HOW TO SHARE BOOKS WITH YOUR 24 to 29 MONTH OLD

- Toddlers enjoy books and learn from sharing books with you. You are the most important person in their world.
- They love the special one-on-one attention they get when you read, talk, sing, and play with them.
- This special time helps strengthen your bond with your toddler.
- It teaches her how important she is to you. It builds her confidence and her interest in learning.
- Looking at, reading, and talking about books with toddlers helps teach them to talk. It builds their vocabulary.
- Reading books with toddlers helps them get ready to listen and learn in school.
- Set aside a few quiet minutes every day for sharing books together. This can be part of your regular bedtime routine.
- This should be a time free of TV, texting and other distractions.
- Regular bedtime routines started with young children help prevent struggles at bedtime.
- At the end of your routine, teach your toddler how to fall asleep alone. Put her in bed sleepy, but awake without a sippy cup. This helps prevent night waking and dental problems.
- This may become the best time of your day!

24 to 29 MONTH OLDS CAN:
- Choose a book to read together.
- Love reading the same book over and over and over again!
- Repeat some of the words and phrases you say or read.
- Love laughing at silly stories. For example the horse who could only say quack, quack
- Ask you questions about the pictures or story, such as: What’s that?

YOU CAN:
- Find a quiet, cozy place to cuddle up together with some sturdy books.
- Use reading together as a way to calm and comfort your child.
- Start a discussion by repeating an important word your child has just said. You can say: Yes, balloons. Lots of balloons. The girl has lots of balloons. Then wait for your child to say something more.
- Read with joy and enjoyment! Use different voices for different characters.
- Respond with excitement to your child’s questions and comments.
- Count pictures and wait for your child to repeat the numbers after you.
- Take your child to your local public library to borrow books or to enjoy story time.

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.