

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



California District IX

DISTRICT IX RESIDENT NEWSLETTER

Winter 2008 Issue

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National Conference & Exhibition (NCE) 2008

The Annual Assembly of the AAP Resident Section was held on Saturday, October 11, 2008 in Boston in conjunction with the AAP National Conference & Exhibition (NCE). Attendees learned the resident section will now be known as the Section on Medical Students, Residents, and Fellowship Trainees (SOMSRFT). The name change occurred to better reflect participation of medical students and fellows in the section. At this meeting District IX elected Caroline Castleforte, MD (CHLA) to replace outgoing district coordinator Mana Golzari, MD (UCSF). Other elected leaders include Christina Robinson, MD (UCSF) for assistant district coordinator, Melissa Pujazon, MD (UCSF) for Chapter 1 representative, Ryan Collier, MD (UCLA) for Chapter 2, Helen Harvey, MD (UCSD) for Chapter 3, and Taryn Winkle, MD (CHOC) for Chapter 4. **List sections chairs, etc.** The following ten resolutions were selected by the SOMSRFT to be brought to the AAP Executive Committee at the Annual Leadership Forum (ALF) in March of 2009: 1. Reducing the cost of resident attendance at the NCE, 2. Allowing

Pediatrics subscribers to go paperless, 3. Standardizing fellowship applications, 4. Encouraging nutritious public school meal options, 5. Encouraging a 'PAT to sleep' campaign by the APP (Pediatricians Against Television in the Bedroom), 6. Promoting mental health in residents and trainees, 7. Supporting efforts to allow residents loan deferment, 8. Creating smoke free medical campuses, 9. Allowing the SOMSRFT one vote for AAP President, and 10. Increasing Support for Global Health Training.

The NCE 2009 will take place October 17-20, 2009 in Washington, DC. The AAP provides a \$300 scholarship the program delegate from each training program. If you are interested in running for a leadership position for the district, nominations will begin August 2009.

2007-2008 SOMSRFT Advocacy Campaign

The section is focusing on tobacco prevention and control by providing program delegates at the NCE from each residency program with CD-ROMs full of resource information to be used at morning report and in the community.

More information can be found on the SOMSFT advocacy campaign website at <http://www.aap.org/sections/ypn/r/advocacy/>.

Scholarships and Grants Available

The 2009 Legislative Conference in Washington, D.C. will be held March 30-April 1. The conference introduces child advocates to the political process at the state and local level by offering training in skills necessary to advance child health through legislation and regulation. Interested applicants should contact Katy Matthews at kmatthews@app.org.

The Seed Grant Research Program is accepting proposal for \$5000 grants from medical students, residents, and fellows to conduct basic or clinical science research on secondhand tobacco smoke exposure. Applications are due December 12, 2008. See the AMA Foundation website at <http://www.ama-assn.org/ama/pub/category/3119.html> for details.

District IX Resident Projects

1) Kaiser LAMC (Neha Vaghasia, MD, PGY2)

This year, Kaiser has started fellowships in Community Medicine for the departments of Pediatrics, Family Practice, and Internal Medicine. With the help of our new fellows in Pediatrics and Family Practice, Kaiser has increased its efforts for community medicine. Two of our more recent events involved outreach with our local high schools. In September, the departments of Pediatrics, Family Practice and Sports Medicine went to Hamilton High School to perform physical exams and sports clearance for the student athletes. It was a busy day and over 100 students were seen! In November, Pediatrics and Sports Medicine did physical exams and

sports clearance for student athletes at Hollywood High School. Even our rotating medical students from UCLA were involved and helped with screening patients. We saw 50 student athletes.

The success of these events has led us to begin working on a partnership to open a school health clinic on the campus for the students. Our goal is that the clinic will eventually reach out to the student families and other members of the community. Our plans for 2009 include opening the Hollywood High School health clinic and continuing our outreach efforts within the community.

2) UCSF (Christina Robinson, MD, PGY-1)

Amy Beck received a CATCH grant for a project called "School Based Obesity Prevention in Action."

3) UC-Davis (Fatema Lakhani, MD, PGY-3)

Dr. Lakhani recently received a CATCH grant to help train undergraduate student volunteers at the one of UC Davis medical student-run health clinics called the Shifa Community Clinic. The clinic began in 1994 and Lakhani became one of the first medical student co-directors of the clinic in 2001.

The foundation of this project is that the basics of food, clothing, shelter and safety are the cornerstone of having a healthy life and a healthy population. Therefore, students will receive training in helping patients to navigate social services, such as how to apply for Medi-Cal or food stamps.

UPCOMING EVENTS



AAP National Conference and Exhibition (NCE)

October 17-20, 2009

Washington Convention Center, Washington, D.C.

District IX –

31st Annual Las Vegas Seminars

November 19-22, 2009

Caesar's Palace, Las Vegas, Nevada

See the district and chapter websites for more information about the above events.

RESOURCES

Resident AAP Website:

www.aap.org/ypn

District IX Resident Website:

www.aap.org/sections/ypn/r/resident/districts/districtix.html



District IX Chapter Websites:

Chapter 1 (Northern CA)

www.aapca1.org

Chapter 2 (Southern CA)

www.aapca2.org

Chapter 3 (San Diego)

www.aapca3.org

Chapter 4 (Orange County)

www.aapca4.org

DISTRICT LEADERSHIP

District Coordinator– Caroline Castleforte,
MD ccastleforte@chla.usc.edu

Assitant District Coordinator – Christina
Robinson, MD robinsonCR@peds.ucsf.edu

Chapter 1 Representative-Melissa Pujazon
(UCSF-Adolescent Fellow)

Chapter 2 Representative-Ryan Coller, MD
(UCLA-Pediatric Resident, Yr. 3)

Chapter 3 Representative-Helen Harvey, MD
(UCSD-Pediatric Resident, Yr. 3)

Chapter 4 Representative-Taryn Winkle, MD
(CHOC-Pediatric Resident, Yr. 3)

District IX Meeting at the NCE 2008

The Resident Section Mission:
The AAP Section on Residents will
advocate for residents, training
fellows and medical students,
develop leadership within the
Section, and educate section
members on how to advocate for
the infants, children, adolescents,
and young adults.