### Childhood Obesity Prevention and Management Processes and Outcomes

(This is one example—additional clinic change objectives related to childhood obesity prevention can be created to address important areas of care such as blood pressure measurement and assessment, assessment and counseling of physical activity, etc)

<table>
<thead>
<tr>
<th>Clinic Change Objective</th>
<th>Process Measure</th>
<th>Outcome Measure</th>
<th>Strategy to Assess Clinic Change</th>
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</table>
| 90% of children 2-19 years old will have their BMI and weight assessed at well child visits | • Percentage of children, 2 to 19 yrs whose BMI is calculated  
• Percentage of children 2 to 19 yrs old whose BMI is plotted on age and gender specific BMI growth charts.  
• Percent of children 2 to 19 yrs old whose BMI is correctly classified (i.e. as underweight, healthy, overweight, obese or >=99%) | • Percentage of children 2 to 19 yrs of age with BMI in the 85<sup>th</sup>-94<sup>th</sup> percentile for age and gender (overweight)  
• Percentage of children 2 to 19 yrs of age with BMI >95<sup>th</sup> percentile for age and gender (obese). | • Monthly chart abstraction of data using chart abstraction tool (located in “Clinical” folder)  
• Track monthly data using data feedback tool (located in “Clinical” folder) |

### Childhood Obesity Prevention and Management Processes and Outcomes

(This is one example—additional clinic change objectives related to childhood obesity management can be created to address important areas of care such as assessment and counseling of dietary habits, physical activity, etc)

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| Based on the CDC and AAP Expert Consensus Guidelines, all children who are overweight and obese will receive appropriate Level 1 and Level 2 treatment and management | • Percentage of children, 2 to 19 yrs old, with a follow-up visit planned after initial classification as overweight.  
• Percentage of overweight and obese children, 2 to 19 yrs old, who have their BMI calculated at each visit | • Percentage of overweight and obese children (2-19 yrs old) scheduled for a follow-up visit  
• Percentage of overweight and obese children who return for a follow-up weight visit  
• Percentage of overweight and obese children (2-19 yrs old) who maintain their BMI percentile over a 3-month period | • Monthly chart abstraction of data using chart abstraction tool (located in “Clinical” folder)  
• Track monthly data using data feedback tool (located in “Clinical” folder) |