



**AMERICAN ACADEMY OF PEDIATRICS  
SYMPOSIUM ON CHILD HEALTH, RESILIENCE & TOXIC STRESS**

June 17, 2014 | Washington, DC

**Supplemental Resources & Materials**

**American Academy of Pediatrics (AAP)**

The AAP has a wealth of resources on toxic stress.

- *The Early Brain and Child Development (EBCD)* initiative aims to change how pediatricians and their communities view the early childhood developmental period, and how they care for and invest in young children. Click [here](#) for EBCD resources
- The AAP Policy Statement: *Early Childhood Adversity, Toxic Stress, and the Role of the Pediatrician: Translating Developmental Science into Lifelong Health*, click [here](#).
- The AAP *Technical Report on The Lifelong Effects of Early Childhood Adversity and Toxic Stress* is available [here](#).
- AAP's *Connected Kids: Safe, Strong, Secure*, offers child healthcare providers a comprehensive, logical approach to integrating violence prevention efforts in practice and the community. Click [here](#) for information on the program.
- The AAP's *Medical Home for Children Exposed to Violence* project provides pediatricians and all medical home teams with resources needed to modify practice operations to more effectively identify, treat, and refer children and youth who have been exposed to, or victimized by, violence. Information is available [here](#).
- The video *Breaking Through*, which documents the issue of toxic stress through the lens of Head Start, is available [here](#).

**Additional Resources and Materials (alphabetical by organization)**

**ACEs Connection**

Healthy, happy kids grow up to create a healthy happy world. This community of practice uses trauma-informed, resilience-building practices to prevent Adverse Childhood Experiences & further trauma. Learn more [here](#).

**Academy on Violence and Abuse**

The Academy on Violence and Abuse (AVA) is an academic leader in addressing health professionals' education and research on the effects of violence and abuse on people's health. AVA is an interdisciplinary non-profit organization and a member in good standing of the Council of Academic Societies of the Association of American Medical Colleges. For resources, click [here](#).

### Center on the Developing Child at Harvard University

The mission of the Center on the Developing Child is to leverage that rapidly growing knowledge to drive science-based innovation that achieves breakthrough outcomes for children facing adversity. We believe that unprecedented reductions in economic dependence and social disadvantage can be produced through a new way of thinking fueled by 21st-century science, a new way of working that embraces the culture of innovation, and a new breed of leadership across multiple fields that is driven by constructive dissatisfaction with incremental change. For resources, click [here](#).

### Center for Youth Wellness

The Center for Youth Wellness is part of a national effort to revolutionize pediatric medicine and transform the way society responds to kids exposed to significant adverse childhood experiences and toxic stress. The Center's mission is to improve the health of children and adolescents exposed to Adverse Childhood Experiences. For resources, click [here](#).

### Futures Without Violence

Futures Without Violence has led the way and set the pace for ground-breaking education programs, national policy development, professional training programs, and public actions designed to end violence against women, children and families around the world. Futures Without Violence has established a state-of-the-art Center for Leadership and Action in the Presidio of San Francisco to foster ongoing dialogue about gender-based violence and child abuse. Striving to reach new audiences and transform social norms, we train professionals such as doctors, nurses, athletic coaches, and judges on improving responses to violence and abuse. We also work with advocates, policy makers and others to build sustainable community leadership and educate people everywhere about the importance of respect and healthy relationships. For resources, click [here](#).

### National Research Council and the Institute of Medicine

How we raise young children is one of today's most highly personalized and sharply politicized issues, in part because each of us can claim some level of "expertise." The debate has intensified as discoveries about our development-in the womb and in the first months and years-have reached the popular media. How can we use our burgeoning knowledge to assure the well-being of all young children, for their own sake as well as for the sake of our nation? Drawing from new findings, this book presents important conclusions about nature-versus-nurture, the impact of being born into a working family, the effect of politics on programs for children, the costs and benefits of intervention, and other issues. The committee issues a series of challenges to decision makers regarding the quality of child care, issues of racial and ethnic diversity, the integration of children's cognitive and emotional development, and more. Authoritative yet accessible, *From Neurons to Neighborhoods* presents the evidence about "brain wiring" and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows. Download the document [here](#); and the 2012 Neurons to Neighborhoods Update's Workshop Summary [here](#).

### **National Research Council and the National Academies of Science**

National Research Council. *Early Childhood Development and Learning: New Knowledge for Policy*. Washington, DC: The National Academies Press, 2001. Download this document [here](#).

### **Reach Out and Read**

Reach Out and Read is an evidence-based nonprofit organization of medical providers who promote early literacy and school readiness in pediatric exam rooms nationwide by giving new books to children and advice to parents about the importance of reading aloud. Reach Out and Read builds on the unique relationship between parents and medical providers to develop critical early reading skills in children, beginning at 6 months of age. Reach Out and Read serves more than 4 million children and their families annually. Reach Out and Read families read together more often, and their children enter kindergarten better prepared to succeed, with larger vocabularies and stronger language skills. During the preschool years, children served by Reach Out and Read score three to six months ahead of their non-Reach Out and Read peers on vocabulary tests. These early foundational language skills help start children on a path of success when they enter school. For resources, click [here](#).

### **ReadyNation / America's Edge**

ReadyNation is a membership organization of business leaders who work to strengthen businesses and the economy through proven investments in children and youth. We educate policy-makers and the public about research-based investments that will enable their businesses to compete in today's competitive global marketplace, build a foundation for lasting economic security, and help our nation's children get on the right track. We operate under the umbrella of the 501(c)3 non-profit, Council for a Strong America. We educate policy-makers and the public about high-quality investments that protect America's competitive edge in a global market place, build a foundation for lasting economic security, and help our nation's children grow to become productive adults. For resources, click [here](#).

### **Robert Wood Johnson Foundation**

The Robert Wood Johnson Foundation (RWJF) formed the Commission to Build a Healthier America to investigate why Americans aren't as healthy as they could be and to look outside the health care system for ways to improve health for all. To read the Commission reports, including *Overcoming Obstacles to Health, Improving the Health of All Americans by Focusing on Early Childhood*, and issue briefs, click [here](#).

### **Royal Society of Canada and the Canadian Academy of Health Science Expert Panel**

The Royal Society of Canada and the Canadian Academy of Health Sciences asked an Expert Panel on Early Childhood Development to produce a consensus document on adverse childhood experiences and developmental health in order to advance public discussion on the role of early adversity in shaping adolescence and young adulthood,. Click [here](#) for the report: *Early Childhood Development: Adverse Experiences and Developmental Health*.

## U.S. Dept. of Education & Department of Health and Human Services (HHS)

**Race to the Top:** The Obama Administration's signature education reform initiative, *Race to the Top*, sets a new agenda putting state-level innovation at center stage. Race to the Top serves as an invitation for states' best ideas on raising standards to prepare all students for college and careers, investing in America's teachers and school leaders, turning around the lowest-performing schools, and using data to inform support for educators and decision-making. Click [here](#) to read *Setting the Pace: Expanding Opportunity for America's Students under Race to the Top*.

**Birth to 5: Watch Me Thrive!** is a coordinated federal effort to encourage healthy child development, universal developmental and behavioral screening for children, and support for the families and providers who care for them. This initiative draws heavily on previous developmental and behavioral screening efforts by consolidating materials from a wide array of federal agencies and their non-federal partners. Click [here](#) for a list of research-based developmental screening tools appropriate for use with a wide range of settings and audiences.

**The HHS Administration for Children and Families (ACF)** focuses on the most vulnerable children and families. ACF is using research on early adversity to inform the approaches taken in its programs. For information on ACF's work on *Early Childhood Adversity*, click [here](#).

**The National Center for Trauma-Informed Care and Alternatives to Seclusion and Restraint (NCTIC)** is a technical assistance center dedicated to promoting alternatives to seclusion and restraint, and building the knowledge base on the implementation of trauma-informed approaches in programs, services, and systems. Click [here](#) for more information about this Substance Abuse and Mental Health Administration (SAMHSA) program.

**The Centers for Disease Control and Prevention (CDC)** report, *Mental Health Surveillance Among Children —United States, 2005–2011*, describes federal efforts to monitor mental disorders, and presents estimates of the number of children with specific mental disorders. It provides information on childhood mental disorders with recent or on-going monitoring, including ADHD, disruptive behavioral disorders, autism spectrum disorders, mood and anxiety disorders, substance use disorders, and Tourette syndrome. The report includes information on a few indicators of mental health, specifically, mentally unhealthy days and suicide and is an important step towards better understanding these disorders and the impact they have on children. To access the press release and report, click [here](#).

## White House

President Obama launched the *My Brother's Keeper* initiative to address persistent opportunity gaps faced by boys and young men of color and ensure that all young people can reach their full potential. Through this initiative, the Administration is joining with cities and towns, businesses, and foundations who are taking important steps to connect young people to mentoring, support networks, and the skills they need to find a good job or go to college and work their way into the middle class. Find out more [here](#).