



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Committed to the attainment of optimal, physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

District IV AAP Resident Newsletter

www.aap.org/sections/resident/

Kentucky, North Carolina, South Carolina, Tennessee and Virginia

December 2006

Amy Jost, MD – District Coordinator

Janelle Plummer, MD– Assistant District Coordinator

What is the Resident Section?

www.aap.org/sections/resident

The AAP Section on Residents was founded in 1989 and enables residents, fellows, and medical students to work together to improve the care of infants, children, adolescents, and young adults. The resident section is by far the largest of the AAP's Sections with over 9,000 members. Resident and fellow members of the AAP are automatically members of the Section.

In addition to working on advocacy, the Resident Section provides a forum for issues dealing with residency and fellowship training such as work hour rules and the fellowship application process.

The Section provides educational programming at the National Conference and Exhibition of the AAP. The programs consist of a keynote address, two education breakout sessions, district meetings, and elections. One of the subcommittees deals specifically with education and fosters more ways for residents to take advantage of the many educational opportunities already offered by the AAP. The Resident Section serves in a consulting capacity to the AAP Board of Directors and makes recommendations regarding policy statements related to pediatric residency training and other matters relating to the education and well being of pediatric residents.

The Resident Section also provides information regarding grants and scholarships for advocacy projects, research, and international child health.

Our section is governed by an Executive Council comprised of two resident representatives from each of the AAP's ten geographic districts. There is a

national chair, vice-chair and secretary. Your district, District IV, is represented by **Amy Jost, MD**, a PGY-3 from UNC Chapel Hill and **Janelle Plummer, MD**, a PGY-3 from Charlotte, NC. The Section leadership is your voice to the AAP Board of Directors, as Executive Council members attend various Board meetings throughout the year. The Resident Section is sought out by many Academy higher-ups who want to be resident advocates, and who want our opinions on many facets of what takes place in the AAP.

Fellowship Info

For those interested in a pediatrics fellowship, there are many sources to find the information you need. One of the first places to look for any fellowship is in the **January edition of Journal of Pediatrics**, which always has a list of available fellowships in pediatrics for the next year, as well as contact information, application deadlines, etc. This can be accessed online at www.mosby.com/jped (click on list of fellowships). For a listing of fellowship application deadlines and match dates, go to <http://www.nrmp.org/fellow/schedule.html>

New Website!

One of the primary goals of the Resident Section this past year was to develop a new website. The new website will be more user friendly and will provide information about AAP opportunities for young physicians and medical students in addition to those available for residents. Stay tuned for the new website which will be opening soon at:

www.aap.org/ypn



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Important Dates and Deadlines for Grants and Scholarship Opportunities

Resident Research Grant

In an effort to enhance the development of research skills among physicians in training, the American Academy of Pediatrics administers the Resident Research Grant Program. Grants of up to \$2,000 will be available. **DEADLINE: February 2, 2007**

Residency Scholarships

The American Academy of Pediatrics Resident Scholarship Program is specifically designed to help allay financial difficulties for residents in good academic standing. The Academy grants annually a number of scholarships varying from \$1,000 to \$5,000.

DEADLINE: Feb 2, 2007

Resident CATCH Grants

The Community Access to Child Health (CATCH) Resident Funds program supports pediatric residents in the planning of community-based child health initiatives. Grants of up to \$3,000 are awarded twice each year on a competitive basis for pediatric residents to address the needs of children in their communities. Resident grants are available twice a year—May to July, during the CATCH Planning Funds grant cycle, and November to January, during the CATCH Implementation Funds grant cycle. **DEADLINE FOR CURRENT CYCLE: January 31, 2007.** For more details see:

<http://www.aap.org/catch/residentrants.htm>

Resident Section Anne E. Dyson Child Advocacy Award

The American Academy of Pediatrics Resident Section Advocacy Award, supported by the Dyson Foundation, celebrates the efforts of pediatricians-in-training as they work in their communities to improve the health of children. Any resident-sponsored and/or resident led project that seeks to advocate on behalf of children is eligible for this award. Winners receive a \$300 check usable toward the project, along with travel and lodging expenses for two residents to attend the Section assembly meeting. **DEADLINE: August 2007**

Resident Clinical Case Presentation

Any interesting cases out there? The resident section has a successful new tradition at the National Conference & Exhibition (NCE) - Clinical Case Presentations. Residents submit abstracts of interesting cases they have come across in their training. The abstracts are judged by a committee of resident leaders, and the top ten authors are awarded free registration for the conference. The abstracts are presented at a poster session along with the winners of the Resident Research Grant Program during the NCE Resident Section reception. The first place winner is announced that night by the Editor-in-Chief of Pediatrics in Review (PIR), who will publish the case in PIR as an Index of Suspicion article. The first place winner also receives travel reimbursement for the trip to the NCE. **DEADLINE: April 2007**

Resident Section International Rotation Travel Grant

The AAP set aside 10 five-hundred dollar grants to be awarded in the year 2006 to categorical pediatric or combined-training pediatric residents who wish to complete a clinical pediatric elective in the developing world during residency. The awarding of the grant is based solely on this application and the accompanying form from your program director. After the selection committee reviews the applications the recipients will be notified mid-January 2007. **Unfortunately, the application deadline for this program has passed for this year. Please check back in September 2007!**

NCE Travel Grants

This grant supports the program delegate's travel to the AAP Resident Section meeting at the annual National Conference and Exhibition (NCE). Travel grants are available to residents who serve as program delegates to the AAP. There is only one grant awarded per residency training program who will automatically receive the \$300 travel grant. If your institution does not have a designated AAP Program Delegate or the program delegate is unable to attend the NCE, you may have the opportunity to receive the travel grant.

Please see Resident Section Website for applications and additional information about above opportunities



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ADVOCACY OPPORTUNITIES!

Legislative Conference for the AAP

This 3 day conference in Washington, D.C. in April focuses on understanding the federal and state legislative process, acquiring skills to successfully impact Congress and state legislatures, and developing strategies to effectively utilize the media. Participants visit with their members of Congress, have hands-on work sessions, and start building relationships with peers, politicians, and the press. DEADLINE for early registration: February 2, 2007. For information about scholarship opportunities email kmatthews@aap.org

CPTI Advocacy Training Grants

The Community Pediatrics Training Initiative (CPTI) is sponsoring a new advocacy training opportunity for pediatric residents and faculty. CPTI will provide scholarships for 5 faculty-resident pairs (10 people) to attend the AAP Legislative Conference in 2007. Each faculty-resident pair will be required to implement an educational activity on child advocacy in coordination with their local AAP chapter following the conference. In addition to the travel and expenses related to attending the Legislative Conference, grants of up to \$1,000 will be awarded to work on the educational advocacy activities. This project is designed to support advocacy training within residency training programs and to strengthen the collaboration of community pediatrics faculty and residents with their AAP chapters. The brief application and guidelines are available online at: <http://www.aap.org/commpeds/CPTI/Opportunities.htm>. Applications must be submitted by e-mail to: cpti@aap.org no later than January 19, 2007. For further information, please contact Alanna Bailey at: 800/433-9016, extension 7397 or abailey@aap.org.

The Administration for Children and Families Grant Review Program

The Administration for Children and Families (ACF) at the U.S. Department of Health and Human Services is recruiting graduate students (including pediatric residents!) to serve on panels that review and make recommendations on the award of Federal grants. Residents selected to serve on the grant review panels will spend 1 week reading, evaluating, discussing, and making recommendations on grant proposals. They will work with other panelists from a variety of backgrounds related to helping children and families. Students may be assigned to read grant applications in any of the following topical areas covered by ACF such as prevention of child abuse, Head Start, developmental disabilities, or Refugee resettlement. For more information please see: www.acf.hhs.gov/grants/June_2006_Brochure.pdf

FAAN – An Opportunity to Make a Difference in Less Than 5 Minutes!

The Federal Advocacy Action Network (FAAN) is a network of Academy members who help support federal legislative and regulatory activities from their positions as constituents. This growing grassroots network needs your support! Via e-mail, the AAP Dept. of Federal Affairs provides AAP members the latest information on federal legislation and regulations along with sample key messages to send to Congress or other elected officials. FAAN members receive special alerts when their voices are needed and guidance on what action should be taken. You'll choose the level and range of activities that suit your busy schedule, from faxing or calling your congressional members about issues of concern to you, to requesting a personal meeting. Enroll online at the AAP Members Center, www.aap.org/moc, and click on Federal Affairs.



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Advocacy Work in District IV

At the October AAP National Convention in Atlanta we learned about many exciting Resident initiatives ongoing in District IV – here are just a few examples of what your fellow residents are doing!

Anyone frustrated by lack of adequate translation services in your continuity clinic?

Romesh Wijesooriya, at the University of Virginia, was awarded a CATCH grant that covers the training and hourly employment of two Spanish translators for his resident continuity clinic. Romesh will conduct pre- and post-translator surveys to evaluate how both patients and physicians feel about how the translators improve efficiency and patient care compared to their current system of phone translators. Assuming that people prefer having actual translators, instead of a translator phone, Romesh will present the data to the powers that be in order to (hopefully) effect change.

Nutrition Education in Elementary Schools

Susan Hata, a medicine-pediatrics resident at Vanderbilt, applied for and received a CATCH grant to provide nutrition and exercise education at a local elementary school. Her program teaches nutrition basics, involves hands on demonstrations of how to make a healthy meal, and provides shopping lists and menus for families. Vanderbilt residents take turns going to the school on Fridays to teach the classes.

Resident Advocacy at the University of Louisville Pediatric Residency Program

Suzanne Kingery updated us about advocacy projects sponsored by their residency advocacy group known as PUSH-Pediatricians Urging Safety and Health. The 3rd year residents are advocating for a booster seat law in Kentucky. The 2nd year residents are advocating for sexual abuse support and services legislation. The goal is to provide a 24/7 CAC (Children's Advocacy Center) in the

major KY cities where victims of abuse can receive support and direct services. The 1st year residents are working on a project to target ways to decrease childhood obesity.

Communication with Latino Families in Continuity Clinic

Michelle Hernandez, a recent resident graduate from UNC Chapel Hill received a CATCH grant during her residency to study how Latino families in continuity clinic appraised the quality of communication. Michelle worked with Lisa DeCamp, a current third year UNC resident, to design a survey regarding communication at a sick visit and enrolled around 150 families, 1/3 of whom were Spanish-speaking. Because of the need for research assistants this study required additional funding which was obtained through a Capitol Broadcasting Gift in Kind and a grant from Blue Cross/Blue Shield. Data from this resident project is currently being analyzed to prepare for publication submission.

Diaper Drive at UVA

John Mytinger, a resident at University of Virginia Children's Hospital in Charlottesville, VA worked with his fellow interns to develop an advocacy program that distributes diapers, wipes, and rectal thermometers to children of indigent families. The intern class convened monthly and assigned tasks to each intern. Interns were given dedicated time and leadership rotated monthly. Tasks included identification of a target population, investigation of a partnership with a national organization, preparation of a funding request, and drafting of proposals. Funding sources were identified and start-up costs were successfully obtained from a community contributor.

Please email ajost@unch.unc.edu with any updates of Resident Initiatives at your program!



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Educational Opportunities!

Child Restraint Laws Learning Module

AAA and the American Medical Student Association (AMSA) have created a new curriculum module that will teach healthcare providers about the importance of properly restraining children in vehicles. The new module is designed to educate providers on the critical issue of child passenger safety, and to discuss the role of the provider in delivering that information to parents. By teaching crash dynamics and how restraints work to prevent injury, AAA and AMSA hope the information will help providers better understand the need for restraints, as well as provide better advice to their patients. The module is available on the AMSA website at <http://www.amsa.org/CPS/start.html>.



PEDIALINK

Some of you may already be familiar with PediaLink (www.pedialink.org) as a source of Board review questions and clinical images. Please take the time to go to www.pedialink.org and you will be pleasantly surprised. There you will find CME opportunities (if you're looking for a fun destination to use your CME money), Neopix (if you're looking for ways to teach the med students or yourself in the NICU), and PREP (go to "Online CME" and then to PREP Self-Assessment).

Calendar of Meetings

AAP National Meeting (NCE)

October 27th-30th 2007
San Francisco, CA

District IV Meeting

June 28-July 1, 2007
Charleston, South Carolina

Chapter Meetings

Tennessee

2007 PEM CME Conference & TNAAP Annual Meeting
Advancing the Frontiers of Pediatric Emergency Care in Tennessee
October 6 & 7, 2007
Memphis, TN

Virginia

July 20-22, 2007
Pediatrics at the Beach
Virginia Beach, VA

North Carolina

Winter Open Forum
February 3, 2007

Spring Open Forum
April 21, 2007

Annual Meeting
August 17-19, 2007
Grove Park Inn – Asheville, NC

Kentucky

Annual Meeting
August 18, 2007
Rough River State Park

South Carolina

Annual Meeting
Jul 17, 2008 - Jul 20, 2008
Marriott Resort Grande Dunes - Myrtle Beach, SC



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Your District IV Leadership

Resident Leadership

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State Delegates

Virginia: Laura Blanchard, UVA
Kentucky: Suzanne Kingery, University of Louisville
North Carolina: Ben Hooker, East Carolina University
South Carolina: Julie Gooding, Greenville Hospital System
Tennessee: Kathryn Dodd Shumate, University of Tennessee, Chattanooga

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