

# DISTRICT VI NEWSLETTER

*Committed to the attainment of optimal, physical, mental, and social health and well being for all infants, children, adolescents and young adults."*

## WHO ARE WE? AKA WHAT IS THE AAP ALL ABOUT...

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### SPECIAL POINTS OF INTEREST:

- Find out how you can get money for your research, travel, or hard luck from the AAP (page 3)
- Find out how to become an AAP voice at your program, and get to travel as a result (pages 2, 4)
- Start establishing your professional home (pages 2,3)

Greetings, and THANK YOU for taking the time to check out the AAP Resident Section District VI Newsletter. So who are we? What is the AAP all about? And what can they AAP do for ME?

All great questions, thanks for asking. First and foremost, this newsletter is brought to you by your District Coordinator (Scott Schwantes) and your Assistant District Coordinator (Jonathan Johnson). We represent District VI (on the right) to the national AAP Resident Section.

A bit of background on the AAP. We were founded in 1930 and have grown to become the largest organization of Pediatricians in the United States. We are a unique medical organization in that we represent both our members and our patients. Statistically speaking, over 81% of Board Certified Pediatricians are members of the AAP. Over 25% of AAP Fellows are Sub-Boarded Pediatric Sub-

specialists or Pediatric Surgical Specialists. 45% of our members are less than 40 years old, 51% of Members are female, and over 90% of Residents are AAP members.

As for our structure, the AAP is divided into 10 districts. At the resident level we have leadership for each district (DC and ADC). Within the National AAP members can join from a selection of 53 different Sections and Councils based on common interests in all areas of Pediatrics.

All residents are members of the Resident Section, and can join other Sections (generally \$10-\$15 annually)

The Resident section's mission statement reads, "The AAP Section on Residents will advocate for residents, develop leadership within the Section, and educate residents on how to advocate for infants, children, adolescents and



young adults." With that said, we hope this newsletter helps you understand a bit about what the AAP can do for you, and how you can help become involved on a program, chapter (state/province), district or national level.

Don't hesitate to contact us, or visit [www.aap.org/ypr](http://www.aap.org/ypr) for more information.

Welcome once again!

## WHAT'S HAPPENING? YPN, ADVOCACY

Within the AAP Resident Section there is an advocacy subcommittee. Each year we pick an advocacy issue to focus on.

### 2006 Advocacy Campaign

In 2006, we will be providing residents a tool kit on how to become an effective advocate along with a presentation on the Deficit Reduction

Act. The goal is to provide residents not only with a skill set but then to utilize it on an important issue to prevent detrimental changes in their respective states healthcare system.

### 2005 Advocacy Campaign

In 2005, the advocacy project was a Soft Drink Letter Campaign, and this May, the Ameri-

can Beverage Association announced all major beverage manufacturers would begin to remove soda from public schools. They agreed to follow the guidelines from The Alliance for a Healthier Generation.

Let us know how we can help you implement your own ideas today!

WHO ARE THESE HANDSOME DEVILS? MEET YOUR DISTRICT REPS AND FIND OUT HOW TO GET MORE INVOLVED

Scott Schwantes, MD

Hello everyone! I'm the Resident District Coordinator for District VI, and I'm excited to get the word out to all of you. I'm a resident at the University of MN, and plan on becoming a Peds Intensivist. One of my goals during my tenure as your DC is to really just increase the communication and increase the aware-

ness of what AAP can do for residents, and to really get residents involved with the AAP. I'd love to hear from you, so drop me a line and let me know what I can do to help you out.

Jonathan Johnson, MD

Hi! My name is Jonathan and I am your Assistant District Coordinator for District VI. I am a second year pediatric

resident at the Mayo Clinic in Rochester, MN. I grew up for the most part in Wisconsin, but now am happy to call Rochester my home.

Along with your District Coordinator Scott, we hope to be able to connect each and every resident we serve with the amazing resources that the AAP has to offer.



Scott Schwantes, MD



Jonathan Johnson, MD

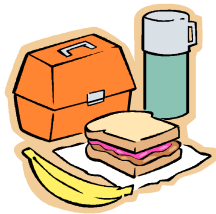
HOW TO HOST A LUNCH (AKA SPREADING THE WORD)

Noon lectures and morning reports are ideal times to spread the word about the AAP. Most of the residents will already be members whether or not they know it. Therefore, it's up to us to really take control and inform the residents about all the AAP has to offer and what they can do to become active in the AAP. We already have

several PowerPoint presentations available to download for you to present to your crew (presentations on an Introduction to the AAP, Federal Advocacy, and the Deficit Reduction Act and its impact

on Pediatrics).

We are here to help you approach your program directors if needed, help you arrange a PowerPoint, and provide other resources as you see fit. We're here to help you spread the word, and would be thrilled to hear about your lunch if you've hosted one!



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E-MAIL RESOURCES (AKA FREE FROM THE AAP FOR YOU)

Now that you're a member of the AAP, what exactly can the AAP do for you? This is an opportunity to introduce the notion of the AAP as your professional home. As we continue to progress (and relocate) throughout our careers, it's reassuring to know that there are resources available to us as we con-

tinue on our professional journey. The AAP is here to provide you with some of these resources.

Firstly, how about free e-mail? Although this may seem trite, it is helpful to have one professional e-mail that can follow you through-

out you various locations.

Although your residency program has undoubtedly supplied you with an e-mail, we can't stay in residency forever. Therefore, you are eligible to sign up for a free <yourname>@aap.net e-mail that can be yours throughout your membership with the AAP. This e-mail address can

be set up to automatically forward e-mails to your preferred account. Also, it has a professional appeal, perhaps a bit more than:

medschoolstud@gmail.com. Go to www.aap.org today to activate your account, and to discover other resources at your new professional home!

## GRANTS AND SCHOLARSHIPS (AKA MONEY FROM THE AAP)

The AAP Resident Section offers numerous grants, scholarships, and awards specifically to residents. For a short summary, see below:

**NCE Travel Grants:** Money to help program representatives defray the cost of attending the NCE to represent their program.

**International Travel Grants:** \$500 awards to help with international travel electives to developing world coun-

tries.

**CATCH grants:** Up to \$3,000 grants available for resident-designed child advocacy projects to address needs of children in their communities.

**Resident Research Grants:** Up to \$2,000 available to help fund resident-led research projects.

**Residency Scholarships:** \$1,000 to \$5,000 annual

scholarships available to pediatric residents who are able to show a substantial need for financial assistance during residency.

**Anne E. Dyson Child Advocacy Award:** Award designed to showcase projects designed and implemented by residents that aim to improve the lives of children. There is a monetary award, travel, lodging, as well as national recognition by the AAP.



## PREP CURRICULUM (AKA HOW TO PASS THE BOARDS)

As further support for our wonderful residents, the AAP publishes the PREP curriculum to help prepare us for the Pediatric Boards. The best thing about this happens to be the fact that it is free to us! Not only that, but through using the PediaLink website, you can tailor your studies to help reinforce your strengths and bolster up your

deficiencies.

Using the Individual Learning Plan (ILP), you can easily help



identify a learning plan based upon your career aspirations, strengths, and weaknesses. Not to mention, quick and easy links to information on fellowships, jobs, and advocacy resources. So, check it out today and continue to make use of these incredibly useful, powerful, and FREE tools.

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## CLINICAL CASE PRESENTATION AND RESIDENT REPORT

Have an interesting case report about a patient you have taken care of during your training? Consider submitting an abstract of the case to the annual resident Clinical Case Presentations at the National Conference & Exhibition, to be held in San Francisco, CA in October, 2007. The abstracts are submitted through the AAP's

online abstract submission process and are judged by a committee of resident leaders. The top ten authors are awarded free registration for the conference. The abstracts are then presented at a poster session during the NCE Resident reception.

The first place winner will be announced that night by the Editor-in-Chief of Pediatrics in

Review (PIR), who will publish the case in PIR as an Index of Suspicion article. The first place winner also receives travel reimbursement for the trip to the NCE.

Keep an eye out on <http://www.aap.org/ypn> for submission deadlines (likely around April 2007). Feel free to e-mail your chapter or district reps with any questions.



## A WORD FROM OUR PRESIDENT (NO, NOT THAT ONE)

The Section on Residents strives to give residents a voice in all aspects of the Academy. We have two representatives in each of the Academy's ten geographic districts: the District Coordinator and Assistant District Coordinator. Each district in the Academy is divided into chapters; we are striving to have representatives to each of those chapters as well. Individual pediatric residency training programs should also have their own delegate that attends the national convention and communicates throughout the year to the other members of their residency. The academy also has many other special interest Sections and Committee. The Section on Residents has liaisons to over twenty of them!

During our residency, each of

us touches the lives of individual patients and families on a daily basis. We develop our clinical skills and professionalism as we give our time, concentration and devotion to the task of becoming a better pediatrician. Is that enough? Can we do it alone? Academy membership and participation provides educational opportunities, access to resources and grants, and a network of motivated people to help you and to help children around the world. Your involvement makes you a contributor to the largest publisher of pediatric literature worldwide, and makes you a part of national and grass roots advocacy efforts for all of our children.

The resident section is working to continually improve communication with our

members. Please watch for newsletters via E-mail from your district representatives, the national resident section newsletter "Resident Report", as well updated information on this web site. The annual meeting of the Academy, the National Convention and Exhibition (NCE) is held each fall in different locations. The 2007 NCE is in October in San Francisco. This meeting is an excellent opportunity to attend educational programs, interact with residents and pediatricians from around the country and become more involved with the Academy. The resident section programming in 2007 will include clinical case and research grant presentations, our annual advocacy award, the creation of resolutions by us for the academy, workshops on stress and time management, program-

ming on choosing and negotiating with a new practice, and a panel discussion on a variety of career paths in pediatrics. I hope to see you there!

To get involved before the NCE, please contact me, your district coordinators, or ask your program director who is your program's AAP delegate or how to become one yourself!

Thanks again,

Christopher G. Strother, M.D.  
Resident Section Chairperson  
American Academy of Pediatrics  
christopher.strother@mssm.edu



## UPCOMING MEETINGS (BE SEEN, BE HEARD)

There are a lot of great meetings coming up on both the national and state level:

### **AAP National Conference and Exhibition**

**San Francisco, CA**

**October 27<sup>th</sup>-30<sup>th</sup>, 2007**

Pediatric Academic Society/Society for Pediatric Research Annual meeting

Toronto, ON

May 3<sup>rd</sup> - May 8<sup>th</sup>, 2007

State Board Meeting Dates Known at time of Publishing

(Residents are welcome at these meetings!)

Program and District reps should try to make one of

your state meetings if possible.

### **Illinois**

<http://www.illinoisAAP.org>

December 6<sup>th</sup>, 2007: ICAAP Membership Breakfast and Executive Committee Meeting, Rosemont, IL.

May 18<sup>th</sup>-19<sup>th</sup>, 2007: ICAAP Annual Meeting, Lincolnshire

### **Iowa**

<http://www.iowaped.org>

### **Kansas**

<http://www.aapkansas.org>

Annual state meeting, planned in spring 2007. Date

and location TBA.

### **Minnesota**

<http://www.mnaap.org>

February 15<sup>th</sup>, 2007, Time and Location TBA

June 2007: Annual Meeting, TBA

### **Missouri**

<http://www.moaap.org>

Just missed the annual state meeting - November 16<sup>th</sup>, 2006.

### **North Dakota**

<http://ndaap.org>

March 2<sup>nd</sup> 2007: Fargo, ND, Time TBA - in conjunction with Meritcare Conference

### **Wisconsin**

<http://www.wisaap.org>

April 28<sup>th</sup>, 2007: WIAAP Annual Meeting at the Blue Harbor Resort in Sheboygan.

No current information available for South Dakota, Manitoba or Saskatchewan



Join us next October for the big meeting in San Francisco!!

**FOR MORE INFORMATION ON MANY OF THESE TOPICS AND MORE, CHECK OUT [WWW.AAP.ORG/YPN](http://WWW.AAP.ORG/YPN) TODAY!!**