident/leadinterestform.pdf

Email Bridgette Mathis (bmathis@aap.org) for more information on the leadership positions

Answers to Pop Quiz:

- #1 – Oriole Park (Maryland)
- #2 – Blackwater Canyon (West Virginia)
- #3 – Atlantic City (New Jersey)
- #4 – du Pont Children's Hospital (Delaware)
- #5 – World War II Memorial (Washington, DC)
- #6 – Philadelphia Museum of Art (Pennsylvania)

What has the AAP done for you lately?

(www.aap.org/ypn/r)

Economic Loan Deferment - "20/220 pathway"

The AAP joined the AMA, ACP, AAFP, ACOG and numerous other medical organizations in sending a letter to the Secretary of Education urging her to reinstate the debt-to-income ratio of the economic hardship loan deferment ("20/220 pathway") permanently, or provide an equivalent funding mechanism for loan deferments so that medical residents continue to have an option to postpone loan payments, without facing financial penalties.

New Educational Resource – Free for residents

Starting in August 2008, the AAP has been providing free of charge to all pediatric residents a 1-year subscription to **Pediatric Care Online**, a quick pediatric reference available online and downloadable onto a PDA.

For more info, check out:
www.pediatriccareonline.org/prepared

New Immunization Alliance

The AAP has joined over 20 other organizations in forming an alliance to educate the public on the importance of vaccine compliance and to ensure ongoing research on the safety and efficacy of vaccines. As Renee Jenkins, AAP President said, "We do not want to become a nation of people who are vulnerable to diseases that are deadly or that can have serious complications, especially if those diseases can be prevented." For more information on how to get your chapter involved:
<http://aap.org/advocacy/releases/sept08immunizationalliance.htm>

Fall Resident Report now online!

The latest issue of Resident Section newsletter, *Resident Report*, is now online on the website. Check it out for resident-written articles, including a point/counterpoint on the question: "**Should residents who take parental leave have to make up the time?**" What do you think? Check out the article and decide!

It's also packed with articles on negotiating your first contract as a new pediatrician, and innovative ways to advocate – with filmmaking!

Moving out of the training phase of your career? Time to find a new home in the AAP?
Join the Young Physician's Section!

Click to find your local representative and check out the perks of staying in the AAP beyond residency:
www.aap.org/moc/memberships/district3/d3yp.htm

Young Physicians



District III Leadership Contact Information

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2007-2008 contact information above will be updated at the NCE in October.

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