



AAP District III Resident Section Newsletter

Representing the Extraordinary Residents & Fellows of
Delaware, District of Columbia, Maryland, New Jersey, Pennsylvania and
West Virginia

April 1, 2007

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Hello Everyone!

Spring is here and the cherry blossoms are in full bloom in DC! Currently, I'm doing a month-long elective with the AAP at the DC office and it has been fabulous! I encourage everyone who can to take part in this opportunity!

Tyler and I have been busy attending various conferences putting the Resident Agenda forward and at this year's Annual Leadership Forum many of the resident resolutions were passed and will now go to the AAP Board of Directors for review and possible implementation! So congrats to all of you and know that the resolutions that come out of our Section every year at the annual NCE truly make a difference and the AAP is listening to our needs!

That is all from here—make sure to sit back and enjoy the rest of this academic year! You're almost done!

—Chisara N. Asomugha, MD, MPH
District Coordinator



2006-2007 Resident Executive Committee
Long Range Planning Meeting, Chicago, IL

Congratulations to the 2006 International Travel Grant Recipients



Adam Lowry, MD (Dist VII)
Baylor College of Medicine
Jamaica

"I plan to divide my time between cardiology and general pediatrics at Bustamante Hospital for Children (BHC), which is a 253-bed public, government-funded children's hospital in Kingston, Jamaica. It offers a range of pediatric specialty services, and it is the only location on the island where many of these services are offered."

Erin Albers, MD (Dist IV)
Vanderbilt University
Mozambique

"I will be spending the 5 weeks of my international elective in the Zambezia province of Mozambique, one of the country's most rural but most densely populated regions. I will be working primarily in one of three clinics, which have recently been made affiliates of Vanderbilt University's Institute for Global Health and have subsequently been approved for funding by a PEPFAR grant to provide HIV/AIDS care in these remote areas."

Daniel Dulek, MD (Dist VI)
Children's Memorial Hospital
Tanzania

"I will spend time at the Bugando Medical Center, an 800-bed hospital in Mwanza, Tanzania that is understaffed for pediatric care. The hospital has two separate pediatric wards as well as a small NICU and some capacity for pediatric intensive care. I plan to round with the pediatric team in all of the pediatric settings in a capacity similar to that of a resident in the United States."

Nivedita Mohanty, MD (Dist VI)
The University of Chicago
Lesotho

"The focus of my elective will be Pediatric HIV in Subsaharan Africa. I will spend one month at the Baylor International Pediatric Aids Initiative: Children's Clinical Centre of Excellence: Lesotho. My responsibilities as a resident will include history and physicals for new and follow-up patients who are HIV infected and exposed. The population ranges from birth to eighteen years of age. Residents are also involved in the stabilization and transfer of acutely ill children presenting to clinic."

Angkana Roy, MD (Dist II)
New York Presbyterian
Uganda

"Mulago Hospital is affiliated with Makerere University in Kampala. In the hospital, we will be working with their residents and attendings on different inpatient wards, including general pediatrics, the neonatal ICU, and a ward dedicated to malnutrition. In addition to our time in the hospital, we will also be working with the Naguru Teenage Centre in Kampala and a program called Outside the Dream, a non-profit, non-

governmental organization started in 2000 to aid in the education of children who have been orphaned by AIDS or war.”

Elizabeth Schneider, MD (Dist II)
NYU Residency Training Program
Kenya

“During this elective, I will be working on the pediatric floor of Coast Provincial General Hospital, which is a large city hospital in Mombasa. In the mornings, I will round with the residents and ward attending on children in the dehydration/diarrhea/malnutrition unit, hematology /oncology unit, isolation unit, chronic care unit, intensive care unit and general pediatrics ward. In the afternoons, I will be working in the AIDS Research and Family Care Clinic, which is a free clinic that is dedicated to pediatric HIV research and the provision of medical and support services to children and families with HIV/AIDS.”

Sarah Mulder, MD (Dist V)
Cleveland Clinic Foundation
Malawi

“I will be spending 6 weeks working in a clinical setting at a large government run hospital in Blantyre, Malawi a small country in east Africa. I will be involved with the pediatric inpatient wards as well as the pediatric emergency room. While in Malawi I plan to work both at the Blantyre Malaria Project caring for infants and children ill with cerebral malaria as well as rotate in the general pediatric wards the later of which is the busiest and has the most limited access to resources.”

Sandra Denise Beirne, MD (Dist II)
University of Rochester
Honduras

“The University of Rochester is in the beginning stages of establishing a long term relationship with a hospital and clinic in a town in Honduras. We will be attending to the health care needs of children from 5 months to 9 years old at a nutritional hospital. When families can no longer provide food for their children due to poverty, they place their children here.”

Gunjan Kamdar, MD (Dist II)
New York Presbyterian
Uganda

“Mulago Hospital in Makrere University is a public teaching hospital where I will work with other Ugandan and American pediatric residents. I will spend two weeks on the general wards, with exposure to many infectious diseases such as TB, HIV, bacterial meningitis, as well as other illnesses, one week on the malnutrition ward, and one week in the outpatient pediatric HIV clinic.”

Bill Finn, MD (Dist II)
University of Rochester
Honduras

“We will spend time on a public health project based at a health outpost where we will help to train a community health worker and contribute to a needs assessment to be used in designing a health system for the village. We will also participate in troubleshooting the initial phases of the implementation of an electronic medical record for the hospital and clinic in Pena Blanca.”

Raina Paul, MD (Dist I)
Boston Combined Residency Program
Africa

"Maluti Hospital is on the outskirts of Mapoteng, a small town 70 km north of Maseru, the capital of the Kingdom of Lesotho. Maluti Hospital also supports several outreach programs including 10 rural clinics staffed primarily by nurse clinicians. Responsibilities include inpatient and local clinic care as the sole pediatrician, overnight call for pediatric emergencies, leading conferences and teaching permanent staff."

Ron Shiloh, MD (Dist I)
Harvard Combined Medicine
South Africa

"Siyaphila is an AIDS hospice affiliated with McCord Hospital in Durban, South Africa. While there, I will round with the provider team in the morning and assist in decision-making regarding their care. I will also go with home health-care workers to visit patients at home, where much of the hospice care is provided."



**** AAP MEMBER BENEFITS ****

- Pediatrics: print & online access
- AAP News: print & online access
- AAP Grand Rounds: print & online access
- Red Book: hard copy
- Pediatric Environmental Health
- Members Only Center Website
- Pedialink.org: Individualized Learning Plans (www.pedialink.org)
- NeoPix: online collection of neonatal conditions found on Pedialink
- AAP policy: policy statements, clinical guidelines, technical reports
- Resident Section/Young Physician's Network (www.aap.org/ypn)
- State Chapter membership
- Discounts on AAP products/services
- Grants: International Travel, Research, Child Advocacy

RESIDENT CAREER DAY

*Delaware and
Pennsylvania –
October 2006*

*New Jersey –
March 27, 2007*

*DC –
April 25, 2007*

*Maryland –
April 2007*

*West Virginia –
Spring 2007*

Contact your
Chapter
Delegate
for more
information!



The 2008 (Cycle 1)
CATCH Resident
Funds Call for
Proposals will be
available May 1-July
31, 2007.

Don't miss the
opportunity to get
your brilliant idea
funded!! Visit
www.aap.org/catch

Interested in Becoming More Active and Taking on a Leadership Position in the AAP Resident's Section?

At 2007 NCE, the following **leadership positions** will be available:

Section Vice-Chair

(3 year Commitment, 1st year as Vice Chair, 2nd Year as Chair, 3rd year as Immediate Past Section Chair)

District III Coordinator

(1 year Commitment)

Assistant District III Coordinator

(1 Year Commitment)

13 liaison positions

(2 year Commitment)

Look for further announcements, updates, application, and deadlines in future issues of the newsletter or by visiting the resident section website @ <http://www.aap.org/ypr>

AMERICAN ACADEMY OF PEDIATRICS SPRING 2007 RESIDENT ADVOCACY DAY APRIL 18, 2007

Hosted by the American Academy of Pediatrics (AAP) Dept of Federal Affairs in Washington, DC, "Advocacy Day" has been part of the Academy's initiative to increase advocacy participation and skills among residents. The Academy has scheduled its next one-day Advocacy Training for pediatric residents on **Wednesday, April 18, 2007 from 8:30am to 4:00pm in Washington, D.C.**

Advocacy Day participants receive a full morning of advocacy training, including learning basic skills and discussing in-depth one child health legislative issue. The afternoon is spent meeting with congressional offices to present the issue and put new advocacy skills to use.

As many of you know, in the past we were very fortunate to cover the travel costs through the AAP Friends of Children Fund for a select number of residents--on a first come, first serve basis--to attend this training. Due to budgetary constraints, we will be unable to provide any travel assistance awards for the spring 2007 Advocacy Day.

Space is extremely limited, and participation will be reserved on a first-come, first-serve basis. There is no cost to attend Advocacy Day, and breakfast and lunch will be provided.

Please contact Priscilla Ring, AAP Department of Federal Affairs, 202-724-3304, or pring@aap.org to RSVP for Advocacy Day and with any questions. When RSVP'ing, please include your contact name, what institution you're coming from, and the best phone number and email address to reach you.



IS GREY NEXT?

With Christina planning her Justice of the Peace nuptials with Dr. Burke, and George recently married Las Vegas style to Calliope "Callie" Torres (Who we have just learned is rolling in a huge trust fund!), will Meredith get the matrimonial itch to take her relationship with Dr. McDreamy to the next level?

TUNE IN TO GREY'S ANATOMY THURSDAYS @ 9PM (8PM CENTRAL) FOLLOWING UGLY BETTY ONLY ON ABC!

Have an advocacy project or initiative you'd like to share? Email us!

AAP STUDENT LOAN CONSOLIDATION PROGRAM

The American Academy of Pediatrics, through a partnership with nonprofit Student Assistance Foundation, is pleased to offer a student loan consolidation program that features the simplicity of one loan, one lender and one payment. AAP members, their spouses, pediatric residents and medical students can receive benefits including principal reductions, interest rate reductions and much more by enrolling in the AAP Student Loan Consolidation Program.

FUNDING OPPORTUNITY: DEADLINE APRIL 27, 2007

The AAP [Childhood Immunization Support Program](#) is pleased to announce the availability of **several \$1,500 stipends**. Stipends will be awarded to AAP members (fellows or residents) who wish to initiate or sustain a project that encourages implementation of the National Vaccine Advisory Committee's *Standards on Childhood and Adolescent Immunization Practices*. (Available at: <http://www.hhs.gov/nvpo/nvac/documents/StandardsCAImm.pdf>.) Priority will be given to those projects that address underserved populations.

You can download the application from the CISP Web site at <http://www.cispimmunize.org/NVAC%20Stipend%20Application.doc>.

Applications are due back to Elizabeth Sobczyk, Manager of Immunization Initiatives, at 800/433-9016 ext 4271 or esobczyk@aap.org on Friday, April 27 by 5:00pm.

AAP Call for Abstracts—DEADLINE APRIL 13, 2007

Residents, have you seen an interesting case recently? If you've come across an unusual disease, or even a common disease presenting in an unusual fashion, prepare an abstract for the Clinical Case Presentation Program at this year's National Conference and Exhibition (NCE). The top ten authors are awarded free one-day registration for the conference. This year's NCE will be held in exciting San Francisco between October 27th and 30th. The abstracts are presented at a poster session, and the first place winner has the opportunity to publish their case in *Pediatrics in Review*. The first place winner also receives travel reimbursement for the trip to San Francisco. All abstracts should be submitted online at:

<http://www.call4abstracts.com/aap/>

Call for Nominations
2007 AAP Education Award
All Submissions Due: Friday, May 4, 2007

The American Academy of Pediatrics is pleased to announce that nominations are being accepted for the 2007 AAP Education Award. This award will recognize a member of the Academy whose educational contributions have had a broad and positive impact on the health and well-being of children and adolescents.

The selection subcommittee considers potential nominees from a broad perspective of educational contributions, ranging from bedside instruction to formation of a national child health educational policy. **Previous Education Award recipients are not eligible to be re-nominated for this award.** Award recipients will receive both a commemorative and cash award. The award will be presented at the AAP National Conference and Exhibition in San Francisco, CA, on October 27, 2007.

For more information on the 2007 AAP Education Award, please visit the website at <http://www.aap.org/profed/07%20edawardcfnom.pdf> or contact Dianne Kozil at 800-433-9016, extension 7653. The deadline for receipt of nominations is: **Friday, May 4th, 2007.**

All nominators will act as the coordinator for their nominees and will be responsible for obtaining/preparing and submitting the required materials.

FUNDING OPPORTUNITY: DEADLINE APRIL 24, 2007

CHADD is now taking applications for its Young Scientist Research Fund Awards, a program to recognize young researchers making contributions to the understanding of AD/HD. Through the Fund, CHADD will support three researchers with an unrestricted cash award of \$5,000 each; paid travel and hotel expenses, registration and a meal allowance to the **2007 19th Annual International Conference**, where they will be recognized; and a one-year CHADD professional membership. Applicants must be in the process of completing a doctoral degree or must have completed such a degree within the last three years. Research may address any area relevant to AD/HD including, but not limited to: biological/genetic underpinnings of the disorder; treatment efficacy; impact on the individual or family; school or workplace accommodations; social stigma and discrimination; public health; and epidemiology. The awards are funded by Eli Lilly and Company, McNeil Consumer & Specialty Pharmaceuticals and a number of individual donations.

Deadline for applications is April 24, 2007. For an application or for more information, go to www.chadd.org/youngscientist/.

DON'T FORGET:

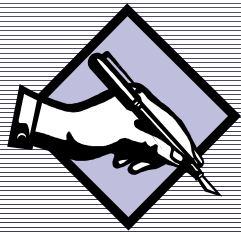
2007 NCI
5208 TOWNSEND ST., CA
October 27-30, 2007
www.aap.org/nca

**Residents Receive
a FREE
Subscription to
AAP Grand Rounds**

To assist in residency training the AAP is offering residents a free subscription to the online edition of *AAP Grand Rounds*. This literature review journal provides the latest evidence-based, research, reviews and commentaries. Residents can activate their subscription at www.aapgrandrounds.org.

CONTRIBUTE TO OUR NEWSLETTER!

If you'd like to share an experience via our newsletter - please contact us at aaap@pediatrics.org, if possible and you may see your piece in our next newsletter!



IDOL WORSHIP

SARAJAYA MAI AKAR, the 17-year-old high school senior singer performs on American Idol much to the chagrin of many fans. (She has even started a hunger strike with her 10,000 fans if she is voted off the show.) It has been rumored that the young singer comes on the show secondary to e-mails and weblogs encouraging her to vote for the teen in order to keep him on the show, including Howard Stern.



American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™
Community Pediatrics, the Medical Home and Beyond
June 29 - July 1, 2007 • Orlando, Florida

The Future of Pediatrics: Community Pediatrics, Medical Home and Beyond is an exciting new AAP conference taking place June 29 – July 1, 2007 in Orlando, FL. It will be a great opportunity for community pediatricians and other community health providers and medical home advocates to network and learn from each other as well as from the respected clinical and practice faculty.

There will be concurrent session tracks on community pediatrics training and skills development, community partnerships, medical home, practice management, and key clinical issues. A hands-on workshop will let you present your idea for a community project to a small group leader and other participants who will help you shape and enhance your idea into a viable project. Medical home sessions include an interactive workshop on collaborative approaches to addressing chronic medical conditions. In addition, more than 100 medical home and community practitioners and advocates will share their successful projects through posters at a reception and poster session.

To register or find out more, go to www.pedialink.org/cmefinder

Residents Receive a Sponsored Subscription to 2007 PREP Audio

To assist resident education training, Mead Johnson has sponsored subscriptions for all pediatrics residents to PREP Audio: Critical Conversations with Experts, a new education program developed by the AAP. This monthly audio journal is the latest addition to the Academy's PREP family of products. Residents can activate their subscription at www.prepaudio.org using their AAP ID number.

Unsure of your AAP ID number, contact AAP Customer Service for assistance at 866-THE-AAP1 (843-2271), Monday through Friday between 7:00AM and 5:30PM Central Time.

FEATURED RESOURCE

"Genetics Home Reference Information Rx" on Newborn Screening and Related Genetic Disorders

After a doctor sees a patient, he or she often prescribes medications. But what if such a doctor also wants to direct a patient to up-to-date, reliable, consumer-friendly information about a genetic condition, or an explanation of the basics of genetic science? Pediatricians can refer their patients to Genetics Home Reference, a free, patient-friendly Web site of the National Institutes of Health (NIH), at <http://ghr.nlm.nih.gov>. This project makes it easy to refer patients directly to Genetics Home Reference with a free and convenient Information Rx prescription pad.

Pediatricians can request free "Information Rx" pads, which will enable them to write "prescriptions," pointing patients to the Genetics Home Reference site and to the wealth of information it contains. The free "Information Rx" pads can be ordered through the <http://www.informationrx.org> website.

Here's how to order:

- 1.) Go to <http://www.informationrx.org/> and select Genetics Home Reference.
- 2.) Choose the organization to which you belong.
- 3.) Enter the quantity of free Rx pads that you would like and proceed to checkout. Fill in the required information for mailing.

In return for use of this free resource, the National Library of Medicine hopes that you will participate in an upcoming evaluation.

Genetics Home Reference includes over 500 topics on genetic conditions and related genes. The site features a richly illustrated tutorial that explains the basics of genetics, from the cellular level on up, and a glossary of genetics terms. The site is regularly updated by scientific staff and reviewed by external experts.

ADVOCACY WEBSITES

- ✓ Federal Affairs website - <http://aap.grassroots.com/>
 - ✓ Sign up to be a key contact (FAAN) - <http://aap.grassroots.com/keycontact/>
 - ✓ SCHIP Reauthorization -- Background and Resources - <http://aap.grassroots.com/SCHIPsignon/>
 - ✓ TELL CONGRESS: Fund SCHIP and Medicaid - <http://aap.grassroots.com/fundSCHIP/>
 - ✓ General information on Medicaid and SCHIP - <http://www.aap.org/advocacy/staccess.htm>
 - ✓ Division of State Govt Affairs website - <http://www.aap.org/moc/statelegislation/>
 - ✓ Medicaid fact sheets by state - http://www.aap.org/advocacy/washing/elections/med_factsheet_pub.htm
 - ✓ Campaign for Children's Health Care - <http://www.childrenhealthcampaign.org/>
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WANT TO CONTACT YOUR REPRESENTATIVE?

See the last page of this newsletter for Contact Information Section contact information.



For more information on Contact in Action! Local Leadership, please visit the Member Only Center at www.aap.org!

PATERNITY TESTING

In a world where you can see the opinions of politicians and the meaning of Father's Day, what are you doing? "Mommy's Baby, Daddy's Mayhem," the saga of the paternity of Dennis Lynn, the former child labor of Anna Nicole Smith continues. Now, a bad case, back in the days of Robert von Arboll, the husband of actress Zsa Zsa Cadore, claims to be a candidate as the baby's father. Tune in to any television station or entertainment magazine at the paternity test results. Are they to be revealed?

AAP

LEADERSHIP

YOU


FEATURE ARTICLE

Leadership and Pediatrics: Essentials to Ensuring Healthy Outcomes for Children

Shallon Craddock, MD, MPH

How would you describe leadership? According to several interviews of prominent business leaders, conducted by Harvard Business Review, leadership is best described as: Humility, Energy, Vision, Perspective, Passion, Conviction, and Learning. As future pediatricians desiring to make a difference in the lives of our patients globally this means that as we build our expertise in medicine we must also develop value based leadership skills and assume positions of influence. Such positions include medical practice management, hospital administration, public health, and child advocacy to promote policy that will ensure health equity and the optimal well-being of children. Essential to successful leadership is effective team building. This was our objective at the District III AAP Pediatric Leadership Conference entitled "Passionate Advocacy" held in Baltimore, Maryland, February 23-24, 2007.

Various influential leaders in pediatrics, such as Renee Jenkins, MD, FAAP, president-elect of the AAP and Kenneth Slaw, PhD, President of the Pediatric Leadership Alliance were on hand during this historic event to galvanize and motivate current and future pediatricians to harness the resources available to them to promote child health. Other notable presentations were given by Alan Kohrt, MD, FAAP, MaryEllen Gusic, MD, FAAP, and Jackie Noyes, Assistant Executive Director of the AAP on topics ranging from the future of pediatrics to legislative advocacy training. At the end of the conference, each participant was presented with a book entitled, *The Leadership Challenge Workbook* by Kouzes and Posner.

It is our duty as pediatricians to acquire the skills and wisdom to lead children and their families into a healthy future. Pediatricians must lead the way, and empower our colleagues, patients, and communities to work with one another towards building a brighter future with greater access to quality care and improved quality of life for all children. Find out what is taking place in your community and the AAP; participate, and make a difference. 

*Dr. Craddock is an intern at the
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