Module 1:
The Core Story of Early Brain and Child Development

CASE STUDY
Case Study

Background

• 3 year old female presents for WCC
• This is her first visit to see you
• Recently placed in foster care with one of your already established families
• Foster mother was given some limited history by CPS
Case Study

Past Medical History

• 19 year old mother with poor prenatal care
• 36 and 6/7 weeks gestation; SGA (2kg)
• In the NICU for a few days
• Admitted to PICU at 9 months with bronchiolitis; again last year for asthma
• Immunizations are up to date
Case Study

Family History

- Mother had severe seasonal allergies and eczema as a child
- Mother had “ADHD” as a child; “anxiety” as a teenager
- Mother was smoking at 12, drinking at 14
- Mother had severe postpartum depression
Case Study

Social History

• Mother was placed in foster care at 12 yo (abused by her step father)
• Mother dropped out of school at 16 yo
• Mother and patient spent several months in a shelter for women and children
• Patient placed in foster care when found by police running in the street at 2AM
Case Study

Physical Exam

**Wt:** 40# (>95 %tile)  **Ht:** 39” (75%tile)  **BMI:** 18.5 (>95%tile)

**GEN:** sullen, shy toddler, clinging to foster mom

**HEENT:** NC; PERRL; MMMP; Left TM scarred, right w/pus, red

**CHEST:** rare end expiratory wheezing, no WOB, no rales

**COR:** S1, S2, RRR, no murmur audible

**ABD:** +BS, soft, non-tender, non-distended

**SKIN:** rough, red, dry patches inside of both elbows
Discussion

- What other information would you like to have and why?
- What risks to her health and well-being have you identified and why are they risks?
- What opportunities to promote wellness and development have already been missed?
- What are your priorities moving forward?