



Champion E-Correspondence

January 2012

This is an e-mail communication related to the American Academy of Pediatrics (AAP) "Medical Home Chapter Champions Program on Asthma." It is designed to provide AAP Medical Home Chapter Champions with resources as well as current clinical and other information. The Champion E-Correspondence is sent on a monthly basis. Feel free to share the Champion E-Correspondence with colleagues. Distribution information appears at the end of this newsletter.



Project Updates

- Coming this month: Program staff is working with Project Advisory Committee members on another ghostwritten article to be shared with your chapters. This article will provide a brief outline of some of the most common challenges expressed by primary care pediatricians in implementing quality asthma care for children, followed by solutions to address those challenges.
- The **2012 Medical Home Chapter Champions Program on Asthma Conference** is tentatively scheduled for **March 10–11, 2012** in Chicago, IL. You will be receiving an email this week with additional travel details and registration information.

Upcoming Events

- ◆ [Western Society of Allergy, Asthma & Immunology 50th Annual Scientific Session](#)
January 22 – 26, 2012
Koloa, HI
- ◆ [The National Medical Home Summit: A Hybrid Conference, Internet Event and Training Program](#)
February 27 – 29, 2012
Philadelphia, PA or online

Who's Who?

Chapter Champion Spotlight on New York Chapter 3 Champions: Sankaran Krishnan, MD, FAAP and Adriana Matiz, MD, FAAP

Dr Sankaran Krishnan completed medical school at the University of Bombay, India in 1986 and later trained as a pediatrician there. Subsequently, he completed his pediatric residency and fellowship in Pediatric Pulmonology from New York Medical College. He is currently an assistant professor and pediatric pulmonologist at the Maria Fareri Children's Hospital/New York Medical College. His interests include teaching and research. He is the associate director of the Fellowship program and academic coordinator for the Division of Pediatric Pulmonology. His areas of interest in research include pulmonary function testing and tobacco smoke exposure. He is also the associate director of the Pediatric Pulmonary Function Lab, co-investigator of the New York Medical College (NYMC) center of the American Lung Association's Asthma Clinical Research Centers (ALA-ACRC) network and research director of the Children's Environmental Center of the Hudson Valley.

Asthma teaching and practice remain among his passions. Apart from being one of the NY3 chapter champions, Dr Krishnan is also the medical representative on the Hudson Valley Asthma Coalition of the American Lung Association. He has given numerous talks at different levels throughout the region with special emphasis on educating school nurses and teachers. He believes that there is a great need for education and training of these professionals given that children spend a majority of their waking hours in school. He believes that in the classic disease triad of agent-host-environment, the latter gets least emphasis in asthma management. To further his knowledge in this important area of asthma care, he is in the midst of completing his Master of Public Health (MPH) in environmental science. As the research director of the Environmental Center, he is involved in various medical and community activities which explore the relationship of asthma and environment. Currently this center has a unique Asthma Preceptorship Program where physicians, advance practice nurses and registered nurses are updated on asthma management along the EPR-3 guidelines, spirometry as well as environment control in 4 hour (1/2 day) sessions with a pediatric pulmonologist. He would like to expand this model beyond the Hudson Valley as a chapter initiative.

Dr. Krishnan lives in upstate New York in Rockland County with his wife, a pediatric cardiologist and his two children. He is a community activist, enthusiastic tennis and bridge player, and loves to travel with his family.

Dr Adriana Matiz is a magna cum laude graduate of New York University where she received her medical degree in 1998. She completed her pediatric training and served as chief resident at Montefiore Medical Center/Albert Einstein College of Medicine in Bronx, New York. She is currently an assistant professor of clinical pediatrics at Columbia University where she is also the medical director of the Washington Heights Family Health Center, a multi-specialty group practice in Washington Heights affiliated with New York Presbyterian Hospital. Currently she practices general pediatrics part time at the center where she manages many inner-city pediatric patients with asthma.

Since 2005, she has served as the medical director of *WIN for Asthma*, a nationally recognized program to strengthen community-wide asthma management for children in northern Manhattan. This program originated with grant funding from the Merck Childhood Asthma Network (MCAN) and continues with New York Presbyterian support. Her primary accomplishments include the development of a care coordination program for children with the poorest controlled asthma through the use of community health workers and the delivery of Physician Asthma Care Education (PACE) to over 400 providers in New York City. She co-lead the pediatric asthma component of New York Presbyterian's Ambulatory Care Network application for the National Committee for Quality Assurance (NCQA) recognition where she integrated community health workers into the asthma medical home. Her current work focuses on incorporating community health workers into medical homes and expanding the *WIN for Asthma* model to serve other patients with chronic illnesses including adults with type 2 diabetes in the inner city. Her passion is to decrease health disparities and to expand the delivery of culturally competent care. She only recently became one of the AAP NY Chapter 3 medical home/asthma chapter champions.

Dr Matiz resides in the Bronx with her husband and two daughters and is an avid Yankee fan!



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What's What?

New AAP Web Site!

Last month, the Academy released version 1.0 of the newly designed www.AAP.org. The new www.AAP.org site has been co-designed and co-created with much input from members through surveys, demonstrations and user testing.

Further, the new www.AAP.org was built on a state-of-the-art platform that will allow the site to grow and evolve into the future. Certain functions, such as integrated search across all AAP Web sites, including *Pediatrics*, will continue to be enhanced and will improve as we use them. Until this occurs, please feel free to go directly to *Pediatrics* for additional search options. Future releases are already being planned for 2012 to continuously improve the site and meet member needs.

Because learning to navigate a new site will take time, the Academy has put together a [help page](#) to answer the most common questions. Of course, if you encounter any problems with the site, contact AAP Customer Service at csc@aap.org.

Reports and Resources

In the News...

- [Normal BMI By Age 7 Reduces Asthma Risk, Study Finds](#)
- [Kids With a Medical Home Have Fewer Sick Visits](#)
- [Similar Asthma Outcomes with Daily, Intermittent Budsonide](#)

New Report: Building Medical Homes: Lessons from Eight States with Emerging Programs

This month, the National Academy for State Health Policy (NASHP) released a new report that profiles eight states—Alabama, Iowa, Kansas, Maryland, Montana, Nebraska, Texas, and Virginia—who are at different stages in the development and implementation of medical home programs. These states are seeking to strengthen primary care through the medical home model to achieve better outcomes and lower costs. The report also highlights key lessons from the others states and was written with the support of The Commonwealth Fund. To download the full report, visit the [NASHP web site](#).

State-by-State Health Home State Plan Amendment Matrix

Under the Affordable Care Act (ACA), the Medicaid Health-Home State Plan Option allows states to develop health homes to coordinate the primary, acute, behavioral, and long-term and social service needs for beneficiaries with chronic conditions. In order to create a platform for sharing of best practices, the [Integrated Care Resource Center \(ICRC\)](#) has created a [State-by-State Health Home State Plan Amendment Matrix](#) to outline key program details from draft health home State Plan Amendments (SPAs) submitted to the Centers for Medicare & Medicaid Services (CMS). This document will be updated regularly and captures what states have proposed in draft or final SPAs. It also includes detailed information about target population, delivery system model, financing approach, provider standards, care management features and other program features to help guide additional states in program model development. To access the State-by-State Health Home State Plan Amendment Matrix, click [here](#).

Upcoming Webinar on February 1—Connecting Health and Housing Programs: Collaborative Efforts to Improve Asthma Outcomes

This webinar, to be held on February 1 at 1-2 pm Central Time, will feature collaborative efforts and partnerships that address healthy homes and asthma outcomes. Speakers include Margaret Reid from the [Boston Public Health Commission \(BPHC\)](#) and Amanda Reddy from the [New York State Healthy Neighborhoods Program \(HNP\)](#). This webinar will present the value of designing a collaborative effort and accounting for results; the benefits of integrating environmental management throughout the continuum of clinical care and the success behind evaluating strategies, assessments and interventions. [Register](#) today to reserve your spot.