Clinic-based Quality Improvement Projects

2 Easy Steps...

STEP 1: Each resident pledges participation in the Let’s Move! Campaign. This takes less than 2 minutes. You are now officially committed to fighting childhood obesity!

STEP 2: Implement a quality check in your clinic, make changes, then check again.

- Examine 10 patient charts for a few key indicators. Was BMI checked? Was nutrition discussed?
- Use the downloadable form to see what you have missed. Upload your data to see how your clinic compares to others. *
- Identify one change you would like to make. Use the Tips for Improvement sheet for simple solutions and advice on implementing change in your clinic.
- After those changes are made, check 10 charts again to see what a difference you have made!

Check out our Team Healthy website at: www.aap.org/ypn/r/advocacy/obesity.html

* Note: You will need your AAP ID to pledge and to upload your data.

Did you forget your AAP ID?

- Check your Pediatrics journal
- Call 866-843-2271 (866-THE-AAPI)
- Go to www.aap.org/moc & click on “Look up my AAP ID number”