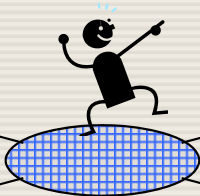
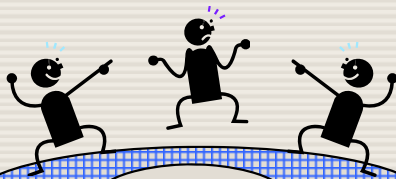
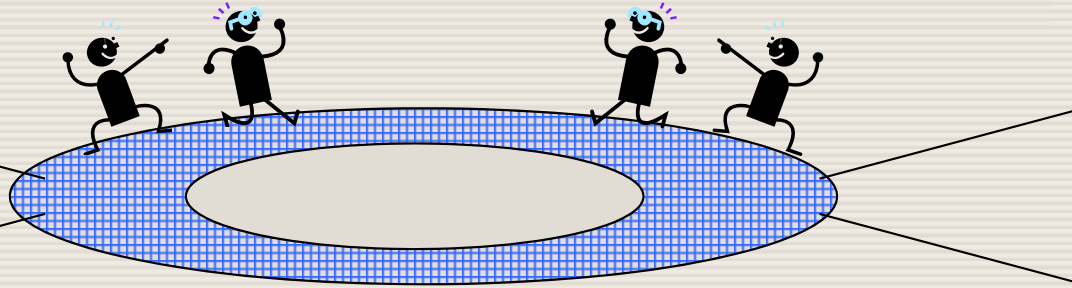


# Social-Emotional Safety Nets

A Public Health Approach to “**Toxic Stress**”



## Universal Primary Preventions

Anticipatory guidance  
Consistent messaging

**No identification**

**No stigma**

**Ceiling effects =  
Limited evidence base**

## Targeted Interventions

(for those “at risk”)

Nursing home visits

Parenting programs

Early Intervention

**Less ceiling=More evidence**

**Requires screening**

**Issues with stigma**

## Evidence-Based Treatments

(for the symptomatic)

PCIT; TB-CBT

**Treatment works!**

**Screening / stigma / access**