Champion E-Correspondence

May 2012

This is an e-mail communication related to the American Academy of Pediatrics (AAP) “Medical Home Chapter Champions Program on Asthma.” It is designed to provide AAP Medical Home Chapter Champions with resources as well as current clinical and other information. The Champion E-Correspondence is sent on a monthly basis. Feel free to share the Champion E-Correspondence with colleagues. Distribution information appears at the end of this newsletter.

Project Updates

- As you know, Suzi Montasir left the AAP recently and will be sorely missed! However, staff project leaders will be recruiting her replacement. Stay tuned for more information regarding who will be working with you as the MHCPA project manager in the near future. In the meantime, if you have any questions, feel free to contact Michelle Esquivel (mesquivel@aap.org) or Lindsay Wilson (lwilson@aap.org). We are happy to assist you with whatever you might need and stand ready to continue the good work of the chapter champions!

- Stay tuned for scheduling information for the next regional champion conference calls to be held in June and July! The purpose of these calls is to foster regional relationships and information sharing among the champions and their respective chapters, and in doing so, support quality improvement in chronic care management of asthma within a medical home system. These regional calls also offer you an opportunity to obtain clarification on program-related activities, upcoming projects, and more from PAC members and staff.

Who’s Who?

Chapter Champion Spotlight on New Jersey Chapter Champion: Janice Lichtenberger, MD, FAAFP

Janice Lichtenberger, MD FAAFP is the most recent addition to the chapter champions’ network of the AAP Medical Home Chapter Champions Program on Asthma. After graduating from Boston College with a Bachelor of Science Degree in 2000, she obtained her medical degree from SUNY Downstate Medical Center in Brooklyn, NY. She completed her pediatrics residency training at Mount Sinai Hospital in New York in 2007. Her interest in asthma was sparked after seeing her younger brother struggle with asthma throughout his life. During her residency training, Dr Lichtenberger had the opportunity to be involved in the care of numerous pediatric patients with asthma and developed an interest in the diagnosis and management of asthma in the outpatient setting. She learned quickly that the key to good asthma control is through offering patients a medical home where education via family-centered care is the primary focus.

After residency she worked in a busy pediatric practice for three years before joining the faculty at The Children’s Hospital at Monmouth Medical Center in Long Branch, NJ. There, she is the primary teaching attending physician in the outpatient clinic for the residents and medical students. The pediatric clinic is a part of the Monmouth Family Health Center which is a federally qualified health center serving a diverse population of patients, many of whom have no insurance and limited resources.

Dr Lichtenberger is also a member of the Asthma Sub-Committee of the Council of Children’s Hospitals of New Jersey which, this year, aimed to standardize inpatient asthma care and education throughout the hospitals of New Jersey with the development of an asthma admission protocol and an informational asthma video for parents and children.

In October 2011, Dr Lichtenberger completed an asthma champion training program offered through the South Bronx Asthma Partnership at Bronx-Lebanon Hospital along with thirty other pediatricians from across the country. Through this training she learned the most effective ways of educating other health professionals about the NHLBI 2007 “Guidelines for the Diagnosis and Management of Asthma.” She also learned how to use the chronic care model for efforts related to a quality improvement project aimed at improving asthma control for children receiving medical care at the Monmouth Family Health Center.

Originally a New Yorker, Dr Lichtenberger loves living at the Jersey Shore. In her free time she enjoys running, hiking, and traveling.

The Medical Home Chapter Champions Program on Asthma is a part of the Academy’s Accelerating Improved Care for Children with Asthma Program (AICCAP), which is made possible by funding from The JPB Foundation.
What’s What?

New, Improved State-at-a-Glance Chartbook: Fast Facts on Coverage for CYSHCN

The Catalyst Center has updated its web-based state data chartbook on coverage and financing of care for children and youth with special health care needs (CYSHCN) for each state, DC, and Puerto Rico. The chartbook contains the demographic, economic, health care services, and coverage information related to CYSHCN that may be of interest to you in your work as a chapter champion. Additionally, the chartbook contains data from many sources including the following: National Survey of Children with Special Health Care Needs; National Survey of Children's Health; US Census Bureau; US Department of Education; Kaiser Family Foundation; American Board of Medical Specialties, and more. Catalyst Center has a goal of providing stakeholders with the data needed to make the case for improving coverage and financing of care for CYSHCN.

But wait, there’s more…

What percentage of families of CYSHCN in your state are satisfied with the health care services their child receives? What percentage of CYSHCN are screened early and continuously for special health care needs, and how does that compare with the national average? In addition to updated existing data, the chartbook now includes several new indicators, most notably a section on state performance toward the achievement of the six core Healthy People 2010 performance outcomes for CYSHCN.

What’s in it for you?

As always, you can look up and compare data from two states and the nation in a single, printable table. You can also display detailed source information and tips for interpreting specific data. The online state-at-a-glance chartbook is an important tool to help you make the case for CYSHCN in your state!

National Center for Medical Home Implementation (NCMHI) Overview Video

Did you like learning more about the NCMHI at the recent MHCCPA conference? To view the video that was shown at the conference which provides information on NCMHI tools, resources and services, visit http://www.youtube.com/watch?v=SFA3YeF7mwU. The NCMHI is a cooperative agreement between the Maternal and Child Health Bureau and the American Academy of Pediatrics with a mission to ensure that every child and youth has access to a medical home. For more information, visit www.medicalhomeinfo.org.

Reports and Resources

In the News…

- National Academy and Affiliated State Chapters Support Pediatricians in Improving Asthma Care, Leading to Better Guideline Adherence and Disease Control, Fewer Acute Episodes
- Primary Care Doctors Who Treat Medicaid Patients Get a Two-Year Boost
- Engaging Kids to Manage Their Asthma

Medication Adherence among Latino and Non-Latino White Children with Asthma

Latino children of Caribbean descent remain at high risk for poorly controlled asthma. Controller medications improve asthma control, however, medication adherence remains suboptimal, particularly among minorities. A study, published in the May 2012 issue of Pediatrics, assessed socioeconomic, family-based, and parental factors in medication adherence among children with asthma from Rhode Island and Puerto Rico. Adherence to controller medications was lower among Latino children in the study sample. Targeted interventions that capitalize on existing family resources, emphasize structure, and address parental beliefs about the importance of medications may be of benefit to families from different cultural backgrounds. Source: Pediatrics 2012;129:1–7.
Reports and Resources, Continued

Access New Online Data from the 2009-10 National Survey of Children with Special Health Care Needs
April was National Minority Health Month. In honor of this year’s theme—“Health Equity Can’t Wait. Act Now in Your Community”—the Data Resource Center for Child and Adolescent Health (DRC) announced new data available on its Web site. In order to better understand and advocate for minority children with special health care needs (CSHCN), the DRC Web site has the capability for users to compare important key indicators and outcomes for CSHCN by race/ethnicity, highest educational level in the household, and two new measures of complexity. The following are a few examples of findings that can be accessed on the DRC site:

- Among the 46% of CSHCN who experience 4 or more functional difficulties, only half have access to community based services.
- The 14% of CSHCN who meet 4 or more qualifying CSHCN Screener criteria are half as likely to experience quality care within a medical home as those whose conditions are less complex.
- Hispanic CSHCN are most likely to lack insurance coverage.

Using Data to Reduce and Eliminate Health Disparities
Disparities continue to exist in the health status of minority CSHCN in the United States. Data showing the differences in health status and access to care among minority children in the United States are an important tool in eliminating disparities and improving the health and well-being of all children.

Recently released data from the 2009-10 National Survey of Children with Special Health Care Needs reveals that:

- Only one-quarter of Hispanic and African American youth with special needs received sufficient transition planning whereas nearly 45% of white youth received such planning,
- 71% of white CSHCN received family-centered care, while only 56% of Hispanic CSHCN and 52% of African American CSHCN received that level of care,
- Access to care issues are extremely important given that Hispanic CSHCN are more likely to be affected by their conditions in their daily lives and their families are more likely to experience financial problems.

For more information, visit the DRC Web site.