Champion E-Correspondence

November 2014

This is an e-mail communication related to the American Academy of Pediatrics (AAP) "Medical Home Chapter Champions Program on Asthma, Allergy and Anaphylaxis." It is designed to provide AAP Medical Home Chapter Champions with resources, as well as current clinical and other information. The Champion E-Correspondence is sent on a monthly basis. Feel free to share the Champion E-Correspondence with colleagues. Distribution information appears at the end of this newsletter.

Project Updates

Medical Home Chapter Champions Program on Asthma, Allergy and Anaphylaxis
Greetings from Elk Grove Village, Illinois! Thank you for joining us for the Chapter Champions Orientation Webinar on November 3rd. The webinar recording and slides are available on the program website. As a reminder, work plans are due on Tuesday, December 2! Don’t hesitate to let program staff know if you have any questions.

Upcoming Events

- American Association for Respiratory Care (AARC) Congress 2014, December 9-12, Las Vegas, NV
- Asthma Grand Rounds Series: Suggestions for Updates to the Asthma Treatment Guidelines, January 9, Boston, MA
- Association of Maternal and Child Health Programs (AMCHP) Annual Conference, January 24-27, Washington DC
- Blueprint for Success: The Pediatric Medical Home is Here to Stay, February 6, Orlando FL
- American Academy of Allergy, Asthma and Immunology Annual Meeting, February 20-24, Houston, TX

Reports

Spirometry for the Primary Care Pediatrician
This 2014 article published in Pediatrics in Review, highlights the recommendation of spirometry for routine asthma diagnosis and monitoring of therapy. It also emphasizes to pediatricians that routine office spirometry is feasible, practical, and important for optimizing care for children with respiratory symptoms or risk of lung disease. After reviewing this article, readers should be able to: understand the use of spirometry to diagnosis and monitor the treatment of asthma; and identify the details needed for the optimal performance and interpretation of spirometry.

Clinical Practice Guideline: The Diagnosis, Management, and Prevention of Bronchiolitis
This 2014 report published in Pediatrics, discusses the revision of the 2006 AAP clinical practice guideline, “Diagnosis and Management of Bronchiolitis,” and applies to children from 1 through 23 months of age. The goal of the revised guideline is to provide an evidence-based approach to the diagnosis, management, and prevention of bronchiolitis and is intended for pediatricians, family physicians, emergency medicine specialists, hospitalists, nurse practitioners, and physician assistants who care for these children.

Sustainability of a Parental Tobacco Control Intervention in Pediatric Practice
This study in Pediatrics (October 2014), aimed to determine whether an evidence-based pediatric outpatient intervention for parents who smoke persisted after initial implementation. One group of practices was trained to offer smoking cessation help to parents; the other group of practices followed usual care guidelines. The practices in the training group were more likely to provide smoking cessation guidance to parents at each child health care visit, even up to a year after training. Parents who received any assistance were more likely to quit smoking and more assistance was associated with higher quit rates.
Management of Food Allergy in the School Setting

This clinical report published in Pediatrics in 2010 highlights the role of the pediatrician and pediatric health care provider in managing students with food allergies. Food allergy is estimated to affect approximately 1 in 25 school-aged children and is the most common trigger of anaphylaxis in this age group. It is important that there be close communication between the pediatrician and allergist for diagnosis and management. Partnerships with students, families, school nurses, school physicians, and school staff are important for individualizing effective and practical care plans.

Resources

Living Confidently with Food Allergy: A guide for parents and families

According to data from the 2013 National Health Interview Survey (NHIS), food allergies in children continue to be on the rise, affecting nearly 6% of children in the US. Living Confidently with Food Allergy is a free, easy-to-use resource written at the 5th to 8th grade reading level. This handbook is designed for use by patients and their parents. For a Spanish version of the handbook, please contact Nkem Chineme.

Patient Portals Can Help You Meet Medical-home Criteria

Having a patient portal in place can serve as a great tool to help meet certain criteria necessary for achieving Patient-Centered Medical Home (PCMH) recognition. A recent article in Physicians Practice (October 2014) details how this can be achieved.

Roadmap for Patient and Family Engagement in Healthcare

The American Institutes for Research in collaboration with the Gordon and Betty Moore Foundation recently released a new “Roadmap for Patient and Family Engagement in Healthcare.” The Roadmap presents a unified vision for transforming the engagement of patients and families in the healthcare system as well as very concrete steps that can be taken to achieve this vision both immediately and in the future. There is also a 5-minute video of the Roadmap that gives a nice overview.

The "Music" of Coordinated Care

In a new video resource from the Institute for Healthcare Improvement (IHI) Open School, IHI President Emeritus and Senior Fellow, Don Berwick, tells the story of seeing a four-year-old boy with acute asthma. Berwick thought he'd have to send the boy to the emergency department. But a symphony of providers — a home health nurse, a pharmacist, a pediatrician, and the boy’s mother — worked together seamlessly and without delay to get him the treatment he needed. The system depended on subject matter knowledge, technology, improvement science, experimentation, communication, and teamwork to create the best outcome for the patient.

Medical Home Chapter Champions Program on Asthma, Allergy and Anaphylaxis

We regularly update the program website with resources that might be useful to champions. Be sure to check out our website!
Resources (continued)

Webinar/Video Recordings:
- 2014 Fostering Partnership and Teamwork in the Pediatric Medical Home: A "How To" Webinar Series
- Allergy & Asthma Network Featured In ‘Innovations with Ed Begley, Jr.’ on Discovery Channel
- Title V Health Reform Implementation
- Tools & Resources from Family Voices to Help You in Your Work with Families of CYSHCN
- Patient-Centered Pediatrics: Coordinating Care for Kids

Policy and Advocacy

Epinephrine Stocking in Schools
Several groups along with the Asthma and Allergy Foundation of America (AAFA) support school policies that promote access to life-saving medications to treat students and staff who experience severe allergic reactions. They advocate that states should implement policies that promote access, including: supplying schools with epinephrine auto-injectors to be used in emergencies, appropriately training school personnel, and addressing liability concerns for those who use this medication in good-faith.

AAP Advocacy Day Training
The AAP will be hosting a second Advocacy Day training in Washington, DC, on January 23. Beginning with an in-depth training session on how to advocate to members of Congress, the day will culminate with in-person visits to federal legislators on Capitol Hill. There is no cost to attend the Advocacy Day training other than travel. If you are interested in attending the training, please email Devin Miller at dmiller@aap.org.

Ways to Engage

2015 Visiting Lectureship Program Grants
The AAP Julius B. Richmond Visiting Lectureship Program provides grants of up to $3,000 to support two-day, customized, educational meetings aimed at protecting the health of children and families by controlling tobacco smoke exposure. The lectureships are designed to promote secondhand smoke exposure control and to integrate tobacco control and prevention into medical education, health departments and state or national pediatric organizations, both in the U.S. and abroad. The deadline for submissions is January 30, 2015 and awards will be made in April 2015. To find out how to apply, visit the AAP Richmond Center Website.

An Emerging Epidemic: Food Allergies in America
In 2013, Food Allergy Research & Education (FARE) teamed up with The Discovery Channel to produce a documentary about food allergies called “An Emerging Epidemic: Food Allergies in America.” The hour-long documentary, narrated by Steve Carell, explores what it is like to live with life-threatening food allergies, how families and individuals managing food allergies are working to raise awareness in their communities, and the vital research underway to find effective treatments and a cure. Spread the word about the documentary via social media or by hosting a viewing event.
In the News...

- Northwestern Finds Emergency Epinephrine Needed in Chicago Public Schools
- Will Medication Errors Increase?
- Severe Childhood Asthma Linked to COPD in Adult Life
- Overweight Youth With Asthma May Overuse Rescue Meds
- Allergy & Asthma Network Applauds Signing of New York Self-Carry, Stock Epinephrine Laws
- New Partnership, Studies Highlight ACAAI Annual Meeting
- ACAAI: Stocking Epinephrine in Schools Could Save Lives
- Expanded Availability of Epinephrine In Schools Called Potential Lifesaver
- Anaphylaxis Readiness For Ambulance Teams

Chapter Champions Call to Action

Mark your calendar – Work Plans are due on December 2, 2014! Let us know your goals and activities for Year 1 of the Medical Home Chapter Champions Program on Asthma, Allergy and Anaphylaxis. Complete your work plan and let us know how we can help to support your work!

Work plans should be emailed to Nkem Chineme.