These tips were gathered by Healthy Tomorrows staff. Visit www.aap.org/commpeds/htpcp, e-mail healthyt@aap.org, or call 847/434-4279 for more information.

**TIP SHEET**

These tips are intended to help ensure **SUSTAINABILITY** for your community-based program. Even if you only implement a few, you will make a difference!

Start thinking and working on sustainability at the beginning of your project.

Utilize and maximize existing program resources.

Start small and build on successes.

Track data and collect individual stories to strengthen program support.

Advocate to create community awareness about your program.

Involve your advisory board to connect you to your community.

Network with those who may benefit from what you do and vice versa.

Ask yourself the following question: How can we make the program better?

Build strong relationships with key stakeholders.

Involve families and community members at every step.

Look for resources and funding opportunities continuously.

Implement your evaluation plan by developing a logic model with measurable outcomes.

Thank your funders and supporters regularly.

You are on your way to helping change your community!

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