"Pediatricians are in the best position to combat childhood obesity because they are dedicated to children’s health and well-being and build long-term, trusting relationships with families. The Institute for Healthy Childhood Weight will provide pediatricians with the tools and knowledge they need to provide care that begins with research and ends in real results." Sandra Hassink, MD, FAAP

The American Academy of Pediatrics (AAP) Institute for Healthy Childhood Weight (IHCW) addresses the complex problem of childhood obesity from prevention through treatment. Leveraging AAP expertise, the Institute serves as a translational engine for pediatric obesity prevention, assessment, management and treatment, and will move policy and research from theory into practice in American healthcare, communities, and homes.
With an emphasis on strategic and methodological innovation and evaluation, the Institute aims to translate policy into best practices, using emerging scientific evidence to create practical solutions for health care providers, communities and individual families.

Institute for Healthy Childhood Weight Mission

The mission of the Institute is to empower pediatricians, families and children to:

• **Better prevent, assess and treat** obesity and its comorbidities;
• **Enhance partnerships with families** to find and navigate individual pathways to healthy active living; and
• **Catalyze stakeholders and communities** to build and enhance capacity for healthy active living.

www.aap.org/healthyweight

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