

Praise: An Important Parenting Tool

Helps kids know what actions or behaviors you like & want them to keep doing.

Examples of Effective Praise

"I really like the way you are sharing with your sister. That is so friendly!"



"I like the way you put your toys away the first time I asked. That was so helpful!"



Pointers for Parents:

- **Be specific.**
This will help your child know exactly what action or behavior you like.
- **Be immediate.**
If you see your child doing something you like, let him know right away. It's what we call "connecting the dots."
It will help your child know what behaviors you expect.
- **Praise the PROCESS and not just the end product.**
Kids will keep trying to learn a new behavior if you show them how much you like them trying.
Remember, you might have to show your child what you want or help them when they are first learning a new behavior.
Make daily chores fun by turning them into games or races!
- **Use hugs and kisses to show your child how much you like what they are doing.**
- **Children in foster care may have challenging behaviors as a result of what they have been through. These children need extra reassurance for positive behavior and following through on everyday tasks.**

Praise helps kids know that you are happy.
It also makes kids proud of their accomplishments.