















Nasal Sprays

800.878.4403
aanma.org



													
<p>Atrivent® (ipratropium bromide) Nasal Spray 0.03% 21 mcg and 0.06% 42 mcg</p> <p>Aqueous solution Boehringer Ingelheim Generics available</p>	<p>Astelin® (azelastine HCl) Nasal Spray 137 mcg</p> <p>Aqueous solution Meda Pharmaceuticals Generics available</p>	<p>Astepro® (azelastine HCl) Nasal Spray 0.15%</p> <p>Aqueous solution Meda Pharmaceuticals</p>	<p>Patanase® (olopatadine HCl) Nasal Spray 665 mcg</p> <p>Aqueous solution Novartis (Alcon)</p>	<p>Beconase AQ® (beclomethasone dipropionate monohydrate) Nasal Spray 42 mcg</p> <p>Aqueous suspension GlaxoSmithKline</p>	<p>Flonase® (fluticasone propionate) Nasal Spray 50 mcg</p> <p>Aqueous suspension GlaxoSmithKline Generics available</p>	<p>Nasacort® AQ (triamcinolone acetonide) Nasal Spray 55 mcg</p> <p>Aqueous suspension sanofi-aventis U.S. Generics available</p>	<p>Nasonex® (mometasone furoate monohydrate) Nasal Spray 50 mcg</p> <p>Aqueous suspension Merck & Co. Inc.</p>	<p>Omnaris® (ciclesonide) Nasal Spray 50 mcg</p> <p>Aqueous suspension Sunovion Pharmaceuticals</p>	<p>Qnasl® (beclomethasone dipropionate) Nasal Aerosol 80 mcg</p> <p>Nonaqueous solution Teva Respiratory</p>	<p>Rhinocort Aqua® (budesonide) Nasal Spray 32 mcg</p> <p>Aqueous suspension AstraZeneca</p>	<p>Veramyst® (fluticasone furoate) Nasal Spray 27.5 mcg</p> <p>Aqueous suspension GlaxoSmithKline</p>	<p>Zetonna® (ciclesonide) Nasal Aerosol 37 mcg</p> <p>Nonaqueous solution Sunovion Pharmaceuticals</p>	<p>Dymista® (azelastine hydrochloride and fluticasone propionate) 137 mcg/50 mcg</p> <p>Aqueous suspension Meda Pharmaceuticals</p>
ANTICHOLINERGIC	ANTIHISTAMINES			CORTICOSTEROIDS									COMBINATION
0.03% 345 sprays; 0.06% 165 sprays	240 sprays	200 sprays	240 sprays	180 sprays	120 sprays	120 sprays	120 sprays	120 sprays	120 sprays	120 sprays	120 sprays	60 sprays	120 sprays
<ul style="list-style-type: none"> 0.03%: Rhinorrhea (runny nose) from allergic and non-allergic perennial rhinitis, age 6+ 0.06%: Rhinorrhea from cold or seasonal allergic rhinitis, age 5+ 	<ul style="list-style-type: none"> Seasonal allergic rhinitis, age 5+ Nonallergic (vasomotor) rhinitis, age 12+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 12+ 	<ul style="list-style-type: none"> Seasonal allergic rhinitis, age 6+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 6+ Nonallergic (vasomotor) rhinitis, age 6+ Prevention of recurrence of nasal polyps after surgery 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 4+ Nonallergic (vasomotor) rhinitis, age 4+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 2+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 2+ Nasal congestion from seasonal allergic rhinitis, age 2+ Prevent nasal symptoms of seasonal allergic rhinitis, age 12+ Treat nasal polyps, age 18+ 	<ul style="list-style-type: none"> Seasonal allergic rhinitis, age 6+ Perennial allergic rhinitis, age 12+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 12+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 6+ 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 2+ May help relieve red, itchy, watery eyes. 	<ul style="list-style-type: none"> Seasonal and perennial allergic rhinitis, age 12+ May help relieve red, itchy, watery eyes. 	<ul style="list-style-type: none"> Seasonal allergic rhinitis, age 12+
2 sprays per nostril 2-4 times a day	1-2 sprays per nostril twice a day	1-2 sprays per nostril once or twice a day	1-2 sprays per nostril twice a day	1-2 sprays per nostril twice a day	1-2 sprays per nostril once a day OR 1 spray per nostril twice a day	1-2 sprays per nostril once a day	1-2 sprays per nostril once or twice a day	2 sprays per nostril once a day	2 sprays per nostril once a day	1-4 sprays per nostril once a day	1-2 sprays per nostril once a day	1 spray per nostril once a day	1 spray per nostril twice a day
Before first use, spray 7 times; after 2 days non-use, spray 2 times; after 7 days non-use, spray 7 times.	Before first use, spray up to 4 times, until fine mist; after 3 days non-use, spray up to 2 times or until fine mist.	Before first use, spray 6 times or until fine mist; after 3 days non-use, spray 2 times or until fine mist.	Before first use, spray 5 times or until fine mist; after 7 days non-use, spray 2 times.	Before first use, spray 6 times or until fine mist; after 7 days non-use, dispense until fine spray.	Before first use, spray 6 times; after 7 days non-use, dispense until fine spray.	Before first use, spray 5 times; after 2 weeks non-use, spray 1 time.	Before first use, spray 10 times or until fine spray; after 7 days non-use, spray 2 times or until fine spray.	Before first use, spray 8 times; after 4 days non-use, spray 1 time or until fine mist.	Before first use, spray 4 times; after 7 days non-use, spray 2 times.	Before first use, spray 8 times; after 2 days non-use, spray 1 time or until fine spray; after 14 days non-use, rinse tip and spray 2 times or until fine spray.	Before first use, spray 6 times; after 30 days non-use or 5 days without a cap, spray until fine mist.	Before first use, spray 3 times; after 10 days non-use, spray 3 times. If dropped, reassemble if needed, spray 1 time.	Before first use, spray 6 times or until fine mist; after 14 days non-use, spray 1 time or until fine mist.
<ul style="list-style-type: none"> Lean head back a few seconds after exhaling. 0.06%: Do not use longer than 4 days for cold symptoms or 2 weeks for allergy unless instructed by physician. 	<ul style="list-style-type: none"> Do not tilt head back after inhaling. 	<ul style="list-style-type: none"> Do not tilt head back after inhaling. 	<ul style="list-style-type: none"> Do not tilt head back after inhaling. 	<ul style="list-style-type: none"> Shake before use. 	<ul style="list-style-type: none"> Shake before use. Some patients (age 12+) with seasonal allergic rhinitis may find as-needed use (not to exceed 200 mcg daily) effective for symptom control. 	<ul style="list-style-type: none"> Shake before use. 	<ul style="list-style-type: none"> Shake before use. Protect from light. 	<ul style="list-style-type: none"> Shake before use. Discard 4 months after removing from foil pouch. 	<ul style="list-style-type: none"> Do not inhale. Hold your breath, spray then exhale through mouth. Non-drip aerosol. Contains dose counter. 	<ul style="list-style-type: none"> Shake before use. Lean head backward for a few seconds after using. Protect from light. 	<ul style="list-style-type: none"> Shake before use. If dropped check glass bottle inside for damage. 	<ul style="list-style-type: none"> Tilt head back slightly. Spray and breathe in through nose, hold breath for few seconds and exhale through mouth. Non-drip aerosol. Contains dose counter. 	<ul style="list-style-type: none"> Shake before use. Do not tilt head back after use. Protect from light. Combines antihistamine and corticosteroid.

How to Use a Nasal Spray

Read the instructions that came with your particular brand, as they do vary.
General instructions:

- Blow your nose gently before beginning.
- Shake medication (if instructed).
- Stand or sit, and tip your chin down.
- Keeping the sprayer upright, insert the tip ¼ to ½ inch into one nostril while holding the other closed with your fingers.
- Point the tip away from the center of your nose.
- Inhale gently through your nose while you release the spray.
 - Qnasl:** hold your breath while spraying – do not inhale.
 - Zetonna:** lean head back slightly, release spray and breathe in through nose, hold breath for a few seconds before exhaling.
- Exhale through your mouth.
- Wipe any drips, but avoid blowing your nose for 15 minutes.