

# American Academy of Pediatrics DISTRICT IX RESIDENT NEWSLETTER

Winter 2005 Issue

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## NCE IN REVIEW: FUN IN SAN FRANCISCO!

In October  
2004,  
pediatricians

from across the country convened in District IX's very own San Francisco for five days of educational sessions, instructional workshops, and fun-filled activities at the 2004 National Conference and Exhibition. As always, there was a plethora of opportunities for everyone in attendance to further their pediatric knowledge and skills. In particular, a focus of the 2004 NCE was the current obesity epidemic, with attendees learning ways to combat this issue from a variety of angles, including in the clinic, in the classroom, and in the legislator's office.

Saturday at the conference saw the annual resident section meeting. Dr. Julianne Thomas provided an inspirational keynote address, as she discussed her experience in vying to become the first pediatrician in Congress and called upon the next generation of pediatricians to become effective advocates for children. In addition, residents were treated to special sessions focusing on leadership skills for young pediatricians as well as a guide to state and federal child health advocacy.



An important part of the resident section meeting each year is the business at hand. District IX's Theresa Murdock-Vlautin from Children's Hospital San Diego assumed the role of Chair of the Resident Section, and Sarah Corathers from Cincinnati Children's Hospital was elected Vice-Chair while Dana Hargunani from Oregon Health Sciences University was elected Secretary.

In addition, the Resident Section passed some important resolutions on the following topics:

- Job development
- Quality of Continuity Clinic
- Limiting ICU training to six months
- Promoting international health electives
- Promoting breastfeeding
- Offering two-year specialty fellowships
- Improving oral health education
- Improving WIC services
- Treatment of metabolic syndrome
- Standardization of Resident Benefits

*Remember: it's never too early to start planning to attend next year's NCE! Mark your calendars to attend the 2005 AAP NCE in Washington, D.C., October 8-11, 2005.*

## MEET YOUR NEW COORDINATORS!

Laura Hufford, MD, from UC-Davis and Matt Oster, MD, from UCSF are excited to have been chosen at the NCE as your 2004-05 District Coordinator and Assistant District Coordinator, respectively. Laura,



who has experience in AAP leadership as the California Resident Assistant District Coordinator for 2003-2004, plans on continuing efforts to unite residents across California in advocacy projects, resident education and legislative advocacy. She was born in Bend, Oregon and went to medical school at Oregon Health Sciences University in Portland, Oregon. She looks forward to working with residents in California and across the nation.

Matt, who is in the new Pediatric Leadership for the UnderServed program at UCSF, hopes to encourage and promote advocacy efforts by AAP residents across



**Matt Oster, MD** California. He has particular interests in health policy and obesity, but is eager to work with residents on a wide variety of advocacy campaigns. He is originally from New Orleans, and went to UCSF by way of Vanderbilt University and the University of Pennsylvania School of Medicine.

Laura and Matt look forward to working with you to make this a great year for District IX, and they encourage you to contact them with any questions, comments, or suggestions:

Laura Hufford, MD  
District Coordinator  
[ariamedicine@hotmail.com](mailto:ariamedicine@hotmail.com)

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Asst. District Coordinator  
[moster@itsa.ucsf.edu](mailto:moster@itsa.ucsf.edu)

## CHAPTER FOCUS

*Each newsletter will focus on a specific program from one chapter. This issue looks at Chapter 1.*

The Northern California chapter of the AAP is excited to be launching their new advocacy committee. This committee, consisting of residents, faculty, and community pediatricians, are committed to using advocacy tools to promote the physical, emotional, and social well being of children. They hope to do this by increasing advocacy training at residency programs, partnering with local communities, and serving as a resource for the media and public at large. If you are interested in learning more about this committee, please contact Lisa Chamberlain at [Lisa.Chamberlain@medcenter.stanford.edu](mailto:Lisa.Chamberlain@medcenter.stanford.edu).

*What's going on at your program? Please send an e-mail to Matt at [moster@itsa.ucsf.edu](mailto:moster@itsa.ucsf.edu) if you'd like to share your experiences in the next newsletter!*

## CALIFORNIA ADVOCACY SPOTLIGHT

*Each newsletter will highlight one statewide advocacy group in California.*

### California Center for Public Health Advocacy

This non-profit organization aims to raise awareness about public health issues and to mobilize communities to promote the establishment of effective health policies. Priority issue areas include child nutrition and fitness, health disparities, universal access to health care, and public health infrastructure. Although based in Davis, opportunities abound for residents to become involved in CCPHA advocacy efforts throughout the state. To learn more about how you can become involved, visit:



[www.publichealthadvocacy.org](http://www.publichealthadvocacy.org)

## RESOURCES

Resident AAP Website

[www.aap.org/sections/resident](http://www.aap.org/sections/resident)

District IX Resident Website

[www.aap.org/sections/resident/districtix.htm](http://www.aap.org/sections/resident/districtix.htm)



District IX Chapter Websites

[www.aapca1.org](http://www.aapca1.org) – Chapter 1

[www.aapca2.org](http://www.aapca2.org) – Chapter 2

[www.aapca3.org](http://www.aapca3.org) – Chapter 3

[www.aapca4.org](http://www.aapca4.org) – Chapter 4

## UPCOMING GRANT & AWARD DEADLINES

### Resident Section Research Grant

To initiate and complete research projects

*Value:* \$2000-\$3000

*Deadline:* February 4, 2005

### Resident Section Scholarship

Based on financial need/hardship

*Value:* \$1000-\$5000

*Deadline:* February 4, 2005

### CATCH Implementation Funds

For innovative, community-based proposals to increase children's access to health care

*Value:* Up to \$3000

*Deadline:* January 31, 2005

### Resident Clinical Case Presentation

For poster presentations of unique diagnostic or therapeutic clinical care abstracts

*Value:* \$200 NCE Registration fee

*Deadline:* April 2005

*For more info on grants and awards, please visit:*

[www.aap.org/sections/resident/summary-ga.htm](http://www.aap.org/sections/resident/summary-ga.htm)

## UPCOMING EVENTS IN CALIFORNIA

*California Childhood*

*Obesity Conference*

January 9-12, 2005

San Diego, CA



*Is there Life After Residency?*

January 14, 2005

Kaiser Permanente, West L.A.

*Get Paid for What You Do: Coding and Management in Pediatric Practice*

January 14-16, 2005

Long Beach, CA

*Advances in the Practice of Pediatrics*

February 25-27, 2005

San Diego, CA

*Combined Southern California Pediatric Postgraduate Meeting*

March 3-6, 2005

Palm Springs, CA

*District IX-X Joint Meeting*

April 1-3, 2005

Newport Beach, CA

*CMA Lobby Day*

April 6, 2005

Sacramento, CA

*Advocacy Elective in Health Policy*

April 6 – May 3, 2005

Sacramento, CA

For info on this and future such electives, contact Richard Pan at

[richard.pan@ucdmc.ucdavis.edu](mailto:richard.pan@ucdmc.ucdavis.edu).

*More info on the above events can be found on the relevant chapter webpages.*