Welcome to our New Publications Chair
Alice Little Caldwell, MD, MPH, FAAP

Alice Little Caldwell, MD, MPH, FAAP is the new editor of the Section on Tobacco Control Newsletter. She is an Associate Professor of Pediatrics at the Medical College of Georgia in Augusta, Georgia, where she is the Director of the Newborn Nursery and a general pediatrician in the outpatient clinic. Since 2002, she has served as the editor of The Georgia Pediatrician, the newsletter of the Georgia Chapter of the AAP. Please contact her at acaldwel@augusta.edu if you have any ideas for the newsletter or if you would like to submit an article.

From the Section Chair
Judith Groner, MD, FAAP

Every month when I scroll through the AAP Journal Pediatrics, inevitably I find articles related to the field of secondhand smoke, electronic cigarette products, or some aspect of tobacco control. The scope of this problem cuts across so many ‘specialty’ lines – including adolescent medicine, pediatric pulmonology, and public health. We need to view use of all nicotine and tobacco products as a health risk disparity - for example, children from low-income homes are more likely to be exposed, become smokers themselves, and suffer the health consequences. Analysis of the Youth Behavior Risk Survey showed disparities between sexual minority youth and non-sexual minority youth in terms of nicotine and tobacco use. These findings mirror the disparities found in the adult population. LGBT groups and individuals have been the targets of aggressive marketing from the tobacco industry, and may have limited access to effective tobacco treatment. Lesbian and bisexual girls had higher odds of reporting current use of any tobacco product, cigarettes, cigars, and e-cigarettes than did straight girls, whereas sexual minority boys had similar smoking behaviors compared with straight boys. High risk behaviors appeared to cluster, with substance use, including alcohol and marijuana use, and binge drinking, significantly associated with any tobacco use. As pediatricians who are champions of tobacco control, we need to be aware of these continued disparities in use of tobacco and nicotine products. As clinicians, educators, and advocates, we can tailor our approaches to reach those who are most at risk for use of these products.
Welcome new Executive Committee Members – Rachel Boykan and Bryan Mih

The Section recently held elections for two positions on the Executive Committee. Elections were held in March 2017 after section members were encouraged to nominate themselves to serve on the Executive Committee. The Section welcomes the following new members to the Executive Committee. Their term officially begins November 1st, 2017.

Dr. Rachel Boykan is a Pediatric Hospitalist, Associate Professor of Pediatrics and the Associate Pediatric Residency Director at Stony Brook Children's Hospital in Stony Brook, NY. She completed her MD and pediatric residency at Stony Brook University Hospital, NY. Dr. Boykan's research interests include resident education, specifically in tobacco issues. She recently received an intramural grant from the Stony Brook Department of Pediatrics to study electronic nicotine delivery systems (ENDS) use in adolescents in collaboration with Roswell Park Cancer Institute.

Rachel Boykan MD, FAAP
Stony Brook Children's Hospital

Dr. Bryan Mih is a practicing pediatrician and the Medical Director & Principal Investigator for the HEALTHY Tobacco & Nicotine Cessation Program at Kapiolani Medical Center for Women and Children (KMCW). He is an Assistant Professor with the John A. Burns School of Medicine at the University of Hawaii.

Bryan Mih MD, MPH, FAAP
John A. Burns School of Medicine at the University of Hawaii

Dr. Mih graduated from the University of California, Riverside, and has a Masters of Public Health from Columbia University. He completed his MD at the University of California, Davis. He is currently the Chair of Tobacco Prevention for the AAP Hawaii Chapter and served two terms on its Executive Board. He is a board member for the Hawaii Institute for Public Health, which arose from the Hawaii Coalition for Tobacco Control.

Q: How did you get started in tobacco control work?
A: I started working in pediatric environmental health in the 1980’s when that was a new field. I saw lots of parents and grandparents who smoked. We see so many kids with asthma and it was obvious that smoking made things worse. Addressing their parents’ smoking issues was so important to improve things for these kids. Counseling is crucial for pediatricians to do too.

Q: What advocacy/research/clinical practice activities are you currently involved with?
A: I believe that smoking is one of the main – if not the main – environmental health issues that pediatricians can do something about. I’m not a researcher, but as a clinician I ask about smoking at most visits, including in the well-baby nursery with new parents and grandparents. My colleagues and I teach residents and medical students about the importance of asking, advising and referring. Here at the Comprehensive Family Care Center, my colleague Dr. Christina Sullivan and I have started a Smoking Cessation Program for parents and other caregivers. We’ve had help from our nursing, social work and health educator colleagues. We’re excited about having a program on site to refer people to.

Q: What is your favorite tip for addressing tobacco use and/or prevention in adults and adolescents?
A: Don’t forget to ask about smoking at most visits. Don’t be shy about advising people to quit. Asking frequently emphasizes to parents that you care about their health as well as their kids’ health.

Q: What has been the highlight of your work with the Section?
A: Working on educational and policy projects through the Section on Tobacco Control has been a great learning opportunity for me. And I very much appreciate interacting with terrific colleagues and staff on the Executive Committee.

Sophie Balk, MD, FAAP
Children’s Hospital at Montefiore

Sophie Balk, MD, FAAP
Children’s Hospital at Montefiore
Welcome to the Section on Tobacco Control!

New Members

Alabama
Alexandria Broadnax (Med Student)

Arizona
Jennifer Huntley (Med Student)
Ranjit Kylathu, MD, FAAP

California
Michael Abdelmisseh (Med Student)
Erin Asher (Med Student)
Jean Bennett (Med Student)
Martin Fenstersheib, MD, MPH, FAAP
Thiyagu Ganesan, MD, FAAP
Amanda Kosack, MD, FAAP
Stephanie Lee, MD
Catherine Pourdavoud (Med Student)

Colorado
Andrew Sirotnak, MD, FAAP

Connecticut
Robert Prewitt, MD, FAAP
Mahnoosh (Mona) Sharifi, MD MPH, FAAP

District of Columbia
Mary Tierney, MD, FAAP

Florida
Krina Amin (Med Student)
Monica Barajas, MD, FAAP
Elizabeth Bigus (Med Student)
Shelby Mast (Med Student)
Cheryl Rogers, MD, FAAP
Ramzi Salloum, PhD
Jacqueline Sroka (Med Student)

Georgia
Evan Rogler (Med Student)
Tiorra Ross (Med Student)
Sarah Soffer (Med Student)

Illinois
Franco Chevalier (Med Student)
Yuri Fedorovich (Med Student)
Asif Hussain, MD, FAAP
Nicholas Welsh (Med Student)

Indiana
Michelle Elisburg, MD, FAAP

Kansas
Mohinder Vindhyal, MD

Maryland
Ulriche Fouedji Nana (Med Student)
Sara Sadreameli, MD, FAAP

Massachusetts
Adam Cardullo (Med Student)
Sonia Chaudhry, MD, FAAP

Michigan
Rhonda Elton, MD, FAAP

Minnesota
Autumn Montville (Med Student)

Missouri
Amanda Bashir, MD, FAAP

New Jersey
Sarah Blazovic (Med Student)

New York
Tony AbdelMaseeh, MD
Elizabeth Ng, MD, FAAP
Maria Novo Villalobos, MD
Dipen Vyas, MBBS
Jaimie Wardinger (Med Student)

North Carolina
Shivani Mehta, MD, FAAP

Ohio
John Das (Med Student)
Maria Rahmandar, MD, FAAP

Pennsylvania
Hima Bodagala, MD
Stacey Engster, MD
Tommy Hu (Med Student)
Cory Templeton (Med Student)

Puerto Rico
Andrea Carlo Angleró (Med Student)

Rhode Island
Jessica Farrar, MD, FAAP

Tennessee
Crystal McKiddy, PA

Texas
Rabia Nagda, MD, FAAP
Fizza Naqvi (Med Student)

Utah
Laura Hodo, MD, FAAP

West Virginia
Anish Trehun, MD, FAAP

International
Brazil
Eidder Alvarado Ricardo, MD

India
Manohar Badur, MD
Ranju Dev, MBBS MD

Oman
Eragapati Kumar, MD

Singapore
Mahwash Jamal, MD, FAAP

Taiwan
Pengyuh Wu (Med Student)

Jose Rodriguez, MD, FAAP

The Section on Tobacco Control now has over 400 Members!

How to Get More Involved in the Section

1. Encourage your friends and colleagues to join the Section. Membership is free for AAP members & only $20 for Affiliate Members. Remember to renew your membership annually!

2. Attend a tobacco session at the AAP National Conference & Exhibition in October (See page 4).

3. Volunteer: We always seek members to write newsletter stories or education materials, and review statements, book chapters, or materials from other AAP groups. Section staff will provide you with all the information you need to be an effective reviewer or content creator– you bring the expertise!

4. Contact us at notobacco@aap.org to let us know if you’d like to volunteer, what you would like to see in the next Newsletter, or what type of activities and resources you’d like the Section to offer.
Upcoming Tobacco Control Educational Opportunities

Pediatric Academic Societies (PAS) Annual Meeting
May 6-9, 2017
San Francisco, California
Moscone West Convention Center

Going to the PAS meeting in San Francisco? Join AAP Section on Tobacco Control Executive Committee members, staff, and colleagues who will be attending and presenting at the meeting. The PAS meeting offers programs with the latest science, from basic to translational, and clinical and health services research from across academic pediatric specialties. View the PAS Web site (www.pasmeeting.org) for registration and program information.

Don’t miss the Academic Pediatric Association’s Pediatric Tobacco Issues Special Interest Group (SIG) sessions at PAS. The Pediatric Tobacco Issues SIG brings together child healthcare professionals and researchers dedicated to eliminating the dangerous consequences of tobacco use and secondhand smoke exposure in children, adolescents, and their families. Explore opportunities to network with colleagues from around the nation by joining them at the following sessions:

- APA Pediatric Tobacco Issues Special Interest Group (Main Session)
  Saturday, May 6, 8:30-11:30am. Session #1288
  Agenda:
  - Welcome & Introduction: Jyothi Marbin, MD, FAAP & Susan Walley, MD, CTTS, FAAP, Co-Chairs
  - Using Databases in Tobacco Research: Robert McMillen, PhD
  - Menthol and Health Disparities: Phillip Gardiner, Dr PH
  - Smoking & the Movies: Stanton Glantz, PhD
  - American Academy of Pediatrics Updates: Julie Gorzkowski, MSW, LSW

- Electronic Cigarettes and Vaping: What You and Your Patients Don’t Know Can Hurt Them
  Saturday, May 6, 3:00-5:00pm. Session #1615.

AAP National Conference & Exhibition
September 16-19, 2017
Chicago, IL
McCormick Place

Registration Open Now!

The American Academy of Pediatrics (AAP) invites you to “Choose Chicago” and “Go the Extra Mile!” at the 2017 National Conference & Exhibition (NCE) on September 16-19 at McCormick Place in Chicago, Illinois. Don’t miss the largest pediatric-focused educational and networking event of the year! Registration opens on May 3. (AAP Members can register in advance starting April 26.)

SAVE THE DATE: The AAP Section on Tobacco Control program, “The New Tobacco Landscape – What You Don’t Know Can Hurt You, and Your Children” (Session H1088), will be held on Saturday, September 16, from 1-5pm at the 2017 NCE. Be sure to block out the time and day in your calendar now! Also plan to attend the separate, interactive group forum session, "Sexting, Toking, and Tanning: Talking With Teens", which will occur on Sunday, September 17, at 2pm (Session I2135) and repeat on Monday, September 18, at 2pm (Session I3113). Also plan to attend the separate, selected short subject session, “Addressing E-Cigarettes and Vaping in Your Practice”, which will occur on Sunday, September 17, at 5pm (Session F2193), and repeat on Monday, September 18, at 8:30am (Session F3028).
In December 2016, the Surgeon General released a new report “E-cigarette Use Among Youth and Young Adults”, summarizing the latest research on the health harms of these products. In a thoroughly researched report of the scientific evidence base, it details the facts regarding e-cigarettes, explains known health risks and acknowledges areas of uncertainty. It directs youth and young adults, parents, pediatricians, and others who work with and care about young people to take action to protect the health of our nation’s youth from these harmful products.

E-cigarettes are now the most commonly used tobacco product among youth, having surpassed conventional cigarettes in 2014. This dramatic rise in use is, in part, due a massive marketing campaign, targeting youth by promoting flavors and using a variety of media channels and approaches that have been used by tobacco companies in the past to market cigarettes to youth and young adults.

The main conclusions of the Surgeon General’s Report include: 1) E-cigarette use poses a significant – and avoidable – health risk to young people in the US; 2) Besides increasing the possibility of addiction and long-term harm to brain development and respiratory health, e-cigarette use is associated with the use of other tobacco products that can do even more damage to the body; 3) Breathing e-cigarette aerosol that someone else has exhaled poses potential health risks, and 4) Action can be taken at the national, state, and local levels to address e-cigarette use among youth and young adults.

For clinicians interested in learning more, including information and materials for best ways to educate patients and families about the risk of e-cigarettes, as well as ways to take action, visit the report’s associated website:

https://e-cigarettes.surgeongeneral.gov/

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**New Articles for Healthychildren.org**

*Healthychildren.org* is the AAP’s consumer website where parents and the public can access accurate and up-to-date medical information on child health issues. The Section on Tobacco Control is responsible for creating and maintaining articles related to tobacco that appear on the site. In the near future, we will be adding the following seven new articles, written by members of our Section to the website:

- “Smoking and Smoke Exposure During Pregnancy: It’s Never Too Late to Quit Smoking” by Tipu Vahid Khan, MD and Harold Farber, MD
- “How Smoking Affects Your Baby’s Health” by Harold Farber, MD and Jenny Baenziger, MD
- “Smoking and Asthma” by Kamakshya Patra, MD
- “Secondhand Smoke and Child Custody” by Fernando Urrego, MD
- “How Cigarette Advertisements Influence Teen Behavior” by Carol Duh-Leong, MD
- “What to Do When a Child’s Sibling Smokes” by Carol Duh-Leong, MD
- “Hookah is NOT Safe!” by Tipu Vahid Khan, MD

If you are interested in authoring or editing future tobacco-related articles for Healthychildren.org, please contact Alice Caldwell at acaldwel@augusta.edu for more information.
**E-cigarette Public Service Announcement (PSA)**

**Stephanie Lee, MD**

E-cigarette use has tripled in the last few years among adolescents and it's important to highlight why this is a growing public health problem. Stephanie Lee and Sneha Kemkar, Section members and third year pediatric trainees at University of California, Irvine-Children’s Hospital Orange County, became interested in how public health efforts can be used in advocacy initiatives through media. Through brainstorming about a way to bring those two interests together, they created an e-cigarette awareness video.

Their video showcases four short-term and long-term health outcomes based on current research. These outcomes may resonate with the young adult population, including nicotine addiction, poisonings, burns from e-cigarette malfunctioning, as well as the increased odds of initiating other tobacco products like traditional cigarettes. Collaborating with other residents experienced in video production, Greg Kennedy and Nicky Titz, they created a public service announcement around these issues. The video will be featured on the AAP-Orange County chapter website as well as on Youtube. The video can be viewed via the link below:

www.youtube.com/watch?v=RhbAtz3ebn8&

Sneha Kemkar, MD

Stephanie Lee, MD

**Asking the Right Questions—Clinicians & Tobacco Cessation in the Clinical Encounter**

The AAP Julius B. Richmond Center of Excellence has hosted 4 clinical practice trainings in 2016 and 2017 entitled “Asking the Right Questions—Clinicians and Tobacco Cessation in the Clinical Encounter.” These trainings are designed to help clinicians develop health systems change strategies to improve treatment of tobacco use and secondhand smoke exposure in the pediatric practice setting. The trainings educated clinicians in ways to effectively screen and counsel their patients and families about tobacco cessation and secondhand smoke exposure, as well as ways to support tobacco prevention and cessation throughout the practice or hospital system. The trainings additionally covered hot topics in tobacco control including e-cigarettes, counseling teen patients, and current policy issues. More than 150 clinicians have attended since the trainings first began. Faculty for the trainings included pediatricians with expertise in tobacco control, including Section on Tobacco Control Executive Committee members Jyothi Marbin MD, Susan Walley MD, Rachel Boykan MD, and Judy Groner MD, along with Section members Susanne Tanski MD, MPH, Jonathan Winickoff MD, MPH. The training curriculum is developed by a planning committee led by Colleen Kraft, MD, President-Elect of the AAP.
Section on Tobacco Control Executive Committee

Chair:
Judith Groner, MD, FAAP
Columbus, OH
Clinical Professor Pediatrics, The Ohio State University & Attending Physician, Nationwide Children’s

Education & Membership Chair:
Sophie Balk, MD, FAAP
Bronx, NY
Professor of Clinical Pediatrics at Albert Einstein College of Medicine and General Pediatrician, Children’s Hospital

Policy Chair:
Brian Jenssen, MD, FAAP
Philadelphia, PA
Fellow, University of Pennsylvania Robert Wood Johnson Foundation Clinical Scholar Program & Attending Physician, The Children’s

Member:
Susan Walley, MD, CTTS, FAAP
Birmingham, AL
Associate Professor of Pediatrics, Division of Pediatric Hospital Medicine, University of Alabama at Birmingham & Children’s of Alabama

Member:
Jyothi Marbin, MD, FAAP
Oakland, CA
Associate Professor Pediatrics – University of California San Francisco

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John Moore, MD, FAAP
Roanoke, VA
Assistant Professor of Pediatrics, Virginia Tech–Carilion School of Medicine

Publications Chair
Alice Little Caldwell, MD, FAAP
Augusta, GA
Associate Professor of Pediatrics Medical College of Georgia in Augusta, Georgia

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Maria Rahmandar, MD, FAAP
Cincinnati, OH
Cincinnati Children’s Hospital Medical Center Division of Adolescent and Transition Medicine

Liaison:
Clare Hawkins, MD, FAAFP
Houston, TX
Lead Physician

Section on Tobacco Control Staff

Elizabeth Katta, MPH,
Section Manager

Colleen Spatz, MSBA,
Section Coordinator

Julie Gorzkowski, MSW, LSW
Director, Division of Tobacco Control