



District IV Resident and Fellow Newsletter

Kentucky, North Carolina, South Carolina, Tennessee, and Virginia

Spring 2008

Look inside for more information on...

- AAP Resident News
- Grant opportunities
- Upcoming meetings
- Online resources

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Winter Meeting Update Resident Resolution Takes 2nd Place at AAP Annual Leadership Forum

In February, the resident section executive committee met in Chicago to determine our agenda for the next year and to plan next year's Resident Day at the National Conference and Exhibition in Boston. If you haven't been to the NCE, we highly recommend it as they are informative, fun, and a great way to meet like-minded pediatricians as well as national leaders in pediatrics.

Leaders from sections, state chapters, councils and committees come together for workshops and to move the AAP's policy stances forward



through the resolution process. Our very own resident section created an impressive number of resolutions at the NCE this past fall. Ten of these were selected for submission to the ALF for con-

sideration along with resolutions from other AAP bodies. Following further presentation and debate, the ALF selected the AAP's overall top 10 resolutions, which are in turn presented to the Academy's Board as recommended priorities for the year. We were very happy as a resolution from District IV, asking for 30 minutes of daily physical activity for all school children was the second highest ranked resolution!

The other Top 10 resolutions from the ALF were: Marketing Immunizations to Parents,
(continued on page 2)

In March, resident executive members traveled to the AAP's Annual Leadership Forum (ALF), which is the annual planning meeting for the AAP.

Taking Action Against Elimination of Resident Loan Deferment and Pediatric GME Funding

The American Academy of Pediatrics has been increasingly concerned about the issue of economic hardship deferment. A **resident's ability to defer loan repayment while in training is now threatened.** Until July 1, 2009, residents

will be eligible for economic hardship through the old 20/220 pathway. However, as a result of the College Cost Reduction and Access Act of 2007, a new income-based repayment program will go into effect on July 1, 2009 and residents will no

longer be able to defer loan payments without penalty. (continued on page 2)



**Winter Meeting Update
Resident Resolution Takes 2nd Place at AAP Annual Leadership Forum**

(continued from page 1)
Health Care for All Children Includes Immigrant Children, Medicaid and SCHIP Payment Rates, Appropriate Payment for Cognitive Services, Reducing Administrative m Barriers to Medicaid and SCHIP Enrollment for Eligible Children, Payment for Developmental Screening and Anticipatory Guidance, Strategic Planning and AAP Taskforce on Early Brain and Child Development, AAP Policy Development on State Mandated

Universal Vaccine Purchase.

The Resident Section Executive Committee lobbied hard for a top 10 resolution addressing the potential change to loan deferment for residents, and we received a lot of support, but the resolution did not make the top 10.

Remember, any resident or fellow can submit a resolution. Write Stephen Pont Stephen.pont@vanderbilt.edu or Denise Aronzon at denisearonzon@gmail.com for more information.



Class of '08



Are you graduating?

Keep your AAP membership up-to-date at www.aap.org.

Also, check out the AAP's site on *life after residency!*

http://www.aap.org/sections/ypn/r/life_after/

**Taking Action Against
Elimination of Resident Loan Deferment and Pediatric GME Funding**

(continued from page 1)
The AAP Federal Affairs Office has drafted a letter for each resident and program director to send to their legislators. You can obtain a copy of the letter from your program delegate or by emailing your district coordinator and assistant district coordinator. In other news, the 2009 Federal budget calls

for the elimination of children's hospital GME program funding. This budget cut would affect 30% of pediatric residents and nearly 100% of pediatric fellows.

Please take a moment to let Congress now how these issues will affect you and your patients. You can find your legislators at www.congress.org and contact them by email, fax, phone calls, and snail mail.



New at AAP.org - Oral Health Training



The Oral Health Risk Assessment Training for Pediatricians and Other Health Professionals is now available online for **FREE**. The purpose of this training is to provide a concise overview of how to perform an oral examination and conduct an oral health risk assessment and triage for infants and young children. The training is available online at: <http://www.aap.org/commpeps/doors/oralhealth/cme/>.

Apply for the Anne E. Dyson Child Advocacy Award



The [Anne E Dyson Child Advocacy Award](#), supported by the Dyson Foundation, celebrates the outstanding efforts of pediatricians-in-training as they work in their communities to improve the health of children. Any resident sponsored and/or resident led project that seeks to advocate on behalf of children is eligible for this award, which seeks to showcase projects that are designed and implemented by residents, which aim to improve the lives of children. [Applications](#) are now available and will be due with all supporting materials on **July 1st, 2008**.



CATCH Resident Funds Program

2009 CALL

FOR PROPOSALS

July 31, 2008 Deadline

New at AAP.org - Learn to Code

[AAP Pediatric Coding Newsletter™](#) is published by the American Academy of Pediatrics (AAP), with review by the AAP Coding Publications Editorial Advisory Board. This premier coding advisory provides peer-reviewed, AAP-endorsed coding guidance, practical and accurate solutions to pediatric coding questions, and exclusive insights from experienced practitioners, all custom-built with complete print and online access to content. This sample AAP Pediatric


Coding Newsletter published in January 2008 provides hands-on coding guidance, allowing residents to strengthen their competency in systems-based practice as part of the ACGME educational curriculum. This issue focused on many of the questions pediatric practices have about the correct reporting of immunization services. For more information on this coding resource, visit <http://coding.aap.org>.



The Community Access to Child Health (CATCH) Resident Funds program supports pediatric residents in the planning of community-based child health initiatives. Grants of up to \$3,000 are awarded twice each year on a competitive basis for pediatric residents to address the needs of children in their communities. Resident grants are available twice a year—May to July, during the CATCH Planning Funds grant cycle, and November to January, during the CATCH Implementation Funds grant cycle.

For more information, check out <http://www.aap.org/catch/residentgrants.htm>.

Contact your District IV Resident CATCH Liaison, Arthi Krishnan, at arthikrishnan@yahoo.com, or your Chapter Catch Facilitator (contact information at <http://www.aap.org/catch/RosterChapterFac.pdf>) for help in applying.



www.aap.org/ypn

A young pediatrician-driven Web site that contains all the links
and resources of interest to the new generation!
Any questions please contact Julie Raymond at jraymond@aap.org.

District IV Notes

Kentucky

University of Kentucky

We have had a very busy and successful year, including a new oral health program, resident participation in Child Advocacy Day and a Spotlight on Pediatric Research Day.



- In Kentucky, only about 18% of dentists accept Medicaid and pediatric dentists are in short supply in rural parts of the state. This highlights the need for pediatricians to play a role in the oral health of Kentucky's children. Therefore, The University of Kentucky Pediatric Residency program in conjunction with the Department of Pediatric Dentistry has developed a new oral health curriculum for pediatric residents. The curriculum consists of oral health lectures by pediatric dental faculty at noon conferences as well as the initiation of dental fluoride varnish application for at risk children in the resident continuity clinic. For 2 weeks following the curriculum, a pediatric dentist is present in the continuity clinic to provide hands-on teaching.
- Pediatric and Child Psychiatry residents from the University of Kentucky joined other child advocates in Frankfort, KY for Child Advocacy Day. The day started with advocacy training at the office of the KY Chapter of the AAP followed by a child health rally. Residents then met with their respective state legislators and senators about the child health impact of pending bills. UK residents focused on issues of school health; specifically bullying, vending machines, and exercise in schools. Out of this experience has come increased enthusiasm for our role in political advocacy as well as a budding partnership with our natural allies in child advocacy, Child Psychiatry.
- The Pediatrics Residency Program is also pleased to announce its new website: <http://www.mc.uky.edu/pediatrics/>

University of Louisville

P.U.S.H (Pediatricians Urging Safety and Health), our resident led advocacy initiative affiliated with the KY Chapter of the AAP, has been busy. Katherine Snyder, MD, MPH (PGY-2) spoke at a press conference in the KY Capitol rotunda about childhood obesity and the AAP's support of house bill 34 requiring 30 minutes of physical activity for all children K-8. PUSH also lobbied for passage of more stringent booster seat requirements for older children. Anthony Theile, MD (PGY-3) and faculty member Dr. Mary Clyde Pierce have worked together to develop a child abuse fact card for residents. PUSH has an exciting new website at <http://louisville.edu/medschool/pediatrics/residents/advocacy>,



In other news:

- Anthony Theile, MD (PGY-3), Eleanor Braun-Eads, MD (PGY-2), and Justin Morgan (PGY-1) attended the AAP Legislative Conference in Washington D.C. March 29-April 1, 2008.
- Adesa Okupa, MD (PGY-2) was accepted to and attended the AAAAI Conference in Philadelphia on March 13-16, 2008.
- Joshua Sparks, MD (PGY-2) and faculty member, Dr. Bibhuti Das, have had a case report of Mycobacterial infection and scimitar syndrome accepted for publication in the Journal of Congenital Heart Diseases in Children.
- Monique Bohun, MD (PGY - 1) will attend the Royal College of Paediatrics and Child Health Conference in England April 13-18, 2008.
- Erin Owen, MD (Chief Resident), Purvi Shroff, MD (PGY-2), Jaime Pittenger, MD (PGY-2), Anthony Theile, MD (PGY - 2), and Erica Green, MD (PGY - 1) attended the Children's Day at the Capitol on February 7, 2008.
- Katherine Snyder, MD, MPH (PGY - 2) presented data from her research on "Shaken Baby Syndrome" at the NCE in October, 2008 in San Francisco and will present more of her data at the PAS in May, 2008 in Hawaii. Jeremy Gerwe, MD (PGY - 2) has developed and is managing a lecture series titled "Medical Spanish" that is held monthly.

Would you
like to see more
about your program
in the newsletter?

We'd love to hear what's
new at your
residency program.

Talk with your AAP rep or
email us your news at:
stephen.pont@vanderbilt.edu
denisearonzon@gmail.com

Pictures are always welcome!

District IV Notes

North Carolina

University of North Carolina at Chapel Hill

Ongoing research projects including all third year residents working on quality improvement projects in our continuity clinic. One specific research project by Dr. Kurt Schumacher and Dr. Matt Zussman are surveying current practices for pre-participation physicals and doing a retrospective chart review. They will then do teaching sessions as an educational intervention, and then will re-survey the residents and do a prospective chart review to see if the resident knowledge and quality of documentation in the medical record improves.

This winter, residents got together to watch the UNC Tarheels play basketball in March Madness! Residency classes held weekly dinner outings as well. Recently, a group of residents and Dr. Sandy Kim will have wine and private clothes shopping at a local boutique. Retreats are coming up for each class where they have rented a beach house and are spending a weekend letting loose and having fun together. The Pediatric Softball team is about to start their spring season in the hospital softball league where spouses and residents have a blast - watch out for big slugger Kibbe Miller!

Residents from UNC's Internal Medicine and Pediatric Departments will be traveling to Guatemala to provide medical care to 4,000 patients (half of them children) in May. The Liles Family, Jake Marais, Teresa Romano, Beth Salansky, Matt Zussman, Tyler Buckner, Christina Kahl, Rebecca Vento, Grant Paulsen, and Lynne Fiscus are leading the second annual fundraiser for this mission.



South Carolina

MUSC

MUSC recently had a match day party celebrating another successful match as we expand our program from 12 categorical peds residents per year to 15. We are very excited about our results. Also, almost two-thirds of our third year residents will be presenting posters at PAS in Hawaii this year and have received department funding to attend. We also have a new project called the Sunflower Project, which involves residents, faculty, and administrators from the academic center and local community pediatricians in collaborating to improve our program. There will be a daylong retreat called the Sunflower Summit this spring. In July, we look forward to welcoming our interns with the annual quiz bowl competition between graduating residents and faculty for the golden urinal prize. There will also be a happy hour event and a Saturday outing to visit the aquarium, have lunch, and sail the harbor.



American Academy of Pediatrics
2008 National Conference & Exhibition

more
than a feeling...

Boston, MA * Oct 11-14, 2008 * Hynes Convention Center

District IV Notes

Tennessee

The Tennessee state chapter has invited representatives from each program in Tennessee to attend the State Chapter Board Meetings. If you're in Tennessee and interested, email me at Stephen.pont@vanderbilt.edu.



Vanderbilt University

The Resident Advocacy Group at Vanderbilt has been quite busy this year. We started off 2008 with a clothing drive benefiting the women and children of the YWCA Domestic Violence Shelter. We also continued our ongoing efforts to provide health education to the 3rd graders of Fall Hamilton Elementary School. Andrew Pittard has been organizing health education classes at Fall Hamilton Elementary School in Nashville this year. Each month, two to three residents prepare a presentation based on Metro Nashville public school's health education curriculum and present to the 3rd graders. Topics include nutrition, exercise, safety, the human body, substance use, first aid, and family relationships. We plan to begin classes with the second graders by the end of this academic year so that this will be in place for next year. The experience has been enjoyable for both the students and the residents. Boy, do they love to ask questions about their bodies. We also had a wonderful Advocacy Week in March in which we explored how we as residents and pediatricians can become voices for our patients on a federal, regional, and local level. We learned that some of the things we do everyday are ways to advocate for our patients. We are looking forward to the spring, with our focus being advocating for mental health disparity and continuing our domestic violence awareness campaign. Finally, Rachel Biber is directing the Middle Tennessee Youth Triathlon to take place at Vanderbilt University in June. The event will involve children ages 7-14 in a day of running, swimming, and cycling. The children will receive medals and t-shirts for participating in healthy activities for the day, and the proceeds from the event will benefit the Children's Hospital.



Virginia

Inova Fairfax Hospital for Children

We have had a prolific year in terms of research and presentations! We are also sending Hoda Bastani, Parag Jain, Tanya Rogo, and Meena Srivastava to the Global Health Conference at Yale University April 11th-13th. Attached is a list of all our residents who presented posters or platforms at the Pediatric Academic Society and Eastern Society of Pediatric Research conferences. There are quite a few and we are so proud of them!

- Appiah-Kubi, Abena and Annalise D'Andrade. Anthropomorphic Measurements and Gestational Age as Predictors of Pre-Discharge Car Seat Testing Failure in Premature and Low Birth Weight Infants
- Bhat, Misha. Impact of Time to Antibiotic Administration on Perinatal Mortality from Sepsis in the NICU - Results of a Quality Improvement Initiative at Inova Fairfax Hospital for Children and Timely Administration of Antibiotics for Infants at Risk for Sepsis in the Neonatal ICU
- Kamat, Riva and John Jones. Communication between Pediatric Hospitalists and Referring Physicians
- Kunar, Jillian. Growth Assessment of Children Living in a Honduran Orphanage
- Marimon, Gilma and Erin Dahlinghaus. Do Orphanage Children Exhibit Better Growth than Those in Communities in Honduras?
- Ngo, Thuy. Emergency Preparedness in the Outpatient Setting



District IV Notes

- Sadak, Karim and Ana Krishnan. Management of Methicillin-Resistant *Staphylococcus aureus* Infections in the First Year of Life: Pulse Field Gel Electrophoresis Typing and Implications for Community Pediatricians

University of Virginia



UVA residents have been busy this fall and winter, in particular the energetic second year class. In November, we had our annual resident retreat to Wintergreen Ski Resort. The educational component taught us about different adult learning styles, while the entertainment later that night consisted of a very entertaining murder mystery dinner followed by an 80's dance party and then further festivities back at the third years' condo.

On the outreach front, Ashley Logan, PL-2, is working on an exciting new outreach program with the UVA

Fitness Clinic. Dr. Logan's project focuses on extending the expertise of the Fitness Clinic to rural southwestern Virginia via telemedicine. This fall, the program will start collecting data to see how students' body mass indexes are affected by the program.

In other advocacy news, Arthi Krishnan, PL-3 and Kate Schreengost, PL-2, attended the AAP Legislative Conference in Washington, D.C. from March 30th through April 1st. They enjoyed the conference so much that Drs. Krishnan and Schreengost are planning a resident advocacy workshop for the state AAP conference in Williamsburg in October.

A number of our residents have been completing challenging away rotations. Lauren Loeffler, PL-2, and Kelly Brown, PL-2, spent a month at Kilimanjaro Christian Medical Center in Moshi, Tanzania. Drs. Loeffler and Brown worked on the pediatric ward teaching medical students and treating everything from malaria and HIV to malnutrition and developmental delay. After their return, they presented a poster at the UVA GME Research Symposium. The enclosed picture shows Lauren and Kelly with Tanzanian pediatric residents.

Another presenter at the UVA GME Research Symposium was Sripriya Sundararajan, PL-2, whose research project is called "Hypothermia effect on cytokines IL-10 and IL-6 in hu-



AAP Resident Advocacy Project 2007-2008 Pediatric Mental Health

Each year the Section on Residents and Fellows selects an advocacy project and develops a campaign to get other residents involved. This year's project is a mental health initiative.

Each program delegate at the AAP National Conference and Exhibition received a CD with a power-point to be presented at a morning report

or noon conference to their fellow residents. If you haven't yet seen this presentation at your program, please ask!

For more information on how you can impact children's mental health, go to <http://www.aap.org/sections/ypn/tr/advocacy/> to learn more.

5 easy ways
to get involved today!

see <http://www.aap.org/sections/ypn/tr/advocacy/> for more info)

1. Read the AAP Mental Health Brief.

2. Listen to or give the Mental Health powerpoint.

3. Start a letter writing campaign for the Mental Health Parity Act.

4. Discuss the Mental Health Chapter Action Kit, as a resource for residents.

5. Become a key contact for the AAP's in Federal Advocacy Action Network (FAAN).

District IV Resident Leadership

District Coordinator
Stephen Pont
Vanderbilt University
stephen.pont@vanderbilt.edu

Assistant District Coordinator
Denise Aronzon
University of Virginia
da9x@virginia.edu



If your state or program delegate is not listed or is listed incorrectly, please email us!

State Delegates

Kentucky:
Marie Trace, University of Louisville, me-payn06@louisville.edu

North Carolina:
Curtis McDonald, Carolinas Medical Center, curtis.mcdonald@carolinashealthcare.org

South Carolina:
Matt Grisham, Greenville Hospital System, mgrisham@ghs.org

Tennessee:
Jennifer Davis Williams, University of Tennessee
jwilliams205@comcast.net

Virginia:
Melanie Brown, Medical College of Virginia, mbrown3@mcvh-vcu.edu

Program Delegates

Kentucky:
University of Kentucky: L. Curtis Cary, lcary0@email.uky.edu
University of Louisville: Katie Snyder, krsnyd01@louisville.edu

North Carolina:
Carolinas Medical Center: Curtis McDonald and David Pubantz, curtis.mcdonald@carolinashealthcare.org
Duke University: Melissa Briggs, melissa.briggs@duke.edu
East Carolina University: Benjamin Hooker, hookerb@ecu.edu
UNC at Chapel Hill: Kristen Tropea, ktropea@unch.unc.edu
Wake Forest: Shayne Bates, sbates@wfumc.edu

South Carolina:
Greenville Hospital System: Matt Grisham, mgrisham@ghs.org
Medical University of South Carolina: Jessica Kanis, kanis@musc.edu
Palmetto Health/Univ. S. Carolina: Kiki Lofton, kiersten.lofton@palmettohealth.org

Tennessee:
East Tennessee State University: Jerel Scarberry, scarberr@etsu.edu
UT at Chattanooga: Jennifer Davis Williams, jwilliams205@comcast.net
University of Tennessee at Memphis: Katie Alvord, kalvord@utmem.edu
Vanderbilt University: Frank DiPaola, frank.dipaola@vanderbilt.edu

Virginia:
Eastern Virginia Medical School: Erin Wright, olives450@hotmail.com
Inova Fairfax Hospital for Children: Rebecca Alkire, ralkirewvu@hotmail.com
UVa: Denise Aronzon, da9x@virginia.edu
Virginia Commonwealth Univ: Melanie Brown, mbrowns@mcvh-vch.edu

New at AAP.org - Free Sexual Health Training



Online Learning Course Now Free to Residents

The PediaLink® online learning course, [Covering the Bases, Adolescent Sexual Health](#) has been selected to be offered free to residents. Participants in this course will learn to eliminate barriers to communicating with adolescent patients about HIV and STD. Residents can register for free at www.pedialink.org



Covering the Bases:
Adolescent Sexual Health