Adverse Childhood Experiences (ACE)

CASE STUDY
Case Study

Background

• 4 year old female presents for WCC
• This is her first visit to see you
• Recently moved here after parents got divorced
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Past Medical History

• 26 year old mother with good prenatal care
• 39 weeks GA; AGA
• Uncomplicated birth
• Immunizations are up to date
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Family History

• Mother recently started working full-time after divorce from her husband
• Patient often spends time at his grandparents house (mother’s family) when mother works late
• Patient’s father lives 2 hours away & patient only sees him every other weekend
• Father grew up in a home with domestic violence
• Mother was diagnosed with ADHD at age 10
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Social History

- Mother grew up living with a father who is an alcoholic & still drinks
- Mother’s job is stressful & she has trouble sleeping at night
- Patient misses her old daycare center & is “acting out” in daycare and often complaining of having a stomachache
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Physical Exam

**Wt:** 40# (>95 %tile)  **Ht:** 39” (75%tile)  **BMI:** 18.5 (>95%tile)

**GEN:** anxious toddler, clings to mom

**HEENT:** NC; PERRL; MMMP; Left TM scarred, right w/pus, red

**CHEST:** rare end expiratory wheezing, no WOB, no rales

**COR:** S1, S2, RRR, no murmur audible

**ABD:** +BS, soft, non-tender, non-distended

**SKIN:** rough, red, dry patches inside of both elbows
Discussion

- What other information would you like to have and why?
- What risks to his health and well-being have you identified and why are they risks?
- What opportunities to promote wellness and development have already been missed?
- What are your priorities moving forward?