Module 4: Early Brain & Child Development - Supporting Parents & Cultivating Community Relationships

CASE STUDY
Case Study

Background

- 3 year old male presents for WCC
- This is his second visit to see you
- Staff has mentioned that the mother seemed to have difficulty filling out medical forms & said she did not have glasses with her
Case Study

Past Medical History

• 19 year old mother with poor prenatal care
• 36 and 6/7 weeks gestation; SGA (2kg)
• In the NICU for a few days
• Admitted to PICU at 9 months with bronchiolitis; again last year for asthma
• Immunizations are up to date
Case Study

Family History

• Mother had severe seasonal allergies
• Mother was smoking at 12
• Mother had severe postpartum depression
• Father was raised in a family with domestic violence
Case Study

Social History

• Father spent some time in foster care
• Mother dropped out of school at age 16
• Family spent several months in a shelter
• Father just got a full-time job after being out of work for over a year
Case Study

Physical Exam

**Wt:** 40# (>95%tile)  **Ht:** 39” (75%tile)  **BMI:** 18.5 (>95%tile)

**GEN:** sullen, shy toddler, clinging to foster mom

**HEENT:** NC; PERRL; MMMP; Left TM scarred, right w/pus, red

**CHEST:** rare end expiratory wheezing, no WOB, no rales

**COR:** S1, S2, RRR, no murmur audible

**ABD:** +BS, soft, non-tender, non-distended

**SKIN:** rough, red, dry patches inside of both elbows
Discussion

• What other information would you like to have and why?
• What risks to her health and well-being have you identified and why are they risks?
• What opportunities to promote wellness and development have already been missed?
• What are your priorities moving forward?