IN THIS EDITION

Hot Topics
- Study Examines Prevalence of E-cigarette Dripping Among Youths

From the AAP Richmond Center
- AAP Section on Tobacco Control Now Accepting Abstract Submissions
- 2017 Visiting Lectureship Grants Awarded
- 2017 New Investigator Grants Awarded

In the News
- New FDA Report Details Link Between Media Campaign and Youth Smoking Initiation
- Tobacco-Product Use by Adults and Youths in the United States in 2013 and 2014

Resources and Events
- Register for the 2017 National Conference on Tobacco or Health
- Register for Pediatric Academic Societies (PAS) Meeting
- Chemicals in Cigarettes: From Plant to Product to Puff
- Webinar: Hitting Home Runs with Tobacco Policies
- Report: The Economics of Tobacco and Tobacco Control
- Report: State of Tobacco Control – Includes New Grading Category for Tobacco 21

People in the News
- Dr. Karen M. Wilson Appointed Chair of the AAP Tobacco Consortium

Hot Topics
Study Examines Prevalence of E-cigarette Dripping Among Youths

A new study published in Pediatrics found that one out of every four teens that have used electronic cigarettes (e-cigarettes) engaged in a practice known as “dripping”, in which users drip liquids from their electronic devices onto the coil of the device. According to the study, the practice causes a thicker plume of smoke and an enhanced flavor experience. Researchers from the Yale University School of Medicine surveyed 7,045 students at eight Connecticut high schools for the study, and found that among the more than 1,000 respondents who had ever used electronic cigarettes, more than 26% had engaged in dripping. Currently, there is no evidence of harmful effects of dripping outside of those found with using electronic cigarettes in the traditional manner. According to an article written for CNN.com, the study researchers suggested that dripping electronic cigarette directly onto a device can expose a user to toxic chemicals and to higher levels of nicotine if the liquid contains nicotine. Researchers stressed the need of increased research on the health effects of these devices, as they are becoming more popular among adolescents. Read the article for more information.

From the AAP Richmond Center
AAP Section on Tobacco Control Now Accepting Abstract Submissions
Submit your abstract for the Section on Tobacco Control program during the 2017 AAP National Conference and Exhibition in Chicago. We are accepting

Upcoming Events
February 28
3:00-4:15pm ET
Webinar: Hitting Home Runs with Tobacco Policies

March 22-24
2017 NCTOH
Austin, Texas

March 31-April 1
RCE Clinical Trainings
AAP Headquarters
Elk Grove Village, IL

April 7
AAP Section on Tobacco Control Abstract Submissions Due

May 6-9
2017 PAS
San Francisco, CA

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abstracts for poster presentations describing ongoing or completed projects and/or presenting original research findings. Abstracts describing quality improvement projects may be eligible for Maintenance of Certification (MOC) credit! Section membership is not a requirement to submit. For more information, please visit https://www.aap.org/en-us/continuing-medical-education/Pages/Abstracts.aspx.

2017 Visiting Lectureship Grants Awarded
The AAP Richmond Center is pleased to announce that the 2017 Visiting Lectureship grants have been awarded. Read below to find out what each grantee will be offering through their program:

**Grantee:** Lochrane Grant, MD, FAAP
Greenville Health System Children’s Hospital
The goal of this program is to educate and motivate pediatricians, residents, medical students and other primary care providers on their role and responsibilities to protect children from secondhand smoke through counseling, smoking cessation, nicotine replacement therapy, and advocacy.

**Grantee:** John Harrington, MD, FAAP
Children’s Hospital of the King’s Daughters
The goal of this program is to assist pediatric, family, and internal medicine physicians in improving their ability to help adolescents, young adults, parents and other family members quit smoking and vaping through proven motivational interviewing techniques and the latest information concerning the dangers and health consequences of use and exposure to combustible and non-combustible tobacco products.

**Grantee:** Meredith Kennedy, MPH / Nancy Graff, MD, FAAP
AAP California Chapter 3/University of California - San Diego School of Medicine’s Department of Pediatrics
The goal of this program is to develop and implement a comprehensive program to ensure that patients being seen at all UCSD Pediatric Residency training sites (inpatient and outpatient) are screened for smoke exposure and that caregivers who smoke are appropriately treated and referred to assist them in smoking cessation efforts. This program also will incorporate secondhand and thirdhand smoke exposure education and develop policies and protocols to ensure that all patients presenting to UCSD facilities are appropriately screened for smoke exposure.

**Grantee:** Kristen Navarette, MD, FAAP
Albany Medical Center Pediatric Department
The goal of this program is to increase awareness of the dangers of secondhand and thirdhand smoke on pediatric populations and patients among faculty, residents and students at Albany Medical Center Pediatric Department and SUNY Albany School of Public Health. This program also seeks to build a foundation for collaborative partnerships and work towards the creation of a sustainable education program for residents and students and a formal smoking cessation program for patients and families who receive care at both institutions.

**Grantee:** Anna Sanchez, MD, MPH, FAAP
Pediatric Department - Guam Regional Medical City
The goal of this program is to enhance pediatricians’ and pediatric nurses’ awareness of the serious health effects of tobacco smoke for the children and adolescents they serve. This program also seeks to equip pediatricians and pediatric nurses with the skills needed to screen for tobacco use, encourage smokers to quit and make referrals to appropriate local resources to aid in cessation.

2017 New Investigator Grants Awarded
The AAP Richmond Center is pleased to announce that the 2017 New
Investigator Grants have been awarded to Olivier Drouin MD, FAAP and Brian Jenssen MD, MSHP, FAAP. These grants are designed to stimulate involvement of pediatricians and child health researchers in research to protect children and families from smoke exposure. Congratulations, Dr. Drouin and Dr. Jenssen! Click here to read more about the funded research studies.

In the News

New FDA Report Details Link Between Media Campaign and Youth Smoking Initiation

In January, the Food and Drug Administration's (FDA) Center for Tobacco Products released an article in the CDC's Morbidity and Mortality Weekly Report that describes the association between The Real Cost media campaign and smoking initiation among American youth.

The Real Cost campaign was launched in 2014 as the FDA's first national tobacco-focused public education campaign aimed at reducing youth smoking. Findings detailed in the report indicate that exposure to The Real Cost was associated with preventing approximately 350,000 U.S. youth ages 11-18 from initiating smoking between 2014 and 2016. These findings are based on an analysis of a large, nationally representative, longitudinal survey of youth in 75 media markets.

As most cigarette smoking begins during adolescence, campaigns such as The Real Cost can have long-term effects on future rates of tobacco-related morbidity and mortality. These findings align with previous research that found targeted mass media campaigns, delivered with sufficient intensity and duration, can decrease smoking initiation and prevalence.

Read the full MMWR article here: www.cdc.gov/mmwr

Tobacco-Product Use by Adults and Youths in the United States in 2013 and 2014

New data from the PATH study published in the New England Journal of Medicine found that 28% of U.S. adults and approximately 9% of youth were current tobacco users. Multiple product use was popular among tobacco users, with cigarettes and e-cigarettes being the most common combination among both adults and youth. Study authors noted that these findings will serve as baseline data to evaluate and monitor trends in tobacco use behavior and changes in attitudes toward tobacco products over time. Read the article for more information.

Resources and Events

Register for the 2017 National Conference on Tobacco or Health
March 22-24, 2017
Austin, Texas
The National Conference on Tobacco or Health is dedicated to improving and sustaining the effectiveness and reach of tobacco control programs and activities in the United States by providing a forum for sharing and discussing best practices and policies to reduce tobacco use. Visit the conference registration site at www.nctoh.org.

Register for Pediatric Academic Societies (PAS) Meeting
May 6-9, 2017
San Francisco, CA
Registration is now open for the Pediatric Academic Societies' (PAS) annual meeting in San Francisco, CA. The conference will be held May 6-9, 2017. This meeting offers programs with the latest science, from basic to translational, and clinical and health services research from across academic pediatric specialties. View the PAS Web site for registration information.
Chemicals in Cigarettes: From Plant to Product to Puff
The FDA Center for Tobacco Products (CTP) has released a series of videos and interactive tools to help the public easily understand more about potential harmful chemicals in tobacco. The videos are described in three stages, “from plant to product to puff.” Go to the link above to see the videos and content.

Webinar: Hitting Home Runs with Tobacco Policies
February 28, 2017, 3:00-4:15pm ET
A webinar hosted by ASTHO and Campaign for Tobacco-Free Kids

Restricting tobacco use in baseball stadiums and raising the tobacco age to 21 continue to be emerging policies in tobacco control with increasing adoption among states and municipalities across the United States. This webinar, co-hosted the Campaign for Tobacco-Free Kids and ASTHO, will feature Campaign for Tobacco-Free Kids expert presentations on the national landscape of these two tobacco policies, and how building support for one of these policies can increase engagement in other tobacco control policies at the state and municipal level.

This webinar will also explore a case study on how state and local health departments can support the implementation of policy that restricts tobacco use in baseball stadiums for players and fans alike.

Report: The Economics of Tobacco and Tobacco Control
A report released by the National Cancer Institute (NCI), in collaboration with the World Health Organization shows that policies to control tobacco use, including tobacco tax and price increases, can generate significant government revenues for health and development work, but left unchecked, the tobacco industry and the deadly impact of its products cost the world’s economies more than US$ 1 trillion annually in healthcare expenditures and lost productivity. The report titled “The Economics of Tobacco and Tobacco Control” presents extensive new evidence from low- and middle-income countries and concludes that evidence-based tobacco control interventions make sense from an economic as well as a public health standpoint. The report provides the first comprehensive review of the economics of global tobacco control efforts since the 2003 adoption and 2005 entry into force of the World Health Organization Framework Convention on Tobacco Control. Read more.

Report: State of Tobacco Control – Includes New Grading Category for Tobacco 21
The American Lung Association has released the 15th annual “State of Tobacco Control” report. The report has expanded this year to include a new grading category for states’ efforts to prevent youth tobacco use with laws to increase the age of sale for tobacco products to 21, or “Tobacco 21” laws. Find out if your state has “made the grade”.

People In the News
Dr. Karen M. Wilson Appointed Chair of the AAP Tobacco Consortium
The AAP Richmond Center congratulates Karen M. Wilson, MD, MPH, FAAP on her recent appointment as the new Chair of the AAP Tobacco Consortium. Dr. Wilson has been an active member of the Consortium since 2009, and she replaces Susanne Tanski, MD, MPH, FAAP who served as Chair from 2011-2016. Dr. Wilson is the Debra and Leon Black Division Chief of General Pediatrics, and the Vice-Chair for Clinical and Translational Research for the Department of Pediatrics at the Icahn School of Medicine at Mount Sinai.

Dr. Wilson also serves the AAP as Past Chair of the Section on Tobacco Control, and as Principal Investigator and faculty member of the Julius B. Richmond Center of Excellence. Outside of the AAP, she serves as Chair of the Academic Pediatric Association’s Research Committee, and sits on their
Board of Directors. Dr. Wilson is also the Chair of the Pediatric Research in Inpatient Settings Network Executive Council, and Deputy Editor of Hospital Pediatrics. Her primary research interests are in understanding the relationship between secondhand tobacco smoke exposure and severity of illness in children hospitalized for respiratory illness, and how to improve outcomes in hospitalized children.

Please feel free to pass this message along to interested parties. To subscribe, unsubscribe, or submit a news item for consideration in this monthly digest, please send an email request to richmondcenter@aap.org.

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