Global Health Track for Pediatric Residents at the University of Wisconsin – Faculty Mentorship

Overview & Goals
Each resident in the global health track will be paired with a faculty mentor who has experience working with underserved populations or in resource-limited settings. This pairing will take place early in the first year and continue throughout the resident’s training. In addition to serving a resource and role model, the primary goal of the mentor is to empower the resident to tailor their time in the global health track to best meet their individual goals.

Guidelines
- Meet regularly with mentee
  o Formally at least twice annually to discuss goals and progress
  o Informally at Tuesday night small group sessions when available
- Communicate with program regarding meetings
  o Brief written documentation following each formal meeting
  o In person updates to faculty coordinating track when needed/possible
- Assist in providing resources, contacts, and networking opportunities for mentee
- Advocate for individual interests of the mentee and encourage the mentee to seek out creative solutions to meet their individual goals
- Foster academic growth

Meeting Content
- Discuss resident's specific background, interests, and career goals
- Determine strategies to identify and develop the individual's interests and work toward his or her goals
- Recommend useful resources and contacts as appropriate to the resident's interests and projects
- Anticipate and discuss typical hurdles that can arise during global health related endeavors
- Provide support for the development of local and/or global elective experiences in consultation with faculty coordinating track
  o Help to determine timing during residency
  o Assist in choosing appropriate sites or components
  o Ensure completion of elective preparation
  o Maintain contact during elective if possible
  o Provide guidance when preparing presentations on return
  o Facilitate “debriefing” after returning from a new cultural experience
- Discuss interest in scholarly work related to global health
- Provide ongoing career guidance

Resources
The One-Minute Mentor by Mitchell D. Feldman, MD, MPhil
- Assesso the Mentee
  o Check in
  o Assess for any urgent issues
  o Use active listening skills
- Set an Agenda
  o Review pending items
  o Assess time available
  o Prioritize
- Assist with Ongoing Projects
  o Ask clarifying questions
  o Set clear and measurable goals
  o Give advice and suggest resources
  o Agree on timeline for deliverables
- Provide Career Guidance
  o Review individual development plan & CV
  o Inquire about professional/personal balance
- Wrap up
  o Clarify expectations of mentor and mentee
  o Schedule future meeting