Putting Neuromotor Screening Into Practice

ACTION PLAN 2: CHANGING PRACTICE

Preparation and Performance of the Neuromotor Physical Exam

Goals:
1. Improve skills in completing pediatric neuromotor physical exams and feedback
2. Collect feedback from families to assess family experience with care

Instructions:
In this project you first test and eventually implement changes to current practice including both the flow of care provided to families being screened for neuromotor delays and how providers complete the child’s neuromotor exam. The third question in the Model for Improvement is “has the change resulted in improvement?”

Dates to remember:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>May 8, 2013 (5:00 pm Central Time)</td>
<td>Webinar 2: Neurological Exam and Related Tests, presented by Max Wiznitzer, MD, FAAP</td>
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<tr>
<td>May 9 – June 20, 2013</td>
<td>Action Period 2: Preparation and performance of the neuromotor exam</td>
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<tr>
<td>June 20, 2013</td>
<td>Complete the Action Plan 2 Brief Survey</td>
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<tr>
<td>June 27, 2013</td>
<td>Webinar 3: Patient Care if Motor Delay is Identified, presented by Dipesh Navsaria, MD, FAAP</td>
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<td>June 28-August 9, 2013</td>
<td>Action Period 3: Develop a system for referral and monitoring in the medical home</td>
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<td>August 9, 2013</td>
<td>Complete the Action Plan 3 Brief Survey</td>
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<tr>
<td>August 15, 2013</td>
<td>Follow-up Conference Call, facilitated by Pat Heinrich, RN, MSN</td>
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<td>August 30, 2013</td>
<td>Complete post-survey and project evaluation</td>
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Action Plan 2 starts on the next page...
<table>
<thead>
<tr>
<th>Timeline (indicate date for each activity)</th>
<th>Activities and Instructions</th>
<th>Notes and Results</th>
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<tbody>
<tr>
<td>Preparation</td>
<td></td>
<td>Include resources needed to accomplish your tasks as well as project results in this section</td>
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</table>
| By May 20, 2013                          | 1. Review webinar content materials  
   Neurological Exam and Related Related Tests, presented by Max Wiznitzer, MD, FAAP |                             |
|                                          | 2. View videos (if not done during prework)  
|                                          | 3. Identify remaining questions/learning needs |                             |
|                                          | 4. Seek help/support if needed |                             |
|                                          | 5. Plan 2-3 survey questions to gain feedback from family after exam  
   • Consider printing 3x5 note pages with 2-3 questions to get feedback at visit end from families you serve.  
   • Collect in a box at check-out area.  
   • Review patient feedback during your ongoing team meetings, using feedback to inform your future work. |                             |
| Week of May 20-27, 2013                   | 6. Identify one patient for first exam. Ask scheduler to block additional time for this visit.  
   Suggest that you start using algorithm and doing exams on patients that expected to be normal (eg, those without identified risk factors). |                             |
| By May 27, 2013                          | 7. Perform the first physical exam  
   With patient identified in #6/ in visit scheduled with extra time. |                             |
| May 28-June 20, 2013                      | 8. Perform additional exams when appropriate (this will depend on the size and composition of your practice) |                             |
|                                          | 9. Get feedback from patient/family  
   • Give family survey card at end of visit.  
   • Collect in a box at check-out area.  
   • Review patient feedback during your ongoing |                             |
team meetings, using feedback to inform your future work.

10. **Additional Preparation as needed**
   Using patient feedback and plan any additional education or preparation

| June 20, 2013 | 11. **Complete AP 2 Brief Survey**  
[https://www.surveymonkey.com/s/3SKQ9L8](https://www.surveymonkey.com/s/3SKQ9L8) |
| June 27, 2013 | 12. **Plan feedback to AAP on next Webinar**
- Prepare to share on the next webinar:
  - **Questions:**
    - What do you need from others?
    - What do you want to share with others?
  - **What you learned**
    - How your care impacted your patients
    - Suggestions for changes to the algorithm
    - Other
  - Are you able to implement the steps in the algorithm? Use AP2 Brief Survey to provide feedback |

References: