Module 2: Toxic Stress

CASE STUDY
Case Study

Background

- 2 year old male presents for WCC
- This is his first visit to see you
- Recently started living at his grandmother’s home because his mother moved home due to financial issues
Case Study

Past Medical History

- 20 year old mother with poor prenatal care
- 35 weeks GA; SGA (~ 1.9 kg)
- In the NICU for a few days
- Immunizations are not up to date
Family History

• Mother has history of asthma
• Father’s history is unknown
• Mother started binge drinking at age 15
• Mother dropped out of school at age 17 & just completed her GED
• Father was involved briefly, but no longer involved due to being incarcerated.
Case Study

Social History

• Mother grew up in a single-parent family with a mother who was often working 2 or more jobs to make ends meet

• Mother currently has a job but struggles with finding child care she can afford so the patient often stays with different family members or friends when the mother works
Case Study

Physical Exam

**Wt:** 40# (>95 %tile)  **Ht:** 39” (75%tile)  **BMI:** 18.5 (>95%tile)

**GEN:** anxious toddler, clings to mom

**HEENT:** NC; PERRL; MMMP; Left TM scarred, right w/pus, red

**CHEST:** rare end expiratory wheezing, no WOB, no rales

**COR:** S1, S2, RRR, no murmur audible

**ABD:** +BS, soft, non-tender, non-distended

**SKIN:** rough, red, dry patches inside of both elbows
Discussion

- What other information would you like to have and why?
- What risks to his health and well-being have you identified and why are they risks?
- What opportunities to promote wellness and development have already been missed?
- What are your priorities moving forward?