

# AMERICAN ACADEMY OF PEDIATRICS DISTRICT I RESIDENT SECTION NEWSLETTER JANUARY 2005

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## Section Overview What is the Resident Section?

The Section on Residents of the AAP was founded in 1989 in order to enable residents, post-residency training fellows, and medical students to meet for the purpose of developing ideas and generating programs and projects that will improve the care of children. We are made up of ten Districts based on geographic location, except for the two military chapters, one of which falls under District I and the other under District VIII.

The Section provides educational programming at the National Conference and Exhibition of the American Academy of Pediatrics. We have over twenty liaisons to AAP Committees, Sections, and outside organizations who report directly to the resident Section so that we may stay abreast of the most current on-goings in organizations such as the AMA, RRC, and CATCH .

The Resident Section serves in a consulting capacity to the AAP Board of Directors and makes recommendations regarding policy statements related to pediatric residency training, and other matters relating to the education and well being of pediatric residents.

Some of the main initiatives of the Resident Section include rewarding residents for local advocacy projects, supporting residents with grants for international electives, NCE travel, financial-need based scholarships, and for residents wishing to complete research during residency. The Section has several subcommittees charged with marketing resident/Academy services, recognizing local residents, and providing educational resources to residents.

District I is made up of the six New England states of Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont, the Eastern part of Canada including the Atlantic Provinces and Quebec, and finally the Uniformed Services East Chapter which includes all of the military residency programs east of the Mississippi.

## New Executive Committee Officers for District I

Kelli McDermott, MD your assistant DC last year was elected by the District I delegates present at the NCE in Oct 2004 to be the District Coordinator for the AY 2004-2005. She is a PGY-3 at the National Naval Medical Center in Bethesda, MD and therefore a member of the Uniformed Services East Chapter of District I. Jennifer Owen, DO was a delegate from the Walter Reed Army Medical Center who was attending her first NCE conference as a PGY-2 and was elected at the ADC for this academic year. Our goal for this year is to get as many residents involved in the AAP as possible. We communicate directly with each of your program delegates who you have elected to represent you and your program at the AAP NCE this year. The program delegate list on the [www.aap.org/residents](http://www.aap.org/residents) website is in the process of being updated so here is a list of our current delegates for you.

**UCONN** – Mary Brown -

[mmbrown@ccmckids.org](mailto:mmbrown@ccmckids.org)

Kate Litwin – [kelitwin@yahoo.com](mailto:kelitwin@yahoo.com)

**Yale** – David Levine –

[medman151@hotmail.com](mailto:medman151@hotmail.com)

**Bridgeport** – Candice McNeil –

[cj\\_mcn@yahoo.com](mailto:cj_mcn@yahoo.com) (med-peds)

**Maine Medical** – Andy Russ –

[aruss@maine.rr.com](mailto:aruss@maine.rr.com)

Tamara Todd – [toddt@mmc.org](mailto:toddt@mmc.org)

**Boston Medical** – Gloria Oramasionwu –

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**Mass General** – Julie Wolfson –

[jwolfson@partners.org](mailto:jwolfson@partners.org)

**Tufts** – Athena Xifaras – [axifaras@tufts-](mailto:axifaras@tufts-nemc.org)

[nemc.org](mailto:nemc.org)

**Baystate Medical** – Stephanie Carlin –

[scarlin007@yahoo.com](mailto:scarlin007@yahoo.com)

Simon Li – [simon.li@bhs.org](mailto:simon.li@bhs.org) (med-peds)

**UMASS** – Katherine Garnett –

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Lara Ford – [Fordl01@ummhc.org](mailto:Fordl01@ummhc.org)

**NCC** – Tifani Grizzell – [tifgrzz@aol.com](mailto:tifgrzz@aol.com)

**Keesler** – Edward Champoux –

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**Dartmouth** – Rebecca Rich –

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**Wright-Patterson** – Christopher Calabria –

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**Brown** – Ellen Chan – [echan6@cox.net](mailto:echan6@cox.net)

**Portsmouth** – Alex Holston –

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**UVermont** – Garrick Applebee –

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**Memorial Univ** – Natalie Shiff –

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**Dalhousie Univ** – Joanna Leyenaar –

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**McGill** – Sumara Zavalkoff –

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**Univ de Sherbrooke** – Marie-Helene Lemoine -

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**Univ Laval, Quebec** – Judith Trudel –

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Univ Montreal – Ahmed Moussa –  
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## District I Residency Programs Are Making a Difference in Their Communities

I thought you may all be interested in learning what sort of things are going on in the residency programs of District I so prior to our meeting in October in San Francisco, I asked your delegates to update me on any interesting projects that the residents are involved in. Here is what they had to say.

1. **Barbara Bush**→

- a. Chief Resident Dan Hale used CATCH grant to survey homeless teens in Portland area to determine their knowledge of available resources for them. Results pending.

2. **Dartmouth**→

- a. Outreach includes resident involvement in local homeless shelter and provision of medical care there. Goal is to expand program and require all PL-2's and PL-3's to be a liaison to the shelter one time a year.
- b. Two PL-2's are utilizing their CATCH grants to improve dental care in their underserved pediatric population.
- c. Few residents this year will be traveling to Africa to do 1-month rotations (unclear if travel grant utilized).

3. **Boston Children's/Harvard University Combined Program**→

- a. PGY-3 has project dedicated to a multi-disciplinary literature search on homicide reduction in the inner city. Goal is to create a novel, multi-discipline, anti-homicide initiative for physicians to be able to take active steps in reducing teen homicide. Project is 4-tiered:
  - i. Health Care Resource Accommodation – developed a brochure for youth gang members that provided information about the resources available to them.
  - ii. Gun Shot wound presentations – In process of evaluating the effects of showing at-risk youth realistic images of gun-shot trauma victims and first few minutes in the ER.
  - iii. MD home visits to teens injured in gang fights – Program being developed for MD's to do home visits with Boston Police of injured gang members.
  - iv. Intentional Injury Information Sharing & Gang “Hot Spot” Mapping – Goal is to develop a documentation system to track non-homicidal injuries and map areas where they have increased incidence.
- b. One resident doing community outreach to local elementary school (K-8) by providing health education lectures based on each age group. Goal is to involve resident program and medical students to sustain viability of her efforts.

- c. One resident volunteers time at “Bridge Over Troubled Water,” a medical van gearing care toward ages 18-25 y/o of the Boston area.
- 4. **Yale University** →
  - a. Community outreach geared toward obesity prevention
  - b. Resident travel to South America, Haiti, and Africa, subsidized by a Johnson & Johnson grant.
  - c. Programs supported by residents already in place include: HIV prevention, enhanced prenatal care for pregnant teens, refugee clinic.
  - d. David Levine has organized a toy and shoe drive for Iraqi children and will be sending off his collections in the new year.
- 5. **UMASS Medical** →
  - a. Resident CATCH grant (Jess Madden) – obesity prevention in the Worcester Public Schools
  - b. Lloyd Fisher, PL-2, politically active as member of MMS House of Delegates and a delegate to the Resident Section of the AMA. He is member of the MMS Committee of Computers and Technology and is the secretary of the Resident & Fellow Section of the MMS.
  - c. Mike Dedekian, PL-3, completed a bone density study comparing differences b/w athletic adolescent females of normal weight with & without hypothalamic amenorrhea.
- 6. **National Capital Consortium** →
  - a. Kelli McDermott, PGY-3 obtained a CATCH grant in order to reach military families in their medical homes – the Child Development Center – where most military children spend the majority of their day. The goal of the project is to educate families and CDC providers in basic primary care pediatrics such as how to handle a behavioral problem in a toddler, what common illness effect children, seasonal safety, etc.
  - b. Jennifer Owen and Kelli McDermott are working on bringing a reading program to both their general peds clinics.

I know there are others of you involved in great projects in your residency so don't hesitate to write in and let Kelli ([klmcdermott@bethesda.med.navy.mil](mailto:klmcdermott@bethesda.med.navy.mil)) know what you are doing and how you got involved. The more we know about what you all are doing, the easier it is for other residents to set up similar projects!

## **Important Dates and Deadlines for Conferences and Grant Applications**

**Resident Research Grant** → \$2000-\$3000 research grants awarded to resident members to initiate and complete research projects related to their professional interests. DEADLINE: February 4, 2005.

**Resident Section Scholarship** → \$1000, \$1500, \$3000, and \$5000 scholarships awarded to resident members based on financial need/hardship. DEADLINE: February 4, 2005.

**Resident CATCH grants** → Up to \$3000 for pediatric residents to develop or implement proposals for innovative, community-based proposals to increase children's access to health care. Application deadline for implementation grants is January 2005.

**Resident Section Anne E. Dyson Child Advocacy Award** → \$300 award to a resident run project(s) to improve the lives of children. Winners receive a \$300 check usable toward the project, along with travel and lodging expenses for two residents to attend the AAP National Conference and Exposition (NCE) and receive the Advocacy Award plaque during the Resident Section assembly meeting. DEADLINE: August 5, 2005.

**Resident Clinical Case Presentation** → 10 selected clinical cases from clinical care abstracts that focus on relatively unique diagnostic and/or therapeutic characteristics and with significant educational value that is generalizable. Selected abstracts will be displayed as posters at the NCE and award recipients will have their registration fees (~\$200) for the NCE will be covered by the Resident Section. DEADLINE: April 2005.

**Resident Section International Rotation Travel Grant** → \$500 grants awarded to resident members who wish to complete a clinical pediatric elective in the developing world during their residency. 4 grants are awarded annually. DEADLINE: November 25, 2005.

**Legislative Conference for the AAP** → three day conference in Washington, D.C. that focuses on teaching the pediatrician how to understand the federal and state legislative process, acquire skills to successfully impact Congress and state legislatures, and develop strategies to effectively utilize the media. Participants visit with their members of Congress, have hands-on work sessions, and start building relationships with peers, politicians, and the press. DEADLINE for registration: prior to February 4, 2005 - \$475, after Feb 4 - \$525.

\*\*\*\* Any further information for grant applications and descriptions can be found on the [www.aap.org/residents](http://www.aap.org/residents) webpage. Information on the Legislative Conference can be found under the members-only front page. \*\*\*\*

That wraps up this newsletter...remember your program delegates are your first source of information and should be updating you monthly on the happenings in the AAP resident section. If you have any questions, concerns, or interests and your delegates cannot help, please feel free to email Kelli and Jen, your DC and ADC, respectfully. Our next resident executive committee member meeting is in February 2005 so look for updates from us through your delegates to learn what we are doing for you. Become familiar with our website [www.aap.org/residents](http://www.aap.org/residents) and the **Members-Only Channel** of the [www.aap.org](http://www.aap.org) website as there is always valuable information to be found there☺