

## MODULE 4: Early Brain & Child Development – Supporting Parents & Cultivating Community Relationships

Background	Past Medical History	Family History	Social History	Physical Exam
<ul style="list-style-type: none"> <li>• 3 year old male presents for WCC</li> <li>• This is his second visit to see you</li> <li>• Staff has mentioned that the mother seemed to have difficulty filling out medical forms &amp; said she did not have glasses with her</li> </ul>	<ul style="list-style-type: none"> <li>• 19 year old mother with poor prenatal care</li> <li>• 36 and 6/7 weeks gestation; SGA (2kg)</li> <li>• In the NICU for a few days</li> <li>• Admitted to PICU at 9 months with bronchiolitis; again last year for asthma</li> <li>• Immunizations are up to date</li> </ul>	<ul style="list-style-type: none"> <li>• Mother had severe seasonal allergies</li> <li>• Mother was smoking at 12 y</li> <li>• Mother had severe postpartum depression</li> <li>• Father was raised in a family with domestic violence</li> </ul>	<ul style="list-style-type: none"> <li>• Father spent some time in foster care as youth</li> <li>• Mother dropped out of school at age 16</li> <li>• Family spent several months in a shelter</li> <li>• Father just got a full-time job after being out of work for over a year</li> </ul>	<p><b>Wt:</b> 40# (&gt;95 %tile) <b>Ht:</b> 39" (75%tile)  <b>BMI:</b> 18.5 (&gt;95%tile)  <b>GEN:</b> sullen, shy toddler, clinging to foster mom  <b>HEENT:</b> NC; PERRL; MMMP; Left TM scarred, right w/pus, red  <b>CHEST:</b> rare end expiratory wheezing, no WOB, no rales  <b>COR:</b> S1, S2, RRR, no murmur audible  <b>ABD:</b> +BS, soft, non-tender, non-distended  <b>SKIN:</b> rough, red, dry patches inside of both elbows</p>

*NOTE: Please use the Case Studies Abbreviations List (on the next page) as needed.*

### Discussion Questions

- What other information would you like to have and why?
- What risks to her health and well-being have you identified and why are they risks?
- What opportunities to promote wellness and development have already been missed?
- What are your priorities moving forward?

## Abbreviations List for Early Brain and Child Development (EBCD) Case Studies

ABD	Abdomen
AGA	Appropriate (weight) for Gestational Age
ADHD	Attention Deficit/Hyperactivity Disorder
BMI	Body Mass Index
+BS	Bowel sounds present
COR	Coronary (“heart”)
CPS	Child Protective Services
GA	Gestational Age
GED	Graduate Equivalency Diploma
GEN	General (appearance in physical exam)
HEENT	Head, Eyes, Ears, Nose, and Throat
NC	Normocephalic
MMMP	Moist Mucous Membranes and Pharynx
NICU	Newborn (or Neonatal) Intensive Care Unit
PERRL	Pupils equally reactive and responsive to light
PICU	Pediatric Intensive Care Unit
RRR	Rhythm and rate regular
SGA	Small-for-gestational-age
S1, S2	Normal phases of heart sounds
TM	Tympanic Membrane (“ear drum”)
WCC	Well-child check (also known as a health supervision visit)
WOB	(increased) Work of Breathing