



Committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

## DISTRICT VII RESIDENT

SPRING 2009

### Spring Greetings!

## WE'RE BACK FROM THE ALF!!

Spring has sprung and we're back from the ALF! The AAP's **Annual Leadership Forum (ALF)** is a gathering of all the AAP leaders of districts, chapters, councils, and sections that takes place each March in Schaumburg, Illinois. Ten of our executive committee members were able to attend in order to represent the Section on Residents, Medical Students, and Fellowship Trainees. We were able to observe the inner workings of policy-making within the Academy, and even present a few resolutions of our own. Most exciting was the passage of Resolution #50, a resolution presented by our section that calls for the ability of the the 24 members of the **Residents** Section's Executive Committee to be able to **VOTE for the President of the AAP**. As our section represents the largest number of members in the AAP, the ability to vote for our leadership is crucial.



The resolution still has to go through a few more channels before coming to fruition, but this is a step in the right direction. (Our resolution about Nutritious School Meals also ranked in the Academy's Top 10)!



### NCE (NATIONAL CONFERENCE and EXHIBITION) Oct 16-20

It's time to start thinking about the NCE again (Fun Times in our nation's capitol)!

The AAP's National Conference and Exhibition is the largest annual gathering of AAP members and Pediatric healthcare professionals. This year it will be in Washington D.C. Oct 16-20.. Lots of exciting things happen there, such as meetings,

learning sessions, educational workshops, elections, a massive exhibit hall filled with free stuff (if you're into that), and generally, great times.

Each Residency Program is welcome to send a Program Delegate to the NCE, as we vote on important issues and need each program represented. The Program Delegate will receive a \$500

travel stipend (increased from last year!). Additionally, we invite any and all other residents to join us. The main part for residents to attend is Friday Oct 16, starting with the Peds 21 program, so start asking program directors for CME time NOW.

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## BOARD REVIEW

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### Important Discussion of Deployment and the Effects on Children

The August 2008 PREP® Audio issue, *The Effect of Deployment on Children* has been made available to US troops through a collaborative sponsorship from:  
Military Child & Adolescent Center of Excellence (MCA CoE)  
The Uniformed Services West & East Chapters of the AAP.  
The Uniformed Services Section of the AAP.

Participants will learn to recognize the stages of deployment, outline possible changes to family dynamics during deployment, and recommend potential psychosocial resources, both within and outside the military.  
[www.prepaudio.org](http://www.prepaudio.org)



### New! PREP Self-Assessment CD-ROM Exam Mode Tutorial

Find out how the 2009 PREP Self-Assessment CD-ROM's new exam mode and performance summary tools allow you to identify knowledge gaps, expand your knowledge, and track your progress. Subscribers can improve results by retaking the test over and over.

Visit <http://dosjpp.aap.org/prepsa/tutorial> for a free tutorial of the new features.



### AAP Journals Point –of–Content Permissions

Need to request permissions to reuse an article from *Pediatrics*, *AAP News*, *AAP Grand Rounds*, *NeoReviews* or *Pediatrics in Review*? AAP journals now offer point-of-content permissions online. Site visitors can request permissions and reprints using the "Request Permissions" link next to the article of choice or the link on the table of contents. The AAP has partnered with Rightslink to offer a variety of options for reusing AAP content.

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## Funding Available!

### Resident Research Grant:

The goal of the RRG is to develop research skills among physicians in training. Applications will require a statement of purpose, a research plan, and a proposed budget. Applicants must also identify a project advisor who has an appropriate research background. Grants of up to **\$2000** will be available. Recipients will be notified by July 31, 2009. Application on AAP website.

### Resident Scholarships:

The Resident Scholarship Program is designed to help allay financial difficulties for residents in good academic standing. The AAP annually grants a number of scholarships varying from **\$1000-\$5000**. Recipients will be notified by August 31, 2009. Check back at the Resident website.

### International Elective Award

Have you considered doing a rotation in a foreign country? If you arrange a 4 week (or longer) educational experience in the developing world, the AAP may award you up to **\$500!** See application on website for details. Next deadline September 15.



## Resident Initiative Fund

The American Academy of Pediatrics (AAP) has created a grant fund that will allow residents to initiate projects/programs in their community to improve the health of children.

This funding will enable residents to educate fellow residents and/or parents on a specific aspect of one of the Academy's national child

health priorities (Special Health Care Needs— Foster Care, Oral Health, Disaster Preparedness, Mental Health, Immunizations, Obesity, and Tobacco.

**(Tobacco/ Smoking Cessation is our Resident Section 2008-09 Advocacy Project...get excited about our Immunizations project for 2009-10).**

The Resident Initiative Fund will offer 20 grants of up to **\$1000** each per resident project. Visit [http://www.aap.org/sections/ypn/r/funding\\_awards/res\\_initiative.html](http://www.aap.org/sections/ypn/r/funding_awards/res_initiative.html) for more information.

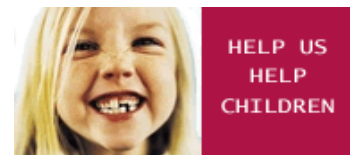


## CATCH Grant Cycle Begins May 2009

Community Access to Child Health (CATCH) grants of up to **\$3000** are available to pediatric residents twice a year, on a competitive basis, through the CATCH Program of the AAP. In the last cycle, 39 pediatric residents submitted proposals and 22 were awarded funding. The next application cycle begins in

**MAY 1 2009.** This program is for pediatric residents who will work with local communities to ensure that all children have medical homes and access to any needed health care services. To access the online application, guidelines, and technical assistance resources, or to find more information about the CATCH

Resident Funds Program, please visit [www.aap.org/catch/residentgrants.htm](http://www.aap.org/catch/residentgrants.htm), contact your AAP CATCH liaison, email [catch@aap.org](mailto:catch@aap.org), or call 800-433-9016, ext 7085.



**SUPPORT AAP**



American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



*Committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.*

# “Healthy Smiles”: A District VII CATCH Grant Success!

By Latonya Washington M.D.

“Healthy Smiles” was initially developed as an oral health initiative for the General Pediatrics and Resident Continuity Clinics at Arkansas Children’s Hospital. The project began after the clinic was selected as a site for the Colgate Corporation’s program, “Give a Kid a Smile Day” in February 2007, which was made possible by the CATCH resident grant. The basis of “Healthy Smiles” is to provide education for pediatrics health care providers and parents.

The state of Arkansas is similar to many states in that there are constraints to the location and numbers of pediatric dental providers. General pediatricians are often left to manage pediatric oral pathology without any formal training in doing so. From the provider standpoint, “Healthy Smiles” addresses the training aspect of general pediatrics residents, stressing the importance of anticipatory guidance in oral health. The Arkansas Children’s Hospital Dental Clinic and the Arkansas Department of Health Division of Oral Health have been instrumental in providing information via lectures and a core curriculum on pediatric oral health has been developed for pediatric housestaff. They have also trained several residents on the application of fluoride varnish with hopes that varnish application will become a standard in the clinic.

The CATCH funding has also allowed for assessment of parental knowledge regarding appropriate oral health and access to dental care for children. That assessment involved distributing surveys when patients presented to the clinic with toothbrushes given as incentives for survey completion. Over 1000 surveys were collected with data analysis occurring currently. This information will be used to develop a brochure to address key dental topics and provide parents with information on how to access appropriate dental care for their children.

CATCH funding provided by the AAP has allowed us to identify and address a key disparity in general pediatrics residency training and pediatric health care, and we hope to continue the program with further development of general pediatrics core curriculum to assist in training as well as obtain additional grant funding to continue to provide toothbrushes and dental literature in the General Pediatrics and Resident Continuity Clinic at Arkansas Children’s Hospital.

The “Healthy Smiles” program was my passion during my residency training. I was humbled to receive the Betty A. Lowe, M.D. Award for Excellence in Residency Advocacy for 2007 -2008 from the University of Arkansas for Medical Sciences Department of Pediatrics for my dedication to the project at the completion of my residency training. Since that time, the project has been maintained by Toni Grant, M.D. under the direction of faculty advisor Debra Becton, M.D. with longevity of the program anticipated through continued resident interest.

Dr. Washington is now a Med-Peds Hospitalist at Chippenham-Johnston Willis Medical Center in Richmond, VA.



## We'd love to hear from you!

Please email any questions, concerns, or future ideas for the Newsletter, to:

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### **New! PedJobs Job Seeker Site Enhancements**

Test drive the new features and enhancements that will give job seekers robust tools for creating a professional presentation for potential employers:

Professional Profile – Create a professional presentation of your qualifications.

Searchable Portfolio – Increase your exposure in an employer's search.

Job Application Preview – Have more control by previewing your applications.

Tighter Confidentiality – Take comfort in stricter confidentiality rules.

Visit [PedJobs.org](http://PedJobs.org), the official employment resource of the AAP.

### **SOMSRFT Clinical Case Competition (Posted 2/09)**

The AAP Section on Medical Students, Residents and Fellowship Trainees has held an annual "Clinical Case Competition" since 2003. Residents can submit abstracts of interesting cases they have come across in training through the Academy's online abstract submission process. The abstracts are judged by a committee of resident leaders and the top ten authors are invited to present their case in poster format at the annual National Conference and Exhibition (NCE) Resident & Medical Student Reception. In addition the winners are awarded free one-day registration for the conference. The first place winner is announced that evening and will have their case published in PIR as an "Index of Suspicion" article. [Click here](#) for more information. **Deadline is April 17, 2009**

### **COSH Young Investigator Prizes (Posted 3/09)**

The Council on School Health (COSH) is pleased to announce the **COSH Young Investigator Prize**. The Young Investigator Prize is awarded to a medical student, resident, post resident or young physician for best oral or poster presentation during the AAP National Conference and Exhibition (NCE).

Abstracts must be original research, and may represent research, clinical projects, or evidence-based intervention programs related to health issues that support the health and wellness of children and adolescents in schools. The winner will receive a \$500 honorarium and certificate during the 2009 NCE in Washington, DC.

For more information about the Prize or to submit an abstract please visit <http://aap.confex.com/aap/2009/cfp.cgi>. Submissions will be accepted until **April 17, 2009** at 11:59pm (EST).