

Parent Resources

<http://hipdysplasia.org/developmental-dysplasia-of-the-hip/>

The screenshot shows the website for the International Hip Dysplasia Institute. At the top, there is a navigation bar with links for 'Learn More ABOUT US', 'Infant and Child HIP DYSPLASIA', 'Adult and Adolescent HIP DYSPLASIA', 'Read Actual PATIENT STORIES', and 'Resources for PHYSICIANS'. Below this is a search bar and a large image of a baby with the text 'Infant and Child HIP DYSPLASIA'. A sidebar on the left contains navigation links: 'Make a Donation', 'Get Involved', 'Contact Us', and 'Hip-Healthy Swaddling', along with social media icons for Facebook, YouTube, Twitter, and RSS. The main content area is titled 'Developmental Dysplasia of the Hip (DDH)' and includes a 'Home \ Developmental Dysplasia of the Hip' link. The text explains that DDH is generally the preferred term for babies and children with hip dysplasia since this condition can develop after birth. It lists various terms used for hip dysplasia: Hip Dysplasia, Developmental Dislocation of the Hip (DDH), Hip Dislocation, Developmental Dysplasia of the Hip (DDH), Acetabular Dysplasia, and Congenital Dislocation of the Hip (CDH). A paragraph explains that the term Congenital Dislocation of the Hip (CDH) refers to a defect where something is missing or added to normal tissues. In the case of DDH, the infant/child's joint is otherwise normal except for the instability. A section titled 'Hip Joint Anatomy' describes the hip as a 'ball-and-socket' joint held together by ligaments. It defines the 'ball' as the femoral head and the 'socket' as the acetabulum. An anatomical diagram shows the hip joint with labels for the Acetabulum (hip socket), Femoral Head, Ligament and Joint Capsule, and Femur.

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INTERNATIONAL HIP DYSPLASIA INSTITUTE

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Infant and Child HIP DYSPLASIA

Developmental Dysplasia of the Hip (DDH)

[Home \ Developmental Dysplasia of the Hip](#)

Developmental Dysplasia of the Hip or DDH is generally the preferred term for babies and children with hip dysplasia since this condition can develop after birth. DDH is a medical term for general instability, or looseness, of the hip joint. Doctors use a number of different terms for hip dysplasia depending on severity and time of occurrence. These names include:

- Hip Dysplasia
- Developmental Dislocation of the Hip (DDH)
- Hip Dislocation
- Developmental Dysplasia of the Hip (DDH)
- Acetabular Dysplasia
- Congenital Dislocation of the Hip (CDH)

The term Congenital Dislocation of the Hip (CDH) tends to refer to a defect where something is missing or added to normal tissues. In the case of DDH, the infant/child's joint is otherwise normal except for the instability.

Hip Joint Anatomy

The hip is a "ball-and-socket" joint that is held together by ligaments.

The **ball** is called the "**femoral** [fem-er-uh] **head**" which is the top of the femur or thigh bone.

The **socket** is called the "**acetabulum**" [as-i-tab-yuh-luhm] and is a part of the pelvis.

The femoral head fits into the acetabulum creating the hip joint. This joint is normally held tightly in place by the surrounding ligaments and joint capsule.

Acetabulum (hip socket)
Femoral Head
Ligament and Joint Capsule
Femur