



## CO-OCCURRING PSYCHIATRIC ILLNESS AND SUBSTANCE USE IN ADOLESCENTS

- Always consider non-opioid, non-pharmacologic approaches to pediatric pain management where appropriate
- Screen for mental health symptoms prior to prescribing opioids, including at follow-up visits
  - AAP provides extensive information on screening tools and how to use them. [www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/Primary-Care-Tools.aspx](http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/Primary-Care-Tools.aspx)
  - Massachusetts Child Psychiatry Access Project also has screening toolkits: [www.mcpap.com/Provider/ScreeningNToolkits.aspx](http://www.mcpap.com/Provider/ScreeningNToolkits.aspx)
- Screen for substance use before prescribing any opioid, including at follow-up visits.
  - Screen to Brief Intervention (S2BI) is highly efficient for screening substance use and estimating risk: [www.mcpap.com/pdf/S2BI%20Toolkit.pdf](http://www.mcpap.com/pdf/S2BI%20Toolkit.pdf)
  - Training for pediatricians and residents: [www.teensubstancescreening.org](http://www.teensubstancescreening.org) (website requires login)
  - AAP Policy on Screening, Brief Intervention, and Referral to Treatment <http://pediatrics.aappublications.org/content/128/5/e1330.full>
- Utilize Prescription Monitoring Databases according to State requirements.
  - NASCSA State Profiles [www.nascsa.org/stateprofiles.htm](http://www.nascsa.org/stateprofiles.htm)
- Advise caregivers that even legitimate therapeutic exposure may confer risk for future nonmedical opioid use and related complications
  - Parents can learn more about protecting their teens: <http://teen-safe.org>  
<http://medicineabuseproject.org/resources/parents-grandparents>
- Discuss and provide resources for opioid and other controlled prescription medicine storage and disposal.
  - HealthyChildren.org: How to Safely Dispose Old Medicine [www.healthychildren.org/English/safety-prevention/at-home/medication-safety/Pages/How-to-Safely-Dispose-Old-Medicines.aspx](http://www.healthychildren.org/English/safety-prevention/at-home/medication-safety/Pages/How-to-Safely-Dispose-Old-Medicines.aspx)

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For access to the archived Webinar, visit [www.pcass-o.org](http://www.pcass-o.org)  
For more information on pediatric pain management, visit [www2.aap.org/sections/anes](http://www2.aap.org/sections/anes)