



DISTRICT IX RESIDENT NEWSLETTER

Winter 2006 Issue

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NCE IN REVIEW



This year's National Convention and Exhibition was held in Washington, DC. More than 6000 thousand professionals attended from all over the world. There was a special celebration to commemorate the 75th anniversary of the academy. A major focus this year was mental health. The Resident Section was very active, passing more than 10 resolutions. Some of the topics included the ability to participate in disaster relief, training in coding, limitation of fast food restaurants in hospitals, and increased experience with mental health. A new resident position was announced – Chapter Liaison. The goal is to better interface with the local chapters. Some programs are choosing to make their Program Delegate the Chapter Liaison. Others are electing a separate individual.

MEET YOUR NEW COORDINATORS

Matt Oster, MD and Michelle Roy, MD were elected as this year's District Coordinator (DC) and Assistant District Coordinator

(ADC), respectively. We bid farewell to Laura Hufford who served us well as last year's DC. Thank you, Laura, for all your hard work.



Matt Oster, M.D.
District Coordinator
moster@itsa.ucsf.edu

Matt brings his experience as last year's ADC. Matt hales from UCSF, Chapter 1. He is originally from New Orleans and attended the University of Pennsylvania School of Medicine.



Michelle Roy, M.D.
Assistant District Coordinator
mlroy@ucsd.edu

Michelle comes from UCSD, Chapter 3. She is originally from Yakima, WA and attended the University of Washington School of Medicine.

Matt and Michelle look forward to serving District IX. Please contact us with any questions, suggestions, or concerns.

PROGRAM DELEGATES

Thank you to all the new and old Program Delegates. For those of you that attended the NCE, you should have received your \$300 travel grant money. You should also receive an orientation CD in the mail with contact information and a list of your responsibilities for the year. Please contact Julie Raymond (jraymond@aap.org) with any questions.

CHAPTER FOCUS

Chapter 3 recently held their newly revamped Life after Residency Seminar which they entitled Surfing the Waves. Several area physicians shared about career options, contracts, and malpractice insurance. Information about these and other topics can be found on the Resident Section website under Career Planning.

CALIFORNIA ADVOCACY SPOTLIGHT



Chapter 4 has been working on an exciting program for overweight high school students called PE4Me. Students attend PE classes at their regular school where they learn fun exercises, self-esteem, and nutrition information. Handouts and sample exercises are available online at www.PE4Meonline.com.

RESOURCES

Resident AAP Website
www.aap.org/sections/resident

District IX Resident Website
www.aap.org/sections/resident/districtix.htm



District IX Chapter Websites

Chapter 1 (Northern CA)

www.aapca1.org

Chapter 2 (Southern CA)

www.aapca2.org

Chapter 3 (San Diego)

www.aapca3.org

Chapter 4 (Orange County)

www.aapca4.org

GRANTS



Pediatric Ethics Essay Contest

The AAP Section on Bioethics is sponsoring a pediatric ethics essay contest! Applicants are restricted to medical students, residents, fellows, or individuals who have completed their medical training within the past 5 years. Articles should be between 1,000-1,500 words and include approximately 5-10 references. The essays must be original and unpublished works. Prior oral presentations and published abstracts are acceptable. Members of the Section on Bioethics Executive Committee will judge the entries. Essays should: 1) identify and articulate an ethical issue in pediatrics, presenting various perspectives on the issue; and 2) describe the author's own perspective or thoughts about the issue. Essays may range in approach from scholarly presentations to personal narratives of ethical dilemmas faced in training or practice. Examples of previous ethics essays can be obtained from Alison Baker. Two awards will be offered: 1st Place - \$300, 2nd Place - \$200. The winning essays will be published in the Section on Bioethics newsletter in spring 2006, and on the Section Web site. DEADLINE FOR SUBMISSION: January 31, 2006. To submit an essay for consideration, please send your essay along, with your name, mailing address, phone number, and e-mail address to bioethics@aap.org by January 31, 2006. For

more information, please contact Alison Baker at 800/433-9016, ext 7788 or abaker@aap.org.

Resident CATCH Grants

The CATCH Program is especially interested this year in projects about obesity. DEADLINE 1/31/06.

Resident Research Grants

\$2000-3000 research grants awarded annually to resident members to initiate and complete research projects related to their professional interests. In 2005, 33 applications were received and 13 were awarded. DEADLINE 2/3/06.

Resident Scholarship

\$1000-5000 awarded to resident members with financial need. DEADLINE 2/3/06.

More information about the above grants and scholarships can be found online at <http://www.aap.org/sections/resident/summary-ga.htm>

AAP Dept. of Federal Affairs, (800) 336-5475 ext. 3008 or kbutterfield@aap.org to reserve a spot.

Pain Management & End of Life Issues for the Pediatrician

Chapters 3 & 4 are sponsoring this CME course Jan 21-22 in Carlsbad. Please see their websites for more details.

Pertussis in Adults...the Hidden Epidemic

This evening program is sponsored by the County of San Diego Health and Human Services Agency Immunization Branch & the San Diego Academy of Family Physicians on January 26 from 6-8PM in San Diego. They will be discussing the new recommendations for vaccination of adults and adolescents.

UPCOMING EVENTS



Advocacy Training Session for Pediatric Residents

February 2, 2006, 8:30 am to 4 pm, in Washington, DC. Participants will spend the morning learning advocacy skills and becoming familiar with one child health legislative issue in-depth. The afternoon will be spent meeting with congressional offices where they will put their new skills into practice while discussing the child health legislation. With support from the AAP Friends of Children Fund, grants are available to cover travel costs on a first come, first serve basis. The deadline to apply for AAP funding and secure travel arrangements is Dec. 30. Contact Kristin Butterfield at the