

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



California District IX

## DISTRICT IX RESIDENT NEWSLETTER

Fall 2008 Issue

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### Welcome New Interns

It is the first of September and new interns have already started their residencies. Many of you receive membership to the AAP as a program benefit. We want to make sure that you know what is available to you so that you can get the most out of your membership.

Resident members of the AAP get:

- The Red Book (ID reference)
- Subscription to Pediatrics
- Subscription to Pediatrics in Review
- Subscription to AAP News
- PREP Audio downloads
- PREP self-study course for the boards
- Guidelines for Health Supervision
- Resident Report
- Ability to join AAP Sections
- Chapter membership
- Reduced feeds for the National Conference & Exhibition (NCE)
- Online access to the Member Center
- Online access to AAP Grand Rounds
- Online access to NeoReviews
- PedJobs internet based secure & interactive job search

Please let us know if you have any questions regarding how to access and use your membership benefits.

### NCE 2008

The Annual Assembly of the AAP Resident Section will be held on Saturday, October 11, 2008 in Boston, MA. The section meeting is held in conjunction with the AAP National Conference & Exhibition (NCE) October 11-14. There will also be a networking and poster session on Friday, October 10 at 6:30 to the launch the meeting. There will also be a Peds-21 pre-NCE course on Friday, October 10 prior to the NCE in Boston. Residents who pay the 1-day registration rate may also attend this event. Peds-21 is an AAP initiative aimed to address emerging issues that will affect the practice of pediatrics in the 21<sup>st</sup> century. This year's focus is on oral health and will feature speakers such as the former Surgeon General David Satcher, MD.

Each accredited pediatric residency program is eligible to receive one \$300 grant to defray expenses related to attending the NCE for a program delegate. Program directors were sent information about travel grants in July. Please speak to your program director if you

would like to attend the NCE as a program delegate.

### **Leadership Opportunities**

Are you interested in becoming a leader in the Resident Section of the AAP? Each year the section recruits interested residents into leadership roles. The following positions are open:

- District Coordinator  
(beginning October 2008)  
10 positions, 1 rep for each district  
(1 year term)
- Assistant District Coordinator  
(beginning October 2008)  
10 positions, 1 rep for each district  
(1 year term)
- Section secretary  
(beginning October 2008, 1 year term)
- Section vice chairperson  
(beginning October 2008)  
(3 year term, 1 as vice chair, 1 as chair,  
1 as immediate past chair)

Applications for these positions are due October 1<sup>st</sup>. Any section member who is present at the NCE on October 11<sup>th</sup> may run for a position at that time.

- Section liaisons to the following:  
(2 year terms beginning January 2009)  
-Community Access to Child Health  
-Section Administration & Practice Management  
-Section on Epidemiology  
-Section on Hospital Medicine  
-Section on Pediatric Dentistry & Oral Health  
-Medical Student Subcommittee Chair (AMSA liaison)

Applications for these positions are due November 1<sup>st</sup>. To access the application form and additional guidance, please visit the YoungPeds Network at [www.aap.org/ypn/r/resident/leader\\_opps.html](http://www.aap.org/ypn/r/resident/leader_opps.html)

### **Step Up 4 Kids Day, September 16th**

On Tuesday, September 16, 2008, Every Child Matters and a coalition of advocacy organizations including the AAP will team up to hold a nonpartisan Nationwide advocacy event called STEP UP 4 KIDS DAY. Advocates and children will gather on the steps of the US Capitol in Washington, DC and on the steps of state capitols to call attention to issues affecting America's children poverty, health care, juvenile incarceration, early care and education, child abuse, and after school programs and to make children a priority in the 2008 elections.

To learn more about STEP UP 4 KIDS DAY and about activities underway in California and how to get involved, please visit: <http://www.everychildmatters.org/National/Campaigns/Step-Up-4-Kids.html>

### **District IX Resident Projects**

\*\*For more information about the projects email addresses have been provided.\*\*

#### **Advocacy at Childrens Hospital Los Angeles**

- **Anita Gupta** (R3) was recently awarded the Gary S. Kreiger Advocacy Award for her expansion of parenting classes offered in collaboration with My Friends Place, an organization in Hollywood dedicated to making a difference for homeless/high risk youth and their children.  
Contact: [agupta@chla.usc.edu](mailto:agupta@chla.usc.edu)
- **Sara Hemmer** (R3) has developed a resource manual for parents of children with special healthcare needs to help them navigate the processes of early intervention and special education. Her guide was developed through a needs assessment and research of resources and published into a full-color manual with support of a grant from the Krieger Foundation.  
Contact: [shemmer@chla.usc.edu](mailto:shemmer@chla.usc.edu)

- **Joseph Mares** (R2) is presenting findings from "Access to pediatric emergency services in South Los Angeles: The effect of a county hospital closure" at the American Public Health Association National Meeting. Through asset mapping, needs assessment, and survey of families in South LA, this project is helping to advocate for better healthcare access in one of Los Angeles' most underserved communities.

Contact: [jmares@chla.usc.edu](mailto:jmares@chla.usc.edu)

- **Omar Mather** (R3) worked in direct collaboration with a community clinic in South Central Los Angeles for his project "Improving Community Asthma Outcomes". He conducted a retrospective chart review at the UMMA Community Clinic looking at asthma quality indicators. This information is a useful model for community health centers that demonstrates the efficacy of guidelines for improving asthma outcomes.

Contact: [omather@chla.usc.edu](mailto:omather@chla.usc.edu)

- **Jennifer Woo** (R2) and **Michael Smit** (R2) were awarded an AAP Resident CATCH grant for their project "Una Vida Saludable", to prevent obesity in East LA. They aim to identify the educational and skills needs of families in the community of Boyle Heights at the Dolores Mission Women's Cooperative (DMWC), an Early Education Center serving a predominantly low-income Latino population. They will lead a series of workshops with the DMCW, dieticians, and physical trainers to lead to improved nutritional, weight, and physical fitness levels.

Contact: [jwoo@chla.usc.edu](mailto:jwoo@chla.usc.edu) or [msmit@chla.usc.edu](mailto:msmit@chla.usc.edu)

30th Annual Las Vegas Seminars  
November 20-23, 2008  
Caesar's Palace, Las Vegas, Nevada

AAP Pediatric Updates  
May 24-26, 2008  
Portola Plaza Hotel, Monterey, CA

See the district and chapter websites for more information about the above events.

## RESOURCES

Resident AAP Website:

[www.aap.org/ypn](http://www.aap.org/ypn)

District IX Resident Website:

[www.aap.org/sections/ypn/r/resident/districts/districtix.html](http://www.aap.org/sections/ypn/r/resident/districts/districtix.html)



District IX Chapter Websites:

Chapter 1 (Northern CA)

[www.aapca1.org](http://www.aapca1.org)

Chapter 2 (Southern CA)

[www.aapca2.org](http://www.aapca2.org)

Chapter 3 (San Diego)

[www.aapca3.org](http://www.aapca3.org)

Chapter 4 (Orange County)

[www.aapca4.org](http://www.aapca4.org)

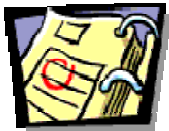
District Coordinator – Mana Golzari

[golzarim@peds.ucsf.edu](mailto:golzarim@peds.ucsf.edu)

Assistant District Coordinator – Caroline

Castleforte [ccastleforte@chla.usc.edu](mailto:ccastleforte@chla.usc.edu)

## UPCOMING EVENTS



**District IX –**

Chapter 2, Resident Meeting

Sept. 7<sup>th</sup>, 2008 in Los Angeles

Contact *Caroline Castleforte* for more information

The Resident Section Mission:  
The AAP Section on Residents will advocate for residents, training fellows and medical students, develop leadership within the Section, and educate section members on how to advocate for the infants, children, adolescents, and young adults.