Take a break from summer physicals and see what’s going on with the Section on Osteopathic Pediatricians (SOOPe). Here are a few quick updates.

• **Committees.** As our section continues to grow, we want to make sure to engage our membership and tackle as many important initiatives as possible. We have created as number of fun committees for you to be involved in: Website, Social Media, Newsletter, Education (CME), OMM, Research, State Licensing Affairs, Students & Residents, Maintenance of Certification (MOC), Membership, and Engagement. We are looking for eager members to join any of these subcommittees. Please contact Jackie Burke jburke@aap.org if you’re interested in joining in the fun.

• **New Executive Committee Members.** Welcome to our newly elected members to our section’s executive committee: LeeAnn Conard, DO (re-elected) and Lisa Warren, DO (elected). Welcome aboard!

• **Social Media.** We have expanded our social media presence. Make sure to follow us on Twitter (@AAP_SOOPe) and Facebook (www.facebook.com/groups/418678778336361).

Thanks to Erin Brennan, DO for getting our section out on social media.

• **CME.** We continue to make strides with providing AOA and AMA Category 1 CME credits to our members. We have been able to provide AOA and AMA PRA Category 1 CME Credit at our AAP NCE Section Program and joint CME program with the American College of Osteopathic Pediatricians (ACOP). We continue to look for additional opportunities to provide members with so-called “Dual Credit CME” (programs which satisfy both AOA and AMA CME requirements) and expect to offer additional programs in the near future.

• **ACGME Single GME Accreditation.** The most reliable sources of information remain the ACGME, AOA, and AACOM websites. A recent update can be found at http://www.aacom.org/news-and-events/single-gme/updates/2016/05/13/april-may-2016-sas. We continue to follow ACGME’s plans for a Single GME Accreditation System and its potential impact on osteopathic pediatricians.

• **AAP Clinical Reports and Policy Statements.** We continue to provide comment on various...
AAP documents as they are posted for comment. We recently provided comment to two important documents to ensure relevance to osteopathic medicine and principles: Physician's Role in Coordinating Care of Hospitalized Children (Clinical Report) and Infection Prevention and Control in Pediatric Ambulatory Settings (Policy Statement).

- **Strategic Plan.** We have streamlined our section's strategic plan centered on three main goals: (1) develop and promote pediatric osteopathic educational opportunities and resources, (2) develop and promote resources to support the professional needs of osteopathic pediatricians, and (3) support pediatric osteopathic research.

- **Website.** Check out our newly redesigned website at [www.aap.org/DO](http://www.aap.org/DO). Thanks to Jackie Burke (AAP) and Cindy Mears (Website Subcommittee Chair) for putting the material together. Looks great!

- **Students.** SOOPe is not just for physicians anymore! Students are welcome to join our section, and we look forward to having new energy and perspectives join our section.

The upcoming year promises to be an equally exciting and productive year, and look forward to a number of exciting initiatives.

- Building subcommittees within the section for further growth over the next several years.

- Exploring additional CME opportunities for our section members

- Following and sharing developments from the Single GME Accreditation System and its impact on board certification.

Thank you for re-electing me as Chairperson for SOOPe. I look forward to representing our section as we continue to address the unique needs of osteopathic pediatricians. Thanks to the AAP staff, especially Jackie Burke and Tracey Coletta, who continue to provide our section with support and direction. Thank you Lisa Warren DO, our section Newsletter Editor, for organizing the content and reaching out to authors who contribute to this newsletter.

We are always looking for members who would like to become more involved with AAP or the Section on Osteopathic Pediatricians. If interested, please let me know. Also, I am always interested in hearing from you, so please don't hesitate to contact me at erikla@pcom.edu. Looking forward to another great year for the Section on Osteopathic Pediatricians!
Using the Simulation Lab to Improve Pediatric Residents’ Communication Skills
Randi Sperling DO, Michele Floyd MD, Elit Ben Simon MS4, Joyce Ho MS4, Michael Yingling

Background - Effective interpersonal and communication skills are included as some of the core competencies pediatric residents need to master during their training. Education in physician/patient communication skills might result in enhanced communication exchange with patients, patients’ families, and professional associates. This might potentially improve patient satisfaction, adherence to treatment, and health outcomes. In the past, several guidelines and models have established techniques to teach communication skills to medical students, residents, medical

Continued on Page 4
Using the Simulation Lab to Improve, ... Continued from Page 3

educators, and practicing physicians. Despite these methods, there continues to be some difficulty in formulating communication skills curricula which include creating appropriate methods of teaching communication skills in medical education settings, as well as having the ability to formulate objective evaluations of these methods.

**Purpose** - An innovative teaching method was developed using the simulation laboratory to assess and improve pediatric residents’ physician/patient communication skills during simulated outpatient primary care visits.

**Methods** - The study consisted of three different case scenarios that were used to assess the effectiveness of improving communication skills. Pediatric residents were evaluated in both their first and third years of residency and completed pre and post simulation exercise surveys. The three cases created included a newborn visit, a five year old in for a well visit, and an eight year old in for a “sick visit”. Each case included “hidden agendas” the residents had to discover while seeing the patient. The mother of the newborn was suffering from post-partum depression, the parents of the five year old were in the middle of a divorce, and the eight year old was being bullied at school. Groups of two to three pediatric residents met for a three-hour session. Each resident was videotaped individually performing a history and physical exam with a mother who was a standardized patient, and either a newborn or child mannequin. The mannequins had an electronic ability to cry or respond to questions. A pediatric faculty member observed the resident through a one-way mirror and the videotape was reviewed with feedback provided. Each resident completed a self-evaluation form at the beginning and end of each session. The evaluation consisted of nine questions with five response options regarding the resident’s perceived change in communication skills. Third year residents who completed the simulation experience as first year residents also reviewed their previous videotaped sessions and completed an additional survey comparing their perceived change in communication skills over time.

**Results** - Approximately half of the residents who participated in the simulation exercise completed forms in both their first and third years of residency. Comparing pre and post simulation exercise questionnaires, there was a marked increase in perceived communication skills (p<0.0001) and almost all residents felt the experience was useful in improving their communication skills. Interestingly, there was no significant effect between the residents’ responses of improvement in communication skills between the first and third year of residency p=0.94. One reason which might have accounted for this result is the residents might have scored their perceived ability in communication skills highly before the simulation exercise in the first year, not leaving much room for improvement in their third year.

**Conclusion** - The simulation laboratory might be a useful resource to improve pediatric residents’ communication skills in the primary care setting. Our study presents a potentially innovative teaching method to improve pediatric residents’ communication skills.

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**Have an Issue?**

Join the Section on Osteopathic Pediatricians Listserv by contacting tcoletta@aap.org
Description:
Whether you are a D.O. reacquainting yourself with osteopathic manipulative treatment (OMT), a D.O. refreshing your OMT skills, or an M.D. hoping to learn more about osteopathic medicine, this is the section program for you!

Through hands-on demonstration, participants will learn how OMT can be applied to patients they have encountered or may encounter in practice. The educational program will then be followed by the section's business meeting with section updates and opportunities to share ideas and collaborate. Participants will leave the session with a clearer understanding of osteopathic medicine.

Faculty: David Baron, MSEd, DO; Heather Ferrill, DO; Gregg Lund, DO, FAAP; Anita Showalter, DO

David Baron, MSEd, DO - **Doping in College Sports: Awareness and Management**
(Lecture) 1 hr.
This lecture provides an historic overview of Doping in sports. It also covers current doping issues, including psychiatric issues like Roid Rage, mood lability, and short and long term consequences of PED use. Current Doping Control paradigms will be presented.

David Baron, MSEd, DO - **Head Injury**
(Video and Lecture) 1.5 hr.
Safety in Youth sports provides an overview of concussion in youth sports. A review of the extant literature and key issues will be presented. As time permits, an award winning film dealing with clinical issues in concussion education in adolescent sports will be shown The film is just under 8 minutes long, and was written and produced by Dr. Baron.

Heather Ferrill, DO - **OMT Management of Head Injury**
(Lecture & Workshop) 2 hrs.
Post Concussion Syndrome OMT Approaches
Work Shop on Post Concussion Syndrome

Continued on Page 6
Anita Showalter, DO – The Diagnosis and Management of Pelvic Pain in Adolescence: Osteopathic Approach

(Lecture & workshop) 2 hrs.
The presentation will focus on visceral and somatic diagnoses, work up and treatment, including osteopathic manipulation where indicated.

Greg Lund, DO, FAAP - Pediatric GME: Update on Funding and Accreditation: How will things change?

(Lecture) 1 hr.
Learning Objectives:
At the end of the presentation the learner will be able to describe:
1) The funding sources for Pediatric GME in the US
2) The process and progress of integration into the ACGME single accreditation system
3) The status of Osteopathic Recognition ACGME Pediatric residency programs
4) The role of OPTIs under the ACGME single accreditation system

Agenda:

9:00-9:10 Welcome and Introduction

David Baron, MSEd, DO

Heather Ferrill, DO

Heather Ferrill, DO

12:10-1:00 Section business meeting and lunch

1:00-2:00 Pediatric GME: How will things change for the DO and pediatric community? Didactic review of ACGME single accreditation pathway, GME training and impacts on trainees.
Gregg Lund, DO, FAAP

2:00-3:00 Doping in College Sports: Awareness and Management Review prevalence, screening, management and prevention of doping in college sports.
David Baron, DO

For more information or to join the section … visit our website at: [www.aap.org/do](http://www.aap.org/do)
3:00-4:00 Adolescent Pelvic Pain: Osteopathic Approach.
Didactic review and case-based examples of how to incorporate osteopathic assessment and OMT into the care of adolescents with pelvic pain.
Anita Showalter, DO

4:00-5:00 Adolescent Pelvic Pain: OMT, Hands-On Workshop Hands-on practice on incorporating osteopathic assessment and OMT into the care of adolescents with pelvic pain.
Anita Showalter, DO

5:00-6:00 Manipulate with the Experts: Hands-On OMT Workshop Faculty will provide instruction on commonly used osteopathic manipulative techniques in pediatrics. Participants are encouraged to bring questions and clinical scenarios, and faculty will provide direction and demonstration of practical techniques that may be helpful for those particular scenarios.
Heather Ferrill, DO
David Baron, MSEd, DO
Gregg Lund, DO, FAAP
Anita Showalter, DO

6:00 Adjourn

The conference planner is NOW LIVE for the 2016 National Conference. Visit www.AAPexperience.org/planner to view sessions and events for 2016 National Conference. CLICK HERE for instructions on how to use the 2016 AAP Conference Planner. Below are links to our website and promotional pieces for 2016.

2016 National Conference URL's
National Conference Website- www.AAPexperience.org
AAP Conference Planner – www.aapexperience.org/planner
Plenary sessions- www.aapexperience.org/plenary
Peds 21 website page- www.aapexperience.org/peds21
Registration- www.aapexperience.org/register (Registration opens June 1)
Hotel Reservations- www.aapexperience.org/hotels (Hotel Reservations opens June 1)
Special Events - http://www.aapexperience.org/special-events/
2016 National Conference Preliminary Program- www.aapexperience.org/program (Available June 1)
Section on Osteopathic Pediatricians
Announces Section Election Results

The following members have been elected to the SOOPe executive committee:

Chairperson:
Erik Langenau, DO, MS, FAAP, FACOP
(second, two-year term)

Executive Committee Member:
Lee Ann Conard, RPh, DO, MPH, FAAP
(second, three-year term)

Lisa Warren, DO, FAAP
(first, three-year term)

Thank you to each person who voted in the election.
The new terms will commence November 1, 2016.

If you have any questions about the election or future leadership openings, please e-mail our staff at jburke@aap.org

Thank you to Robert Lee, DO, FAAP for serving on the Section's nominations committee.

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AAP DO Section Launches New Web Page
See new Section web site at http://www.aap.org/do

On this website, you'll find some great resources for osteopathic pediatricians and a summary of activities we have initiated over the last several years. As one of the largest sections within the AAP, we are fortunate to have such talented members—members interested in promoting osteopathic medicine within the field of pediatrics.

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Healthychildren.org Includes a Definition of Osteopathic Pediatricians for Parents

Healthychildren.org is a parent web page developed by the AAP.

Healthychildren includes up-to-date pediatric health information especially designed for families.

Click the link below to see a definition of an osteopathic pediatrician:
AAP Section on Osteopathic Pediatricians Creates DO Liaisons at the Chapter Level

The goals of the Section are:

1. To develop educational programming, to foster good working relations between state osteopathic associations and their allopathic counterparts and to unite all pediatricians in order to become even stronger advocates for children.
2. Educating medical students, osteopathic pediatric residents, young physicians and all pediatricians on the resources the AAP has to offer (i.e., education, publications, policy statements, advocacy efforts, etc.).
3. Education both DO and MD on osteopathic principles.

In order to foster good working relations between state osteopathic associations and their allopathic counterparts, the Section created **DO CHAPTER LIAISONS**. DO Chapter Liaisons:

1. **Communicate with the local AAP chapter and share information between the Section and the local chapter.**
2. **Make the chapter aware of the state's osteopathic medical society, and encourage them to obtain AOA CME credit for local chapter CME offerings.** If your chapter offers both types of credit, please let the AAP DO Section know this at [jburke@aap.org](mailto:jburke@aap.org).
3. **Occasionally write an article for the Section's and/or Chapter's newsletter or web page.**

The following individuals are currently serving as DO liaisons to AAP Chapters:

<table>
<thead>
<tr>
<th>Chapter</th>
<th>DO Liaison</th>
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<tbody>
<tr>
<td>Maine</td>
<td>Lisa Ryan, DO and Vanessa DeSousa, DO</td>
</tr>
<tr>
<td>Iowa</td>
<td>Greg Garvin, DO</td>
</tr>
<tr>
<td>Delaware</td>
<td>Julia Pillsbury, DO</td>
</tr>
<tr>
<td>Indiana</td>
<td>Heather Richardson, DO</td>
</tr>
<tr>
<td>Illinois</td>
<td>Gene Denning DO</td>
</tr>
<tr>
<td>California Chapter 4</td>
<td>Michael Weiss, DO</td>
</tr>
<tr>
<td>New Mexico</td>
<td>Grace Park, DO</td>
</tr>
<tr>
<td>Ohio</td>
<td>Antoinette Burns, DO</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>Edward Everett, DO</td>
</tr>
<tr>
<td>New York 2</td>
<td>Robert Lee, DO</td>
</tr>
<tr>
<td>Florida</td>
<td>Edward E. Packer, DO</td>
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<tr>
<td>Wisconsin</td>
<td>Mehul Sheth, DO</td>
</tr>
<tr>
<td>Washington, DC</td>
<td>Shimona Bahtia Thakrar, DO</td>
</tr>
<tr>
<td>Oregon</td>
<td>Lee Herkowitz, DO</td>
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<tr>
<td>Oklahoma</td>
<td>Michael Stratton, DO, FAAP</td>
</tr>
<tr>
<td>Michigan</td>
<td>Gerald Breitzer, DO, FAAP</td>
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<tr>
<td>Uniformed Services East</td>
<td>Antoinette Burns, DO, FAAP</td>
</tr>
<tr>
<td>West Virginia</td>
<td>Jennifer Bailey, DO, FAAP</td>
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<tr>
<td>Texas</td>
<td>Shimona Bahtia Thakrar, DO</td>
</tr>
<tr>
<td>Connecticut</td>
<td>Anna Weingarten, DO</td>
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If you are interested in being a DO liaison to your AAP chapter, please contact Lee Ann Conard, DO, FAAP at [LeeAnn.Conard@cchmc.org](mailto:LeeAnn.Conard@cchmc.org)
# American Academy of Pediatrics  
## Section on Osteopathic Pediatricians  
### Subcommittees

<table>
<thead>
<tr>
<th>Subcommittee</th>
<th>Description</th>
<th>Subcommittee Members</th>
</tr>
</thead>
</table>
| **Website**  | Develop new content of the section website. Review and update material on the website on a periodic basis. | Cindy Mears, DO, FAAP  
cynthia.mears@advocatehealth.com  
(708) 383-4230  
NEED MEMBERS |
| **Newsletter** | Coordinate article submission, review content, and assist in design for the bi-annual section newsletter | Lisa Warren, DO, FAAP  
lwarren@westernu.edu  
(909) 469-8492  
NEED MEMBERS |
| **Education** | Develop and organize CME programs, coordinate Section H programs for annual NCE conferences, devise strategies to enhance opportunities and visibility of CME programs (especially for those offering both AOA and ACCME category 1 CME credit). | Lee Herskowitz, DO, FAAP (2016)  
ljherskowitz@earthlink.net  
(503) 730-5026  
Robert Lee, DO, MS, FAAP, FACOP (2017)  
RLee@Winthrop.org  
NEED MEMBERS |
| **State Licensing Affairs and Chapter Liaison** | Collaborate with national, state and local agencies on matters related to osteopathic medicine. Such organizations include American Association of Osteopathic Examiners (AAOE), Federation of State Medical Boards (FSMB), Osteopathic State Societies, and local AAP chapters. | Lee Ann Conard, DO, FAAP  
leeann.conard@cchmc.org  
(740) 818-9791 |
| **Research** | Maintain the “Pediatric OMT/OMM Citations,” collaborate with other organizations (schools, residencies, etc.) on various OMT/OMM research topics, and devise strategies to enhance osteopathic research related to pediatrics. | Taylor Sawyer, DO, FAAP  
taylorleesawyer@hotmail.com  
(808) 551-9074  
Cynthia Jackson, DO, FAAP  
cynthia.jackson@quintiles.com  
(919) 998-2484 |
| **DO Students and Residents** | Provide updates on current training issues, such as ACGME single accreditation system and training of students and residents. Provide Updates on medical student, resident and fellowship training initiatives in AAP. Identify strategies to engage students and residents in SOOPe initiatives | Stephen DeMeo, DO  
sdemeo@wakemed.org  
(919) 350-8540  
Moina Synder, DO  
snydermoina@gmail.com  
Sladjana Courson, DO  
jscourson@aol.com  
(330) 837-6647 |

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<table>
<thead>
<tr>
<th>Subcommитет</th>
<th>Description</th>
<th>Contact Information</th>
</tr>
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<tbody>
<tr>
<td>Maintenance of Certification (MOC)</td>
<td>Explore opportunities to develop osteopathically distinct Part IV MOC programs.</td>
<td>Anita Ware, DO, FAAP <a href="mailto:anita2007do@gmail.com">anita2007do@gmail.com</a> (914) 263-2760</td>
</tr>
<tr>
<td>Social Media</td>
<td>Maximize social media outreach with Twitter and Facebook. Maintain and update social media posts.</td>
<td>Moina Snyder, DO <a href="mailto:snydermoina@gmail.com">snydermoina@gmail.com</a></td>
</tr>
<tr>
<td>OMM/OMT</td>
<td>Recommend links to other resources (such as AOA or AAO) for topics related to OMM/OMT training, utilization, billing, coding, and educational opportunities. Devise strategies for developing additional educational opportunities and support with regard to the use of OMM/OMT.</td>
<td>Gregg Lund <a href="mailto:gregglund@usa.net">gregglund@usa.net</a> (435) 655-3355 Julia Pillsbury <a href="mailto:jpills1952@msn.com">jpills1952@msn.com</a> (302) 678-8333 Doug Jorgensen <a href="mailto:Djorgensen@jorgensen-group.com">Djorgensen@jorgensen-group.com</a></td>
</tr>
<tr>
<td>Membership and Engagement</td>
<td>Devise strategies for recruiting and retaining DO members. Let DO members know of other leadership openings and engagement opportunities in the national AAP.</td>
<td>Grace Brouillette, DO, FAAP <a href="mailto:gbrouillette@kumc.edu">gbrouillette@kumc.edu</a> (816) 726-5985</td>
</tr>
</tbody>
</table>

Please email Jackie Burke ([jburke@aap.org](mailto:jburke@aap.org)) with your interest in participating in one or more of these great subcommittees. It is a great way to get involved, support osteopathic pediatricians, and assist our section in making significant contributions to the field of pediatrics.

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**How to Join…**

It’s easy!

There are NO DUES to join the SOOPe.

Send an e-mail to Jackie Burke at [jburke@aap.org](mailto:jburke@aap.org) to request to be added to the Section.
Pediatricians are committed to providing the best care for their patients and to making that care better every day. Thousands of physicians have used online tools, like American Board of Pediatrics (ABP) Performance Improvement Modules (PIMs) and AAP EQIPP modules to help with improvement and to meet Maintenance of Certification (MOC) requirements. The AAP's PediaLink QI system can also be used to build and manage small-group QI projects for MOC credit. These online tools and modules can be great ways to learn the QI process, but many pediatricians are already doing important QI work, including those projects facilitated by the AAP, in their practices. How can pediatricians claim credit for the quality improvement work they’re already doing?

In addition to the numerous ways in which pediatricians can earn credit through the AAP (see sidebar) and in an effort to continue to offer a wider range of meaningful and practical ways to meet MOC requirements for Improving Professional Practice (Part 4), the ABP has developed simple online applications for pediatricians to report the QI work that they originate where they practice.

**For Small Groups**
The application – called the **Small Group QI Project Application** -- is designed specifically for QI teams involving 1-10 pediatricians. Once a QI project is complete, the diplomate leading the project submits a Small Group QI Project Application on behalf of the group. When the project is approved, each participating physician then earns 25 Part 4 points. There is a fee of $75 per project (not per person). Now you can finish your QI project, submit your Small Group QI Project Application and claim your credit!

**For the Larger Groups**
For those QI teams that include more than 10 pediatricians, the ABP offers a slightly altered version of the Small Group application. The QI Project Application, which is appropriate for long term, ongoing QI projects, is designed for organizations whose QI teams include 11 or more pediatricians. This application costs $250 for the entire team and earns each participant (no maximum) 25 Part 4 points. Credit can be awarded each time a member of the QI team can attest to meaningful participation -- meaning one project can result in multiple opportunities for its participants to claim MOC credit for their work!

**For Those Who've Earned NCQA Recognition**
MOC Part 4 credit can also be claimed if a practice has earned National Committee for Quality Assurance (NCQA) recognition for either Patient-Centered Medical Home (PCMH) or Patient-Centered Specialty Practice (PCSP).

The ABP recognizes the rigorous QI efforts necessary to obtain such recognition. Individual physicians, at no additional charge, can claim 40 Part 4 points if they have meaningfully participated in earning NCQA-PCMH or NCQA-PCSP recognition based on either 2011 or 2014 standards.

*Continued on Page 13*
For Those Leading Institutions in QI Work
Those individuals with expertise in quality improvement science who are in positions to lead institutional quality improvement initiatives – such as Vice President of Quality/Safety, or a Chief Quality Officer – can claim 40 Part 4 points for their leadership activities. The QI Program Development application is designed specifically for those developing and leading macro-level QI programs (not necessarily projects) within an organization.

For Organizations Sponsoring QI Projects
Organizations that are sponsoring three or more QI projects within a two-year period may apply to become a Portfolio Sponsor. This role as sponsor allows the organization to oversee multiple, simultaneously-running QI projects and approve qualifying projects for 25 Part 4 points. The Portfolio Sponsor is responsible for submitting a progress report to the ABP for each approved project.

Did you know the AAP is a Portfolio Sponsor? The AAP reviews and approves its own QI Projects, based on ABP MOC standards, and then awards credit for participation.

Resources for Part-time Pediatricians
The AAP has numerous resources available to assist those considering part-time work and practices offering part-time options, as well as resources addressing how to maintain a healthy work/life balance.

See the AAP Web page at: https://www.aap.org/en-us/professional-resources/Pediatrics-as-a-Profession/Pages/Private/Resources-for-Part-Time-Pediatricians.aspx
We’d like to Promote Category 1A CME Opportunities!

The leadership team of the AAP Section on Osteopathic Pediatricians often hears that section members are looking for category 1-A CME opportunities. If you are hosting or know of a course that offers these credits for DO pediatricians, please e-mail our staff at the AAP.

We will promote these opportunities through the section's communication channels such as list serv, web page and newsletter.

Send your “ads” to our staff at jburke@aap.org.

Thank you.

Next DO Newsletter Article Request:

It is with great pleasure that I serve as your editor for the newsletter of the AAP Section on Osteopathic Pediatricians. We are requesting articles representing health topics, pediatric research, medical education, personal stories or related topics of interest for our section. Articles submitted may be edited for formatting purposes. Deadline for the fall/winter submission is November 9, 2016. Please feel free to contact me below if you have suggestions or comments.

Thank you,

Lisa Warren, DO, FAAP
lwarren@westernu.edu