



AAP Transition ECHO

-Support transition from pediatric to adult care

The AAP Transition ECHO serves as a forum for health care professionals to learn how to successfully transition youth from pediatrics to the adult care system. This project uses the [ECHO \(Extension for Community Healthcare Outcomes\) model™](#), a tele-mentoring hub and spoke platform that leverages technology to bring together specialty care providers at academic medical centers (hub) and primary care providers in local communities (spokes). The AAP Transition ECHO builds a bi-directional virtual knowledge network whereby participants learn from experts and each other, gaining access to evidence-based and capacity-building resources. Each clinic includes a brief presentation by a national transition expert, followed by in-depth, practice-based presentations for discussion, problem-solving guidance and recommendations. All attendees are invited to share and actively participate. Through regular attendance, participants will use quality improvement techniques to support planning and transfer of care to ensure that all youth and young adults, including those with epilepsy, successfully transition into adult care.

Curriculum Goals

- Learn to incorporate/improve transition processes for a defined population with goals, timeline, and measures of success within respective practices.
- Increase access to evidence-driven practice-based examples of transition policies and tools.
- Improve the process of identifying adult practices to ensure a successful transition of all youth and young adults into adult care.
- Assess practices' readiness in the transition process.

Eligible Participants

All healthcare professionals, including office staff, who have an interest in improving transitional care for youth and young adults (including patients with epilepsy) are welcome to participate.

Benefits to Participants

- Receive up-to-date information on clinical recommendations from the [Clinical Report on Transition](#) and nationally recognized transition model, "[Six Core Elements of Health Care Transition](#)".
- Acquire evidence-based health care transition tools and resources.
- Identify quality improvement lessons learned around transition from colleagues caring for youth and young adults with epilepsy.
- Access guidance and recommendations related to transition from peers and national experts.

Topics

- Incorporating Health Care Transition Improvements into Your Practice
- Transition Preparation: Establishing an Office Transition Policy, Transition Registry, Readiness Assessment, and Plan of Care
- Transfer and Integration into Adult Care: Preparing a Transfer Package, Identifying and Communicating with Adult Providers, and Engaging Young Adults
- Transition Measurement: Assessing Improvements in Clinic Processes, Consumer Experience, Population Health, and Utilization/ Costs
- Additional curriculum topics will be based on participant needs and interest

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