**A GROWING CRISIS**

- **28% MORE** opioid-related deaths nationwide since 2015.
- **87.8%** of people in Idaho suffering from drug dependence or abuse go untreated.
- **8.7 MILLION CHILDREN** nationwide have a parent who suffers from a substance use disorder.

**A NEED FOR FAMILY-CENTERED POLICIES**

- **KEEPING FAMILIES TOGETHER IMPROVES OUTCOMES AND LOWERS COSTS**
- **MORE THAN HALF** of children placed in foster care go home to their families. Keeping families together from the start helps prevent further trauma and improves outcomes.

**MEDICAID PAID 81% OF THE $1.5 BILLION** that hospitals billed for treating babies suffering from opioid withdrawal in 2012.

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**A DEVASTATING TOLL ON CHILDREN**

**FOSTER CARE PLACEMENTS ON THE RISE**

- **1,314 IDAHO CHILDREN** were placed in foster care in 2016.
- **17% WERE INFANTS.**

In 42% of these placements, parental substance use was a factor.

**MORE BABIES BORN EXPOSED TO OPIOIDS**

- Every **25 minutes** in America, a baby is born suffering from opioid withdrawal, which can mean:
  1. **LOWER BIRTHWEIGHTS**
  2. **RESPIRATORY CONDITIONS**
  3. **FEEDING DIFFICULTIES**
  4. **SEIZURES**
  5. **LONGER HOSPITAL STAYS**

**A LIFELONG IMPACT**

Children dealing with traumatic experiences can face social, emotional, physical, and mental health challenges that last into adulthood.

Left unaddressed, early childhood adversity can lead to **school failure**, risky behaviors like **alcohol and drug use**, and increased chance of health conditions like **obesity and heart disease**.

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**WHAT YOU CAN DO**

**RETHINK OUR APPROACH: SUPPORT CHILDREN AND FAMILIES IN HEALING TOGETHER**

- **Create policies that prioritize prevention** and allow children to remain safely with their families during treatment.
- **Give providers tools** to recognize, treat, and support children and their parents affected by trauma to lessen the lifelong impact and promote healthy families.
- **Ensure families have real and timely access to services** through Medicaid and other prevention and treatment programs.

Sources for this document are available at [www.aap.org/OpioidFactsheets](http://www.aap.org/OpioidFactsheets).